

WHO'S WHO?

Stephen and Pippa Mawditt: Stephen leads the Fountain of Life Network Church (FoL). Pippa serves alongside him on the leadership team.

Paul Wilkinson is ordained and serves as assistant minister of FoL Network Church.

Wendy Sargeant serves as Reader and heads up Musical Keys and our listening and prayer ministry team.

John Watts heads up the worship team.

Rebecca Watts leads the administration team and is PA to Stephen.

Neil Richardson is the Finance Manager.

David & Christine Buscall: David, assisted by his wife Christine, serves as the treasurer of the Fountain of Life.

Tim Wilson is founder of Mid-Norfolk Kidz Klub and leader of Kidz Klub in Ashill.

Maryanne Richardson leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

Ana Paula Wedermann is our Kidz Klub Primary Schools Worker.

Adam Jackson is our Youth Worker.

Matt Beckett is our Youth and Kidz Klub worker.

Andrea Jolly is our Family and Children's worker. Andrea runs a Christian pre-school - First Steps - and organises our children's ministry for 0-11's.

Freddy Hedley is director of the New Wine Training Partnership hub for East Anglia.

Andrew and Julia Rees head up evangelism, taking responsibility for organising guest services, events and activities such as 'God on the streets'.

Heather Nunn oversees our Mercy ministry to those in need and organises CAP money management courses.

Julia Seaman watches over the prophetic ministry.

Richard Dilks is our site warden and ensures the maintenance of the buildings and grounds.

Madeline Light leads St Stephen's Church, Norwich.

Martin Down is founder of the Fountain of Life church in Ashill. Martin is retired from full-time ministry and is our resident theologian.

folNEWS

News from the *Fountain of Life Network*

DECEMBER 2011

Dear Friends,

Bankers, finance and St Paul's! Christmas is one of those seasons when Christians can demonstrate to the world an alternative way of living. It isn't by denying ourselves the fun of parties, presents and pulling crackers! After all, Jesus himself was a guest at many cracking events. He knew when to fast and when to party. Hooray! Christians can have fun!



It is, though, a season which gives us the opportunity to display where our priorities really lie and point others to the only true gift which brings life and joy. So, here are six ideas that could make our Christmas preparations distinctive.

A Ask someone you know who would otherwise be on their own if they would like to join you over the festive period: perhaps for Christmas lunch or some other time over the bank holiday weekends.

D Decide to sign up for at least one hour during the 24/7 prayer event which runs from 8pm on 11th December through to 5pm on 15th. How about stretching yourself to do more - perhaps a two-hour block or even a four-hour overnight period.

V View your Christmas reading, watching and listening through the eyes and ears of Jesus: ask Him to renew your mind and give you sensitivity to His Spirit.

E Encourage someone to start the New Year by signing up for the Alpha Course which starts again on Wednesday 18th January.

N Now is the time to use the Christmas invitations and invite those you know to our carol service on December 18th at 5.30pm. Remember, there is the option of tea beforehand from 4.30pm or mulled wine and mince pies following.

T Take time out on Christmas Day itself to spend with Emmanuel: God with us. If you have family or friends visiting then invite them to come with you to church on Christmas morning: if you are elsewhere, how about suggesting that you all attend the local church?

Have a great Christmas.

With our love and prayers

Stephen & Pippa

fol FAMILY



THANK YOU FROM MARTIN AND MAUREEN

My mother used to say, 'Life is full of partings.' And so it is. It is full of meetings also of course, for without meetings there could be no partings. But there is a way in which life here in this world is characterised by partings.

Parenting is characterised by partings, from the first parting with a five-year-old at the school gate, to the parting with an eighteen-year-old as he leaves home for university or work, to the parting when we leave a daughter at the altar with a man who is to be her new husband, to the final partings that come in every family when grandparents and parents die.

Friendships, made at school, at work, at church, are subject to the same pattern of parting. It is indeed, as my mother said, an inescapable fact of life. And so we have come to a significant time of parting in our own lives. Maureen and I have been 23 years in Norfolk, at the Rectory in Ashill, at 43 Cressingham Road, and for the last 7 years in Swaffham, but always surrounded by the same group of loving friends in the church, a group that has continued to grow ever wider as the years have gone by.

