

WHO'S WHO?

Stephen and Pippa Mawditt: Stephen leads the Fountain of Life church and the Fountain Network. Pippa serves alongside him on the leadership team.

Paul Wilkinson is ordained and serves on the leadership team as assistant minister.

Wendy Sargeant serves on the leadership team as Reader and heads up Our Place and the prayer ministry team.

John Watts heads up the worship team.

Rebecca Watts leads the administration team and is PA to Stephen.

Neil Richardson is the Finance Manager.

Henry Morgan serves as the treasurer for the Ashill congregation.

Maryanne Richardson leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

Ana Paula Wedermann is our Kidz Klub Primary Schools Worker.

Adam Jackson is our Youth Worker.

Matt Beckett is our Youth and Kidz Klub worker.

Andrea Jolly is our Family and Children's worker. Andrea runs a Christian pre-school - First Steps - and organises our children's ministry for 0-11's.

Freddy Hedley is director of the New Wine Training Partnership hub for East Anglia.

Andrew and Julia Rees head up evangelism, taking responsibility for organising guest services, events and activities such as 'God on the streets'.

Heather Nunn oversees our Mercy ministry to those in need and organises CAP money management courses.

Rosie Smith watches over the prophetic ministry.

Richard Dilks is our site warden and ensures the maintenance of the buildings and grounds.

Madeline Light leads St Stephen's Church, Norwich.

folNEWS

News from the *Fountain of Life Network*

AUG/SEPT 2012

Dear Friends,

When this article is printed I will have served as deacon for ten months and I'll be approaching ordination as a priest. It's a privilege to be called to this work and I'd like to thank everyone who has encouraged me over the last year, for kind words and thoughtful encouragement as I've tried to discern what God is saying and what he wants me to understand and do.



During our Pentecost Praise evening I was reminded that Jesus said he came so we, 'may have life, and have it to the full.' (John 10:10) In ancient Greek there are two words for life: *bios*, referring to the organic, biological life we see and experience every day; and *zoé*, which refers to spiritual life as God knows it - the life that we were cut off from at the time of the fall. The idea that Jesus came to restore *zoé* to us is amazing and it speaks of the momentous work that he did on the cross to open up the kind of deep spiritual life that God knows. It's a second chance for humankind to be with God and an opportunity to 'participate in the divine nature' as Peter put it (2 Peter 1:4).

During the exodus, the Israelites saw what other nations were worshipping and entered a lifestyle that didn't conform to the one God intended. Moses came down from Sinai with the ten commandments and smashed them in his rage at the things he found. God provided a second chance and we read in Exodus 35 and 36 that when the people were called to build a tabernacle in which God would reside, their attitude changed. The nation began to contribute to the project of making a suitable place for God to inhabit. They caught the vision that God was going to live among them - nobody else had a God who did that so it generated unparalleled excitement and precipitated an outpouring of gifts, time and expertise not seen before. An outpouring that was so overwhelming Moses had to put a stop to it!

The covenant we live under now is different. We're still called to stand apart from the things of the world but now God wants to dwell *in us* by filling us with his Holy Spirit. He doesn't need tabernacles or extraordinary works, he just wants us to allow him to dwell within us so that we might 'have *zoé*, and have it to the full.' We still need to give our time, abilities and finance (the church would collapse without them), remembering he wants to fill us just because we are the people he created and he loves us.

In January I said I would be praying for God to start a revival and I asked everyone to join me in that. I haven't stopped and I won't until I see it come. I hope you will do the same.

Love and blessings

Paul Wilkinson

folMINISTRIES

LOOKING BACK: AN AMAZING INTERN YEAR

My time with Fountain of Life has been amazing! I have done loads of new things; over the course of this year I have learnt a lot, and I have grown as a person, although I find it difficult to see how sometimes. I am a lot more confident in my own abilities and strengths, I am also more aware of the gifts that God has given me and I am developing a real sense of who I want to be. Everyone I have worked with has been amazing and inspiring. I feel more at home in my own skin than I have in years. I'm excited about what God has done for me over this year, and what he has planned for me next. I want to say thank you to everyone at Fountain of Life for making me so welcome and for supporting me throughout this year.

Helen Pritchard

This year ... well, what can I say? This year has been crazy. I've learned so much, and done so much. I've had loads of fun and lots of great experiences. This year has stretched and moulded me, and I feel like a completely different person to the one who started the internship in September. I have really enjoyed everything I have been involved in, from pre-school, to Intents and the mission trip to Scotland. Everything I have done has helped me to feel more involved and more welcome in the church. The year I have been here has really challenged me, but it has also been a very good experience and I have really enjoyed my time working in different ministries in the church. I would like to thank everyone very much for being so welcoming toward me and helping me to feel welcome in the church.

