

## WHO'S WHO?

**Stephen and Pippa Mawditt:** Stephen leads the Fountain of Life church and the Fountain Network. Pippa serves alongside him on the leadership team.

**Paul Wilkinson** is ordained and serves on the leadership team as assistant minister.

**Wendy Sargeant** serves on the leadership team as Reader and heads up Our Place and the prayer ministry team.

**John Watts** heads up the worship team.

**David Blane** leads the administration team.

**Neil Richardson** is the Finance Manager.

**Maryanne Richardson** leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

**Ana Paula Wedermann** is our Kidz Klub Primary Schools Worker.

**Adam Jackson** is our Youth Worker.

**Matt Beckett** is our Youth and Kidz Klub worker.

**Andrea Jolly** is our Family and Children's worker. Andrea runs a Christian pre-school - First Steps - and organises our children's ministry for 0-11's.

**Freddy Hedley** heads up training and equipping, including the New Wine training hub for East Anglia.

**Andrew and Julia Rees** head up evangelism, taking responsibility for organising guest services, events and activities such as 'God on the streets'.

**Heather Nunn** oversees our Mercy ministry to those in need and organises CAP money management courses.

**Rosie Smith** watches over the prophetic ministry.

**Fred Edwards** is our site warden and ensures the maintenance of the buildings and grounds.

# folNEWS

News from the *Fountain of Life*

FEBRUARY 2013

*Dear Friends,*

The Christmas celebrations are little more than a memory now and the activities of 2013 are our main focus. One of the messages of Christmas is that Jesus came to bring joy. Luke 2:10 records the angel saying, 'Do not be afraid. I bring you good news that will cause great joy for all the people.' Joy is an emotion that we'd like to experience more often but sometimes it's elusive. So many things absorb our emotional time and space like work, family, money, health, home and more, and any of these can crowd out the joy that we should know.



Paul wrote that one of the fruits of the Spirit is joy (Galatians 5:22) and he listed the things that we should avoid including, 'sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like' (Galatians 5:19). The truth of what Paul wrote is in the detail of his words. He said one of the fruits of the Spirit is 'joy' and within the statement it is implicit that without the Spirit the fruit will not be available to us in the fullness we are intended to know. Often during our Sunday services we are wonderfully aware of the Holy Spirit moving and ministering among us but we should be aware of Him at other times too. In fact, we should live in the Spirit all the time.

Many old stories end with 'and they all lived happily ever after' and many books and movies have happy endings too, so the theme runs through a good deal of the things that fill our leisure time. The pursuit of joy or happiness absorbs a lot of our energy, making us focus on a myriad of things that distract us from the true path to living 'happily ever after.'

The answer is that we should have that permanent joy throughout life and it is a state that comes with an infilling with the Holy Spirit. It's easy to think that once we've been filled that we stay that way but as Charles Spurgeon noted, we need to keep being filled because we leak.

To paraphrase the Baptist Preacher and Expositor Alexander MacLaren: 'The out-and-out Christian is a joyful Christian. The half-and-half Christian is the kind of Christian that is little acquainted with the Lord. Why should we live halfway up the hill and swathed in the mists, when we might have an unclouded sky and a radiant sun over our heads if we would climb higher and walk in the light of His face?' Let's be out and out Christians and be full of joy!

With every blessing

*Paul Wilkinson*

# folMINISTRIES

## MERCY

### KEEPING WARM THIS WINTER

There are two Norfolk initiatives to help people this winter - *Warm and Well in Norfolk* (Norfolk County Council) and *Surviving Winter* (Age UK). With warnings about increasing gas and electricity prices, it means that going cold or hungry is a real prospect for some people. But going cold isn't only unpleasant and uncomfortable; it can lead to serious health problems.