Partings are sad, but one of the secrets of life is to look forward, and not to look back. Remember Lot's wife. So we look forward to whatever new friends God has got for us to make in Witney, to seeing more of our daughter and her family, and to whatever God has got for us to do for him and his Kingdom there. Likewise, let our friends here in Norfolk look forward, to whatever exciting things God has prepared for the Fountain of Life and its influence in the region, and to making many new

friends in this wonderful life that Jesus gives us together in the church.

God willing, we shall be back from time to time, as visitors to Norfolk. We look forward to reunions, here and, if you are travelling or visiting in Oxfordshire, please come and see us in Witney. Our address will be 36 Beechgate, Witney OX28 4JL. E-mails will remain the same, and we will let you know a telephone number when we have one.

Finally, we want to thank everyone for the wonderful party that you gave us on 29th October at The Well. It was truly one of the happiest times of our lives. Not least we want to thank you for the amazing cheque that you gave us, that will enable Maureen to have the kitchen she wants rather than the kitchen she was going to get. We will both benefit from it.

And finally, finally, never forget that all life's partings are, for those of us in Christ Jesus, no more than an interlude, before our final reunion, with him and with one another in the New Jerusalem, where there are already places prepared for us, and where there will be no more sorrow or parting, but only joy for evermore.

With all our love, now and for eternity,

Martin and Maureen Down

ALTERNATIVE CHRISTMAS CARD

This year we will be writing Christmas messages to each other in an 'alternative Christmas Card' rather than sending individual cards to one another. The money you save doing this can be donated to World Vision via the Fountain of Life. A collection box will be with the card in the foyer from mid December. Please make cheques payable to 'Fountain of Life' or put cash in the collection box.

World Vision works to make a serious and sustainable impact on poverty and its causes, especially as they affect children. They are committed to long-term change, which means connecting people. Whether it's enabling people in developing communities to support each other, or linking donors to those in need through child sponsorship, or creating networks to campaign for justice, they believe that getting people connected is the best way to make a difference.

24/7 PRAYER

Prayer is a very important part of being a Christian and gathering together to pray is as important as praying alone ('They all joined together constantly in prayer, along with the women and Mary the mother of Jesus, and with his brothers.' Acts 1:14). Fountain of Life is holding a 24/7 Prayer event in December, from 8pm on Sunday 11th to 5pm on Thursday 15th. This period of prayer will be followed by a Prayer and Praise event on Thursday 15th December, at 7pm.

24/7 Prayer is a worldwide movement, where people get together to pray non-stop in one hour shifts for a week. Over the last twelve years the 24/7 Prayer movement has seen many people come to Jesus. 24/7 provides a place for people to come together and pray, either individually or together.

We need people to fill the hourly slots on the 24/7 rota, to help us to maintain prayer for the event. We also need people to fill night-time slots, of four hours each. These will be from 10pm to 2am and from 2am to 6pm. There are eight night-time slots in total. We urge you to pray about the event, and whether you are able to fill a night slot, and if you are able to, please put your name on the rota.

KEEPING WARM IN WINTER

The colder weather is coming and older people and people with poor mobility need to keep warm. However, what are the recommended guidelines to keep warm at home during a 24-hour period? The advice from the website www.direct.gov.uk is as follows...

To keep warm at home during the day try to:

- Heat your main living room to around 18-21°C (64-70°F) and the rest of the house to at least 16°C (61°F).
- Heat all the rooms you use in the day.
- Make sure you keep your living room warm throughout the day and heat your bedroom before going to bed.
- Set the timer on your heating to come on before you get up and switch off when you go to bed.
- In very cold weather, set the heating to come on earlier, rather than turn the thermostat up. This means you won't be cold while you wait for your home to heat up.

To keep safe and warm at home during the night you should:

- Try to keep the temperature above 18°C (65°F) in your bedroom overnight.
- Open the window or door a little at night for ventilation if you use a fire or heater in your bedroom during winter.
- Never use hot water bottles in the same bed as an electric blanket, even if the blanket is switched off.
- Unplug blankets before you go to bed, unless they have a thermostat control for safe all-night use.
- Get your electric blanket tested every three years for safety - Age UK or your local fire and rescue service may be able to do this for you.