Mary Myerson

womenTOGETHER

Our 'Wedding through the decades' event was a great success. The ladies did indeed come dressed as wedding guests and looked beautiful. The wedding pageant was gorgeous and such fun, especially the brides dance routine at the end - most unexpected. Our guests were waited upon by some rather dashing James Bond types and the young men, Harry, Olly, Ben and Joe stole the ladies hearts with how they lavished upon each one of them.

Our tag line for womenTOGETHER is 'because you're worth it.' I wanted to ensure that as every woman left this would be a reality in their hearts. And just in case they were in any doubt, our lovely young men were charged with the mission of handing a rose to each woman; to look them in the eye and say, 'because you're worth it.'



womenTOGETHER is about believing in women and inspiring them to live their lives to the full. I believe in the short time we have gathered together that women are beginning to feel valued and important. We have lots of fun, we laugh a lot and yes, we eat lots of cakes! Leading a movement such as womenTOGETHER can be high maintenance, but there are women in our lives who need to know about the love of God and the best way we can tell them is to show them. That's what we are trying to do at womenTOGETHER. If we show them the Kingdom they will get to meet the King. Now that gets me really excited! So our journey continues. We are both overwhelmed with the amazing opportunity we have of getting alongside women and excited at how we plan to do this.



Our next event is in October (date to be confirmed). It's called 'In her shoes' - so get ready to be lavished upon but also to lavish upon others too. Oh yes, and start to search out those good quality shoes you no longer wear or indeed have never worn! Intrigued? I'll write more in the next edition of folNEWS, together with the date. For now, start to think about who you can invite as your guest. Keep shining and sparkling for Jesus.

Rosemarie MacDonald

EMERGENCE YOUNG ADULTS RETREAT

This year's retreat was to follow one of the wettest weeks of the year and just at the point where there were thoughts emerging of maybe cancelling the whole thing, God stepped in and the sunshine appeared! And just as well, because the weekend was incredible with a great mix of known and not known speakers as well as great moments of community.



Freddy kicked off the weekend with a very informal seminar where we all sat on the floor around him ready to learn about what true worship really was. There were also talks over the weekend from Alaric Hunt, Mark Sutcliff, Adam Jackson and Gavin Calver, on many different things from being single, to talking to atheists, to learning about all things prophetic, with the worship being led by some of the young adults themselves.

The whole weekend had a very big sense of community about it with extremely yummy meals being shared together, people being there for others when it was needed and children running around enjoying the farm. We also had a request for baptism over the weekend.

But better than me talking, here is what some people said about the weekend:

"It was a great weekend, with rain and shine! Good walks, and talks and watching animals and birds, above all worship times and ministry. Loved it!"

"Wahee! But less rain please!!"

"Lovely people" ... "Lovely food" ... "Everybody's made me feel so welcome" ... "God is very good!"

"I have really felt God move in my life over the weekend and I feel like I have grown in my understanding of who I am. I hope this will continue when I get home. I also feel that God really does have a plan for me and I just want to see what that could be. I want to do what God wants me to do."

"I'm reaching out and letting go, draw me deeper into you God. I want to fly with you Lord, higher and further than ever before."

"I have found that I have gifts I never thought I had, and I want to grow them and grow in them. I often feel discouraged and silly, but I now feel that it doesn't matter if I feel silly, because God loves and accepts me as I am."

"We had a fantastic time! It's been a really good opportunity to spend some time with God. A great mix of 'digging deeper' into the bible and building us up to be radical for God. Worship was great and the intimate session with Gavin Calver was good as it spoke to me about how we should be blessing God rather than God blessing us. It's very easy for us to ask God to bless us all the time and take it for granted, but we really should be blessing God by being courageous and radical for him. Gavin also said that if your neighbour thinks church is boring then it can only be your fault for not showing Jesus to them and relying on what the world has made church out to be."

"Also, the talk on Genesis was fantastic as it spoke to me how much freedom God has given us and how the Bible isn't full of rules, just invitations."

GREETINGS FROM PERU!



Well, I've been in Nauta for three months now and I definitely know that I'm in the right place at the right time, but there have been moments so challenging that I've wanted to pack up my bags and run away! One of the biggest differences between here and Pemba is that in Pemba, I had the safe haven of a house where I could escape to and hide! However, in Nauta, I am very much living in the middle of a community, being part of it - but from which there is no escape!

Don't get me wrong, I love my life and I'm having a great time, but sadly, one of the biggest similarities between here and Mozambique is that many see the Westerner as the one who has come to meet all their 'needs' in all shapes and forms! I'm continuing to learn how to have a 'Hand up' relationship rather than a 'Hand out' one. Many times a day I have women and children at my door asking for food, money, candles, loans. As I was pondering all of this one day I thought, 'It's difficult to know how to respond when you're faced with such a constant barrage of need.' The very next day I was reading Acts chapter 3. In verse 5, Peter and John were at the Beautiful gate of the Temple, where the lame man was waiting expectantly, begging for alms. Another translation for alms is 'gifts of charity' - something that we are all too familiar with in these times when there is such extreme wealth in some places, but such extreme poverty in even more.