Cold weather can be particularly difficult, and dangerous, for some of the more vulnerable people living in our communities - older people, those with certain health conditions and people who are living in fuel poverty are among those who can be more at risk of becoming seriously ill when temperatures fall. Fuel poverty is becoming an increasingly recognisable term but there is help available. *Age UK Norfolk* has a *Surviving Winter* campaign. The fund offers payments to older people to ease the burden of paying for fuel bills over the winter. It targets its support, including financial assistance, at the county's vulnerable older people. *Age UK* say it is becoming harder than ever for people trying to get by on a pension to keep warm.

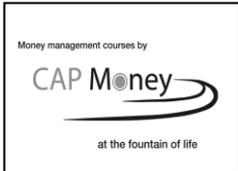


*Age UK* want to help people based on their individual circumstances, so they haven't got strict criteria on who is eligible and who isn't. If you feel you or someone you know could really do with help from the *Surviving Winter* fund, please contact them. Even if you think you or your friend or relative may not be old enough or their situation may not be serious enough - they may well be able to help. The number to call to request support from the fund is 01603 787 111. Volunteers will be on hand 9am-5pm Monday to Friday or you can leave a message outside of these hours, leaving your name and contact details.

Norfolk County Council are also offering help to people who need support to stay warm this winter. You can call their Customer Service Centre on 0344 800 8020 and mention 'Warm and Well.'

To receive prayer for an emergency or pressing need, email, phone or text:

**mercy@folchurch.co.uk**  
or  
**07979 264 047**  
Heather Nunn, Emergency Prayer Chain Co-ordinator



### CAP MONEY

The next CAP Money course will be running for three weeks (two hours per week) in January, starting on Tuesday 8<sup>th</sup> January in the evenings. This course will be run by our CAP Money coaches Colette Wilkinson and Julia Seaman. Please see them to join.

### WARM PACKS

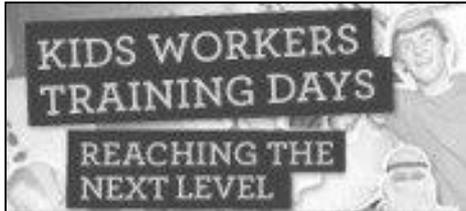
We still have a few Warm Packs which we can give to anyone who is finding it hard to keep warm. The packs contain various items, such as a snuggle blanket, gloves, hat, thermos flask etc. If you know of someone who would benefit from receiving a pack, please contact me (phone 01760 440 837 or 07979 264 047; email mercy@folchurch.co.uk).

*Heather Nunn*

**THE ALPHA COURSE** is a wonderful foundation and introduction to the Christian faith as well as being a great place to make new friends. Our current course is a daytime Alpha, and started Wednesday 23rd January (9.30am in The Bungalow). If you are interested in coming, please talk to Andrea Jolly (01366 727 197) or Stephen or Pippa (01760 440 363).



## NEW WINE CHILDREN LEADERS TRAINING DAY



Mid-Norfolk Kidz Klub are pleased to partner with our friends from New Wine in hosting and leading a training day on Saturday May 11<sup>th</sup> (10am-4pm). This will be a day packed with useful workshops covering all aspects of children's ministry and will include time for worship and prayer. The day is specially designed for those who want to see their children's work rise to the next level: Learn how to develop and lead teams, as well as how to disciple kids and young people. It's also an

opportunity to meet with other kids' workers in your area. If you're involved in children's work in any way, or know people who are, then save the date!

Refreshments will be available throughout the day but you will need to bring your own packed lunch. Booking will be available shortly through David Blane (email [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk) or phone 01760 441 902).

## THANK YOU

A heartfelt thank you to every one of our friends at Fountain of Life for all the love and support shown to us and our family following the loss of Ian Rowarth in December. The wonderful thanksgiving service was made so much more special by all those who helped and served us so well that day. We have been, and are still being truly blessed and uplifted by our church family, and we really do appreciate the loving sympathy, compassion and kind words given to us. God bless you.