A HEALTHY START TO 2012!

This year's New Year walk, led by your convivial guides Stephen and Pippa, will be on Monday 2nd January. It is a six-mile ramble in the forest near Cockley Cley. We shall rendezvous at 10.30am. As usual, afterwards you are all invited to a shared lunch at 43 Cressingham Road, Ashill. You are very welcome to come to lunch without the walk! (Don't forget to bring some food with you) We would anticipate lunch being available from 1.30pm.

A map detailing the start of the walk will be available nearer the time. In the meantime, here are some travel directions given from an Ashill starting point: Head for Swaffham on the main road. Turn right at the junction with A1065 and then immediately left into Haspalls Road, signposted (brown) Oxburgh Hall and Icen. At T-junction turn left, then immediately right signposted to Beachamwell. After 1.9 miles turn into car-park on right-hand side signed Number 105 just before Drymere. If this car park is full then park at Number 108 a few yards further up the road on the left. The walk will depart from car park Number 105. It's a pleasant and easy amble!

folMERCY

THETFORD FOODBANK

'Providing emergency three day food boxes for people in need.' This project is now moving at pace. Already there has been a special information evening for volunteers who want to participate in the work, and training events are now happening. This church will serve as a collection point for Thetford Foodbank. A box is available in the foyer, together with a list of foodstuffs that are acceptable. Please ensure that any food you bring is in good date and is a food item which is on the list - perishable foods are NOT offered by Foodbank.



CAP MONEY

We intend to run some more courses in the New Year for anyone who wishes to manage their money more effectively. It really is worthwhile doing this short course (two hours per week for three weeks). Feedback from attendees has been very positive with participants always gaining something from the course. If you would like to join a course please let one of our CAP coaches know - we will try to build a course around your availability. There is no need to divulge any personal information on the course but if you need specific help this can be given confidentially on a one-to-one basis. Our CAP Money Coaches are Colette Wilkinson, Julia Seaman, Harriet and Matt Beckett, Wendy and Jim Sargeant and Heather Nunn.

CHRISTMAS HAMPERS

The mercy ministry team at FoL are again organising Christmas hampers to bless families in need this Christmas. These will be put together by home groups. If you don't belong to a home group but want to give, please do this via anyone already in a home group or join a home group!

Please donate your hamper items in a large, *new* 'bag for life' rather than a decorated box, as it is more practical, easier to distribute and will be of use to the recipient. Completed hampers can be brought into church and left under the foyer table. Please aim to complete your hampers as soon as possible but by 11th December. Please speak to Heather Nunn if your home group would like to be specific about the hampers destination! *It is more blessed to give than to receive.* Acts 20:35

Food items to give (non-perishable, not valuable, newly purchased and no alcohol): Biscuits, chocolates, sweets, tins, tubes of savoury snacks (e.g. Pringles), cakes (including Christmas cake - ensure use by date is after Christmas), Christmas pudding, jams, chutneys, sauces in jars, crackers for cheese, bottles of drink (non-alcoholic), cartons of juice, pasta (dried), nuts/peanuts. Non-food items to give (nothing second hand): Toys, Christmas crackers, teddy bears, toiletries (e.g. shower gel, creams), candle, tinsel and baubles, Christmas themed napkins, stationery, vouchers (e.g. Tesco, Boots)

TRANSPORT FOR THE HOMELESS IN SEVERE WEATHER

We are again supporting Breckland Council and other agencies in severe weather this winter by offering to transport homeless people to sleeping accommodation, to public transport centres to aid return to their country of origin, for important appointments for housing or for other urgent assistance. If you volunteered for this last winter you are already on the list but if you would like to sign up for this please fill in the yellow form in the foyer and return to Heather Nunn.

To receive prayer for an emergency or pressing need, email, phone or text:

mercy@folchurch.co.uk

or

07979 264 047

Heather Nunn, Emergency Prayer Chain Co-ordinator

fol TESTIMONIES

UPDATE FROM THE NWTP

Here in the Ashill New Wine Training Partnership Hub we're a couple of months into our second year. The new first year students are settling in well and the second years are continuing to move forwards into ever exciting and bewildering places! As one of those second year students myself, I feel a great sense of joy and privilege as I look back over the last fourteen or so months.