Peter's response was 'I do not possess silver and gold, but what I do have I give to you: in the name of Jesus Christ the Nazarene - walk!' And he did. Not only did he walk, he leapt and praised God. It was a complete healing: physically, emotionally and spiritually (thank you, Kris Vallotton for pointing that one out!) So the lame man was expecting money, but what he got was far more valuable, liberating and totally life changing. I don't understand why not everyone gets healed in such a radical way, but surely this is the benchmark that we should aim for. Our first response in every given situation should be prayer. But when healing doesn't immediately come, we should continue to pray and help in those crisis situations.



Bridget Carroll

(If you would like to read more please go to www.rejoicinginhope1212.blogspot.com)

HOME GROUPS: PLACES OF BELONGING AND DISCIPLESHIP

These are midweek groups that meet in people's homes either during the day or in the evening. The groups meet regularly to study the bible, build friendship together, have fun, worship and pray. Please talk to Pippa Mawditt (01760 440363) if you would like to join one or find out more.



TESTIMONY OF BRIAN BORGARS



On 17th January 2012 I woke up with severe pain in my chest and back. A couple of hours later I was in the A&E department at the local hospital. In October 2011 I had had my aortic valve replaced and had been told I would know if it had been a success by three months. This was three months to the day!

After many hours in A&E and a further time on the assessment ward, I was diagnosed with a ruptured aorta. What followed is a bit of a blur but I was taken by blue light ambulance together with a doctor direct to Papworth Hospital. Once there, I was straight into theatre for an

emergency operation. This procedure took the next 35 hours to complete. Needless to say I remember nothing about it. What I know now is that from that point many people began praying for my recovery.

The operation was not without complication and meant I had to be kept sedated for a long time after the operation had been completed. I came round on the 12th of February 2012, almost a month later.

After a day on a ward in Papworth I was found to have a stomach bleed - apparently not uncommon after such major surgery. This meant another ambulance ride, this time to Addenbrookes. On arrival there I was straight into theatre again and the surgeons clipped the vessels which were bleeding. A further week or so on heavy sedation followed.

I came round in the High Dependency Unit, very weak and somewhat confused by all that had been done and was still happening to me. I began to recognise visitors as they made the trip from Norfolk, Somerset and East and West Sussex. Needless to say I had numerous phone calls once able to communicate coherently from all over the world. Prayers were persistent and continued.

I finally made it home on 16th March. I was still very weak and unsteady on my feet, but so glad to be once again in familiar surroundings. I have seen a number of consultants since and all have said without exception that I am not supposed to be alive after what had happened to me. I know and thank God that it was His will for my life to continue. I have had the privilege of attending my daughter in Ghana's wedding and moving into a delightful new home.

My heartfelt thanks goes to all who prayed so persistently and diligently for my recovery. I am not quite 100% yet but am certainly well on the way. Doctors may think it was their skill that saved me and for sure it played a part. But, we know that Our Lord is the greatest physician of them all.

With love

Brian Borgars

To receive prayer for an emergency or pressing need, email,
phone or text:

mercy@folchurch.co.uk

or

07979 264 047

Heather Nunn, Emergency Prayer Chain Co-ordinator

*fol*HEADLINES

NEED TO TALK?

Did you know that the FoL Network now has a listening team ready and willing to spend some time with you or someone you know? If you need more time to talk through an issue than is available during or after Sunday worship or Home Group, let us know and we will arrange to meet with you.

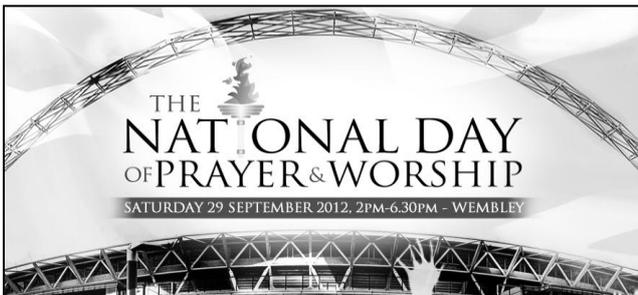
We all need a bit of extra support at times in our lives and a Christian/prayerful perspective is important when we find it difficult to find a way through. Please contact Joy Fernando (01953 886 786), Mark Clamp (01760 440 493) or Tim Gibbs (01953 884 704).

THE ALPHA COURSE is a wonderful foundation and introduction to the Christian faith as well as being a great place to make new friends. If you are interested in coming to our next course, please talk to Stephen or Pippa (01760 440 363).