*Geraldine Rowarth & Sally Garrud*

## THE GOODNEWS PAPER

The *Goodnews* paper is full of stories of lives touched and changed by God, and is truly inspirational. I have been delivering this to homes in Ashill and it has been received well. May I encourage you to take one and pass it on to friends or family so that they too can be encouraged by these real life stories. They will be available at the back of church on the foyer.

*Hephzibah Shipman*

### HOME GROUPS: PLACES OF BELONGING AND DISCIPLESHIP

These are midweek groups that meet in people's homes either during the day or in the evening. The groups meet regularly to study the bible, build friendship together, have fun, worship and pray. Please talk to Pippa Mawditt (01760 440363) if you would like to join one or find out more.



## NEED TO TALK?

Did you know that Fountain of Life now has a listening team ready and willing to spend some time with you or someone you know? If you need more time to talk through an issue than is available during or after Sunday worship or home group, let us know and we will arrange to meet with you. We all need a bit of extra support at times in our lives and a Christian/prayerful perspective is important when we find it difficult to find a way through. Please contact Joy Fernando (01953 886786), Mark Clamp (01760 440493) or Tim Gibbs (01953 884 704).

# folHEADLINES

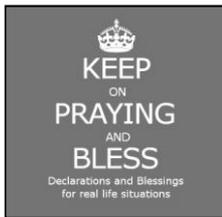
## AWAKENING IN THE MIDDLE EAST



On Wednesday 20<sup>th</sup> February, David and Karen Davis will be speaking in Norwich on 'Awakening in the Middle East' (Israel, Egypt, Iraq, Iran), which promises to be a rare opportunity to hear first-hand from a couple who are closely involved in reconciliation between Jews and Arabs, their vision being for the 'one new man' of Ephesians 2:15. They will be speaking twice on the day: First, meeting with leaders at the House of Prayer (10.30am, followed by lunch. Please RSVP for catering by emailing [admin@call2prayer.co.uk](mailto:admin@call2prayer.co.uk)). And then again later, at an open meeting at Norwich Family Life church, Mason Road, Norwich NR6 6RF (7.30pm).

Based on Mount Carmel in Israel, David is senior pastor of Carmel Assembly, where Karen serves as worship director and teaches on prophetic worship, singing in both English and Hebrew. They founded and are closely involved with a drug rehabilitation centre based on the *Teen Challenge* model.

## KEEP ON PRAYING AND BLESS



After an amazing nationwide response to their *Torch Relay* prayer guide in the months leading up to the Olympics, six thousand copies having been distributed, *Call to Prayer* in Norwich are launching their follow-up prayer resource: *Keep On Praying and Bless*. This follows a similar pattern as the red booklet, but addresses everyday life situations. A launch evening will be held when co-authors Jill Gower, Robbie Bain and Caroline will share their vision for the prayer booklet along with suggestions for ways it can be used, and teaching on the power of declarations and blessings.

You are warmly invited to attend the launch on Wednesday 6<sup>th</sup> February (7.30pm). Coffee and cake will be served. It would be helpful if you could please email [admin@call2prayer.co.uk](mailto:admin@call2prayer.co.uk) or ring 01603 920 074 if you would like to come. The cost of the booklet is £3 and it will be available at The Well.

## WHAT'S ON AT THE HOUSE OF PRAYER?

- The next teaching day with Jill Gower is on Saturday 2<sup>nd</sup> February. In 'Journey to Zion' Jill will be looking at David's journey and how God trained and equipped him, just as He does us when we are open to Him.
- There is bible teaching and ministry every Thursday in term-time from 10am. This term Jill will be showing how the Lord painted a picture of Jesus in all the Scriptures and how glorious the fulfilment is. Come and join us for great fellowship, worship, teaching and ministry!
- Looking ahead, we have a conference with Jill Gower, Alaric Hunt and Mark Sutcliffe on Friday 15<sup>th</sup> to Saturday 16<sup>th</sup> March (10am-4pm each day). More details will be in the March *folNEWS*.