The community that has developed, the insight and revelation that has been gained, and most crucially, God's wonderful interference as we have participated, all have come together to make this so much more than a theology course. There is a palpable air of excitement with each week, the kind of feeling you get when you realise you're *really* onto something. Academic lectures are frequently interrupted for times of prayer and ministry as the Spirit of God turns up to confirm the curriculum as his own. I personally have never experienced education in a form that has so much power, so much relevance, and brings so much freedom.

NWTP itself is still very much in its infancy, only being in its third year nationwide, however there has been tremendous growth since its birth and we only expect the multiplication to continue over the coming years. Time and time again we have seen evidence that God is truly thrilled with what is being achieved through the course and I'm certain that every student can testify to how genuinely life-changing it is to be studying in a way that is so closely entangled with the Holy Spirit. It's not hard to believe that NWTP will become a key force for the advancement of the Kingdom in this nation over the coming years, as it raises up and equips leaders not just with knowledge but with the power of Jesus. Thank you all for your continued prayers and I urge you to watch this space! Now if you'll excuse me, I have my homework to finish...



Phil Starling

NIGHTLIGHT FUN!

The nightlight party was really good this year. We had about twenty-five children, who all enjoyed the craft of making a tea-light holder and making a badge. There was a short drama about how the Nightlight Party is so much nicer than Halloween, and how we can party everyday because of Jesus. The talk was about how the Bible is a light to show us where to go. The Best-dressed Star competition was well attended; there were loads of very sparkly stars. The game was a fun mixture of hoopla and relay race, throwing little glow-stick rings into big glow-stick rings. At the end of the evening we all had hot-dogs, biscuits and drinks - even the parents had some. All in all, a really fun evening.

HOME GROUPS: PLACES OF BELONGING AND DISCIPLESHIP

These are midweek groups that meet in people's homes either during the day or in the evening. The groups meet regularly to study the bible, build friendship together, have fun, worship and pray. Please talk to Pippa Mawditt (01760 440363) if you would like to join one or find out more.



KIDZ KLUB GLITTER PARTY 2011 – THE REAL TREAT!

This year 21 people young and old, came together to offer children in the Dereham area a fun, safe, Christian alternative to Trick or Treating. We were delighted that 63 children joined us for a fun packed evening of craft, puppets, drama, singing and games, not to mention the cookies and doughnuts we enjoyed with parents at the end of the evening!

This year many children came for the first time to the Glitter Party through our relationship with them in schools. Dereham Church Infants School proved to be a great venue, we run a weekly lunchtime club here and the impact is real. Praise God for His favour in the places where we share the good news of Jesus.



Before the event, I had several conversations with parents. They asked questions like, ‘What should my child dress up as?’ (We have a ‘Best-dressed Star’ competition!). Parents were grateful for a safe alternative and many said they didn’t like dressing their children up in ghostly costumes and doing the ‘Trick or Treat’ stuff but somehow they had just gone along with it.

It caused me to think how easily we can be swept up in seemingly harmless stuff through what we watch, read and join in with but check out what God says about this ... see Deuteronomy 18:9-13. Jesus walked in the opposite direction. We are called to walk in that way too. It’s wonderful to be able to offer families the light and life that Jesus brings. Now that’s the real treat!



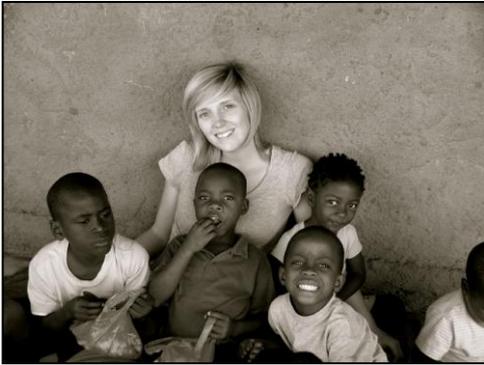
THE MEANING OF LIFE IS ... ?