Alpha

NATIONAL DAY OF PRAYER AND WORSHIP



This event, on Saturday 29th September (2-6.30pm) at Wembley Stadium, is surely of the greatest importance in this history of our nation and the church. In the aftermath of the key events this year, Christians from all over the nation are being called to gather to pray, worship and fight for the destiny of the British Isles. Some great worship leaders will be taking part and you can find information about the event on www.ndopwembley.com.

The Fountain Network has booked a coach, and other local churches have been invited to join us. Details below:

Pick-up points: Dereham Coachways depot, Rash's Green (10am)
The Well (10.15am)

(We could arrange a pick-up in Thetford as well if needed)

Cost: £25 per person, which includes Wembley tickets

Booking: Sign-up list in foyer & cheque payable to the Fountain of Life church, (marked Wembley on reverse) to the Treasurer or put in the offering boxes.

Questions: Annabel Valentine

Do come if you possibly can! We need to book the Wembley tickets at the earliest opportunity, **so don't delay!**

BOOKINGS

All bookings for the Worship Centre can be made through Rebecca Watts admin@folchurch.co.uk 07990 543 131 or 01760 441 902.

folCALENDAR

SUNDAY WORSHIP

August

5 th	10.00	All Age: 2 <i>Samuel</i> 11:26-12.13a; <i>Psalm</i> 51:1-13; <i>Ephesians</i> 4:1-16; <i>John</i> 6:24-35.
12 th	10.00	All Age: 2 <i>Samuel</i> 18:5-9, 15, 31-33; <i>Psalm</i> 130; <i>Ephesians</i> 4:25-5.2; <i>John</i> 6:35, 41-51.
19 th	10.00	All Age: 1 <i>Kings</i> 2:10-12, 3.3-14; <i>Psalm</i> 111; <i>Ephesians</i> 5:15-20; <i>John</i> 6:51-58.
26 th	10.00	Holy Communion: 1 <i>Kings</i> 8:22-30, 41-43; <i>Psalm</i> 84; <i>Ephesians</i> 6:10-20; <i>John</i> 6:56-69

September

2 nd	10.00	Service of the Word: <i>Song of Solomon</i> 2:8-13; <i>Psalm</i> 45:1-2, 6-9; <i>James</i> 1:17-27; <i>Mark</i> 7:1-8, 14-15, 21-23.
9 th	10.00	Holy Communion: <i>Proverbs</i> 22:1-2, 8-9, 22-23; <i>Psalm</i> 125; <i>James</i> 2:1-10, 14-17; <i>Mark</i> 7:24-37.
	18.00	Feed the Soul
16 th	10.00	Service of the Word: <i>Proverbs</i> 1:20-33; <i>Psalm</i> 19; <i>Solomon</i> 7:26-8.1; <i>James</i> 3:1-12; <i>Mark</i> 8:27-38.
	16.00	Furnace
	18.00	Feed the Soul
23 rd	10.00	Service of the Word: <i>Proverbs</i> 31:10-31; <i>Psalm</i> 1; <i>James</i> 3:13-4.3, 7-8a; <i>Mark</i> 9:30-37.
	18.00	Feed the Soul
30 th	10.00	Holy Communion: <i>Esther</i> 7:1-6, 9-10, 9.20-22, <i>Psalm</i> 124, <i>James</i> 5:13-20; <i>Mark</i> 9:38-50. (Ordination of Paul as priest, followed by shared lunch)
	18.00	Feed the Soul

EVENTS (all activities at The Well unless stated)

August

6 th -10 th		Kidz Klub, Ashill Holiday Club
10 th	12.00	Holiday Club picnic

September

4 th	19.30	Newcomers supper
7 th	19.00	Youth discipleship (location: see folyouth.co.uk)
8 th	10.00	Kidz Klub, Ashill
9 th	14.30	Good Companions
11 th	18.00	NWTP
14 th	09.00	Bezalel
	18.30	ID
15 th	10.00	Kidz Klub, Scarning
18 th	18.00	NWTP
21 st	19.30	Youth discipleship (location: see folyouth.co.uk)
	19.00	Awaken
22 nd	08.30	Leaders breakfast
	14.00	Our place film afternoon
25 th	18.00	NWTP
28 th	09.00	Bezalel
29 th		World Day of Prayer (Wembley)

DEADLINE FOR folNEWS OCTOBER 2012

The deadline for submitting news articles and testimonies for the October 2012 edition of folNEWS is Tuesday 18th September. Please submit articles to admin@folchurch.co.uk. If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise even if folNEWS has been printed. Where possible, please try to keep articles to 250 words or less.

Thursday Prayers - 10am every Thursday in the worship centre (term time only).

Noah's Ark parent and pre-school gathering - 10am every Thursday in the bungalow (term time only).

Jam 1 youth band - 18.30; Jam 2 youth band - 19.30; both every Thursday during (term time only).