All of these events are at the *House of Prayer* (Fishergate, Norwich NR3 1SE; phone 01603 920 074, email [admin@call2prayer.co.uk](mailto:admin@call2prayer.co.uk); website [www.call2prayer.co.uk](http://www.call2prayer.co.uk))

### BOOKINGS

All bookings for the Worship Centre can be made through David Blane [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk) 07990 543 131 or 01760 441 902.

# folCALENDAR

## FEBRUARY

### Sunday Worship

|                  |       |   |
|------------------|-------|---|
| 3 <sup>rd</sup>  | 10.00 | Holy Communion: <i>Genesis 2:4b-9, 15-end; Psalm 65; Revelation 4; Luke 8:22-25.</i>                |
|                  | 18.00 | Feed the Soul: 1 Samuel 6:1-7:1   |
| 10 <sup>th</sup> | 10.00 | Service of the Word: <i>Exodus 34:29-end; Psalm 99; 2 Corinthians 3:12-4:2; Luke 9:28-36.</i>       |
|                  | 18.00 | Feed the Soul: 1 Samuel 7:2-8:22  |
| 17 <sup>th</sup> | 10.00 | Service of the Word: <i>Deut 26:1-11; Psalm 91:1-2, 9-end; Romans 10:8b-13; Luke 4:1-13.</i>        |
|                  | 18.00 | Taking Back Sunday  |
| 24 <sup>th</sup> | 10.00 | Service of the Word: <i>Genesis 15:1-12, 17-18; Psalm 27; Philippians 3:17-4.1; Luke 13:31-end.</i> |

### Events (all activities at The Well unless stated)

|                  |       |  |
|------------------|-------|--|
| 1 <sup>st</sup>  | 19.30 | Youth Discipleship Group (location: see <a href="http://folyouth.co.uk">folyouth.co.uk</a> ) |
| 6 <sup>th</sup>  | 09.30 | Alpha 3  |
| 8 <sup>th</sup>  | 09.00 | Bezalel  |
|                  | 18.30 | ID   |
| 9 <sup>th</sup>  | 10.00 | Kidz Klub, Ashill  |
| 10 <sup>th</sup> | 14.00 | Good Companions  |
| 13 <sup>th</sup> | 09.30 | Alpha 4  |
| 15 <sup>th</sup> | 19.00 | Awaken   |
|                  | 19.00 | Youth Discipleship Group (location: see <a href="http://folyouth.co.uk">folyouth.co.uk</a> ) |
| 16 <sup>th</sup> | 10.00 | Kidz Klub, Scarning  |
| 19 <sup>th</sup> | 18.00 | NWTP   |
| 20 <sup>th</sup> | 09.30 | Alpha 5  |
| 22 <sup>nd</sup> | 09.00 | Bezalel  |
| 23 <sup>rd</sup> | 10.00 | Digging Deeper   |
| 26 <sup>th</sup> | 18.00 | NWTP   |
| 27 <sup>th</sup> |       | Alpha Holy Spirit Day  |

### Looking Ahead

|                        |  |
|------------------------|--|
| 11 <sup>th</sup> May   | Kidz Klub training day                               |
| 27 <sup>th</sup> April | Digging Deeper and WTC Taster Day with Lucy Peppiatt |

Thursday Prayers - 10am every Thursday in the worship centre (term time only).

Noah's Ark parent and pre-school gathering - 10am every Thursday in the bungalow (term time only).

Jam 1 youth band - 18.30; Jam 2 youth band - 19.30; both every Thursday during (term time only).

### DEADLINE FOR folNEWS MARCH 2013

The deadline for submitting news articles and testimonies for the March 2013 edition of folNEWS is Friday 15<sup>th</sup> February. Please submit articles to [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk). If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise even if folNEWS has been printed. Where possible, **please try to keep articles to 250 words** or less.