THE ALPHA COURSE is a wonderful foundation and introduction to the Christian faith as well as being a great place to make new friends. If you are interested in coming to our next course, please talk to Stephen or Pippa (01760 440 363).



RUTH ALEXANDER IN MOZAMBIQUE WITH IRIS MINISTRIES

I just want to start by saying how much I miss you all and wish I could be there to join in with the pumpkin soups and admiring the leaves turning brown. My favourite time of year! Although I hear that snow might be early this year! Things in Pemba are going really well. I have started the street work and ministering with the prostitutes. It is exciting to meet everyone in the night-life scene. The new baby house building is coming along nicely. I am praying it will be finished by Christmas!



I have just got back from my visa run to Kenya and had an amazing time. I got to rest lots and play lots! J my friend and I had great fun having cheap good food, coffee and cooler weather! So thank you for the prayers during this time!

God is incredible!! We have opened the Barraca and seen His wonders happen through it all. We had a goat meat barbecue for all those who wanted to come. We then had two teams go out on the street to pray and evangelise. We saw salvations and healings and generally had a great evening. Apart from the meat taking longer than we thought, the evening was perfect!

The new baby house is going up nicely and we hope to be in it by the end of the year. Once we move in we shall then be able to take in more babies that need homes and care.

Thank you again for all your prayer and support. If I can pray for you in any way, or if you would like to keep updated with my blog, please email me at ruth@irismin.org.

Ruth Alexander

BAPTISMS AND CONFIRMATIONS

Hi, I'm Connor and I was recently confirmed in Norwich Cathedral. I decided to become a Christian after the Ashill Kidz Klub and was baptised on 12th December 2010. Then at Kidz Klub in Scarning, Stephen approached me and told me about the confirmation service at Norwich Cathedral and I decided to go ahead with it. So on the 5th November 2011 I got confirmed. I love coming to church on Sunday because it is warm and welcoming and I love the Genesis groups.

Connor Lake

I wanted to get baptised because I wanted to put my faith in Jesus and I think when you get baptised your sins are forgiven in the total sense of the word. God's record of us as sinners is wiped out and the penalty for sin, eternal spiritual death, is removed. Our sins are washed away, gone forever. Remission applies to all sins from which we repent, no matter when they were committed. On the day of my baptism I was really nervous, but actually when I realised I had everyone around me and supporting me I realised that it wasn't that bad after all. When the first part happened, when I answered my questions, I thought my words were going to get muddled up but they didn't and that all went perfectly. When they called me to go into the baptism pool, I slowly went down and got in, and before you know it I was a Christian. I was really happy but that wasn't it! The following Saturday I was getting confirmed and that day came really quickly and it went perfectly. And since then I've felt different.

Sophie

Hi, my name is Tammy and I got baptised on Sunday the 30th of October. I decided to get baptised because I have learnt a lot about Jesus being in this church and being in my discipleship group. I've been hearing about how he's changed people's lives and I have needed him in my life to be the person I am today. Jesus has become my friend and I feel getting baptised has made me become more of a friend to him.

Tammy Olly

folHEADLINES

TEACHING DAY WITH JILL GOWER ON *THE BRIDE OF CHRIST*

We will be exploring the Hebraic betrothal and wedding traditions, which open up many of the sayings of Jesus. This brings fresh revelation and understanding into our relationship with Him, and how He is coming back for His Bride. Tea and coffee available. Please bring a packed lunch. There is no charge but an offering will be taken. Saturday 10th December, 10am-4pm at the House of Prayer, Fishergate, Norwich NR3 1SE. For further information please contact admin@call2prayer.co.uk or telephone 01603 920 074.



ADVENT CELEBRATION

Join Marylin Baker and the team for a relaxed evening of fun, entertainment, mince pies and much more. 6pm. Saturday 10th December. In the Wolery at Canaan Christian Centre, 21 Holt Road, Sheringham, Norfolk, NR26 8NB. For more details, contact Fred and Carol Edwards (01263 824 300).

