

WHO'S WHO?

Stephen and Pippa Mawditt: Stephen leads the Fountain of Life church and the Fountain Network. Pippa serves alongside him on the leadership team.

Paul Wilkinson is ordained and serves on the leadership team as assistant minister.

Wendy Sargeant serves on the leadership team as Reader and heads up Our Place and the prayer ministry team.

John Watts heads up the worship team.

David Blane leads the administration team.

Neil Richardson is the Finance Manager.

Maryanne Richardson leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

Ben Hyde is our Youth Worker.

Matt Beckett is our Youth and Kidz Klub worker.

Andrea Jolly is our Family and Children's worker. Andrea runs a Christian pre-school - First Steps - and organises our children's ministry for 0-11's.

Susan Walker heads up Good Companions our ministry to older people.

Freddy Hedley heads up training and equipping, including the New Wine training hub for East Anglia.

Andrew and Julia Rees head up evangelism, taking responsibility for organising guest services, events and activities such as 'God on the streets'.

Heather Nunn oversees our Mercy ministry to those in need and organises CAP money management courses.

Rosie Smith watches over the prophetic ministry.

Fred Edwards is our site warden and ensures the maintenance of the buildings and grounds.

folNEWS

News from the *Fountain of Life*

JUNE 2013

Dear Friends,

The song 'Spirit break out' includes the lyric: 'Heaven come down: Our Father, all of heaven roars Your name'. One of the first revelations on earth of the identity of God is His goodness revealed to Moses. When 'Heaven comes down', it comes in the form of goodness. When we pray for the fruit of the Holy Spirit to increase in our lives we are inviting heaven to come down so that the world may see the glory of God in us. Glory and goodness are closely connected.



God defines goodness in Himself. Jesus reveals what goodness looks like both in character and action. It's more than 'being good' which we often interpret as 'do nothing bad'. Peter describes Jesus as 'going around doing good'. This ranged from having compassion and being kind, to preaching the Gospel, healing the sick and setting people free from the influence of the devil. He was able to do good because God was with Him having anointed Him with the Holy Spirit (Acts 10:38).

In the film *Les Miserables* the bishop who pretends to have gifted Jean Valjean the silver which has actually been stolen from him is a great example of the goodness of God leading to repentance. Jean Valjean is from that moment on a reformed character. Goodness is generosity that springs from a kind heart (Ian Barclay).

The goodness of God is an invitation to turn to Him and enter into the promise of life, fulfilment and fruitfulness. He is for you not against you. Even when our circumstances deny it, we can be confident that His purposes for us are always good.

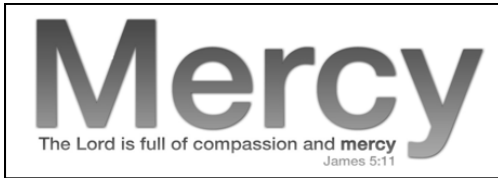
We are invited to 'taste and see that the Lord is good' and trust that in all things, the major and the minor, God is working for our good. In my experience it is often the relatively small things that remind me of the goodness of God: the timely phone call, the note of thanks, the practical kindness of a 'Dorcas' who always seems to be doing good (Acts 9:36). Being a person like Barnabas who sees God's potential in the one and changes the course of history through one act of grace (Acts 11:24,25).

The visit of the ICC choir on Saturday 8th June will be a great opportunity to hear stories of the goodness of God changing lives and we shall celebrate the goodness of our church family at our Summer Party on July 13th.

Have a great month and may you declare the goodness of God even in times of lack or when heaven seems silent.

With our love, Stephen & Pippa

folMERCY



There are some fresh sign-up forms in the foyer for anyone who would like to volunteer to support our Mercy Ministry, sign up to a CAP Money Course or join Ashill CAP Job Club.

CAP JOB CLUB - Fridays at The Stables 9.30am to 3.30pm

The Job Club opened at the Stables in April and the very first day people were signed up. The Job Club is for anyone looking to increase their skills around finding work. Job seekers are supported throughout by CAP Job Club trained coaches to encourage one another, increase their work-related networks and gain practical tools for finding work.



Anyone seeking to join Ashill Job Club should, in the first instance, telephone 07852 183205 or e-mail Ashill CAP Job Club Manager, David Bignell, david-bignell@capuk.org or fill in a form in the Church foyer.