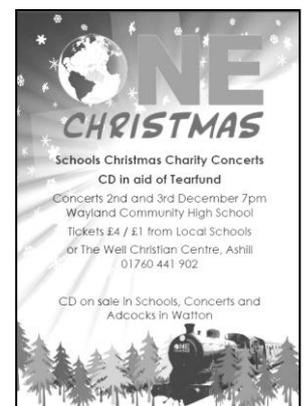
EVENTS THIS CHRISTMAS

The dates and times for Christmas services and events this year are available as printed cards in the church foyer - perfect as a reminder on the fridge or even better, for giving to friends, colleagues and neighbours to invite them to join us! The details are as follows:

Carol Service - Sunday 18th December, 5.30pm (preceded by tea at 4.30pm, followed by mulled wine at 6.45pm).
Family Time - Wednesday 21st December, 3-5pm. Christmas crafts and activities for all the family.
Christmas Day Celebration - Sunday 25th December, 10am
New Year's Day Worship - Sunday 1st January, 10am
New Year's Walk - Monday 2nd January, 10.30am. Details on page 3.

ONE CHRISTMAS

In last month's *folNEWS* we heard the latest news about the One Christmas schools Christmas charity concerts. The concerts are happening on 2nd and 3rd December at 7pm at Wayland Community High School. Tickets are £4/£1 from local schools or from The Well Christian Centre (phone 01760 441 902). There is also a CD available, which is in aid of Tearfund. CDs are on sale in schools, at the concerts and in Adcocks in Watton.



SAVE THE DATE!

Heidi Baker will be joining us and teaching at the Fountain of Life on the weekend 19th and 20th May 2012. More details to follow - but make sure you save the date in your diary now!

BOOKINGS

All bookings for the Worship Centre can be made through Rebecca Watts admin@folchurch.co.uk 07990 543 131 or 01760 441 902.

fo|CALENDAR

DECEMBER SUNDAY WORSHIP

4 th	10.00	Holy Communion: <i>Isaiah 40:1-11; Psalm 85:1-2, 8-end; 2 Peter 3:8-15a; Mark 1:1-8.</i>
	18.00	Feed the Soul
11 th	10.00	Service of the Word: <i>Isaiah 61:1-4, 8-end; Psalm 126; 1 Thessalonians 5:16-24; John 1:6-8, 19-28.</i>
	18.00	Feed the Soul: Taking Back Sunday
18 th	10.00	Holy Communion: <i>2 Samuel 7:1-11, 16; Psalm 89:1-4, 19-26; Romans 16:25-end; Luke 1:26-38.</i>
	18.00	Feed the Soul
25 th	10.00	Service of the Word: Christmas Celebration
	18.00	Feed the Soul

DECEMBER EVENTS (all activities at The Well unless stated)

2 nd	19.00	Youth Discipleship (location: see folyouth.co.uk)
	19.00	One Christmas (location: Wayland Community High School)
3 rd	10.10	Kidz Klub Ashill
	19.00	One Christmas (location: Wayland Community High School)
8 th	12.30	NWTP lunchtime reception
9 th	09.00	Bezalel
	18.30	ID
10 th	08.30	Men's breakfast
	11.00	Musical Keys
11 th	14.30	Good Companions
	18.00	Taking Back Sunday
11 th -15 th		24:7 Prayer
13 th	18.00	NWTP
15 th	19.00	Prayer and Praise Event (to conclude 24:7 prayer week)
16 th	19.00	Youth Discipleship (location: see folyouth.co.uk)
17 th	10.10	Kidz Klub Scarning
18 th	16.30	Tea and carol service
21 st	15.00	Family Fun Time

Thursday Prayers - 10am every Thursday in the worship centre (term time only).

Noah's Ark parent and pre-school gathering - 10am every Thursday in the bungalow (term time only).

Jam 1 youth band - 18.30; Jam 2 youth band - 19.30; both every Thursday during (term time only).

LOOKING AHEAD

1st January (10am) - New Year's Day Worship

2nd January (10.30am) - New Year's Walk. Walk followed by a shared lunch at 43 Cressingham Road, Ashill.

DEADLINE FOR fo|NEWS JANUARY 2011

The deadline for submitting news articles and testimonies for the January 2012 edition of fo|NEWS is Tuesday 13th December. Please submit articles to admin@folchurch.co.uk. If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise even if fo|NEWS has been printed. Where possible, please try to keep articles to 250 words or less.