To request prayer for an emergency or pressing need
phone, text or e-mail:
07905 039201
or
joy.fernando@live.co.uk



THETFORD FOODBANK - including distribution points Watton and Brandon

Thetford Foodbank have distributed 3 days' emergency food to 1416 local people in crisis (945 adults/471 children) since opening their doors 24/12/2011.

That's 14.2 of the 17.2 tonnes generously donated by people of the local community so far. Foodbank relies entirely on donations of non-perishable foods, funds and volunteer time to run this service and works in partnership with local professional care services for referrals.

Foodbank would like to say a big THANK YOU for support them. If you would like to help in practical terms they are currently low on the following stock items: tinned vegetables, sugar, pasta sauce, fruit juice, rice pudding, instant mash. **Please place in the collection bin in the Church foyer.**

CAP MONEY COURSE

We believe that this Course is a real blessing to people and our CAP Money Coaches feel so privileged to deliver it using the excellent new materials Christians Against Poverty has developed. Our last Course, in April, was very successful when ten people attended and completed the Course.



Christians Against Poverty carried out a delegate survey last year and found that the main way people go on the course is through recommendations from friends and family. 98% of the delegates surveyed said they would recommend the course to a friend; and our experience at FOL is that everyone benefits in some way from doing this Course.

As personal recommendation has proven to be the best way to promote the Course we would encourage you to mention it to anyone you might come across who discusses financial matters with you. The Course is free of charge and open to anyone, and it doesn't matter what sort of shape your finances are in - discussions are held about general financial issues people are facing, and simple tips are given which can greatly help. For people who find they have a debt burden they can't manage, help is available through CAP Money Plus; a debt counselling route. We have a Licensed CAP Money Coach who can work alongside them and support them through this process.

The next Course is planned for October, but we can fit another one in before them if we have enough interest; or carry out one-to-one sessions if a situation is very urgent! Forms in the foyer or contact via e-mail mercy@folchurch.co.uk or telephone Heather 01760 440837 or 07979 264047.

We are now Voucher holders for Foodbank. If you know of any individual or family needing emergency food aid please let a relevant Team Leader know or contact 01760 440837 or 07979 264047, mercy@folchurch.co.uk

Heather

folPRAYER

TRUMPET CALL 2013

PRAYING FOR GOD'S KINGDOM IN OUR LAND.

Call to Prayer has booked a coach to go to Birmingham on Saturday 15 June 2013 to take part in this event, which is being put on by World Prayer Centre. Details can be found on www.worldprayer.org.uk



To quote:

"As this call goes out, we at World Prayer Centre, along with many others, sense an urgency about the importance of this day. Our nations are in increasing turmoil as we observe the consequences of ungodly decisions made both in the past and by our national leaders today. Decisions that not only affect us, but will also affect generations to come. We believe that as we pray, our prayers will make a difference and will change circumstances and situations."

Venue: International Convention Centre, central Birmingham

Programme: Two main sessions: 11am-1pm and 2pm-5pm

Timings: The coach will depart from Norwich at 7am, picking up on the outskirts of Thetford at 7.45am.

Cost: £25-£30 per person, depending on how full the coach is. This includes entrance ticket, which we will prebook in a block.

Booking: Please contact Annabel - admin@call2prayer.co.uk or sign up in the foyer.

Roy and Daphne Godwin



Author of *The Grace Outpouring*, Roy Godwin, and his wife Daphne will be in Norwich at the end of June. Call to Prayer has close links with them and the ministry at Ffald-y-Brenin in West Wales, where the breath of God is moving and stirring people ever more powerfully and in remarkable ways. In addition to a meeting for leaders on Wednesday 26 June, there will be an evening celebration on Friday 28th and a teaching day on Saturday 29th, all in Norwich and at venues to be confirmed. Do put these dates in your diary, and come if you can to be encouraged and inspired!

Tabernacle

Call to Prayer Tabernacle will be at Belsey Bridge Conference Centre, Ditchingham, Bungay NR35 2DZ and open to visitors from Monday 15 July to Thursday 25 July. If you've never seen this amazing full-size representation of the tabernacle shown to Moses, complete with artefacts and furniture, do book up a teaching tour which will open up mysteries in the Old Testament fulfilled in Jesus. Contact Annabel on admin@call2prayer.co.uk.



Need to talk?

Did you know that Fountain of Life has a listening team ready and willing to spend some time with you or someone you know? If you need more time to talk through an issue than is available during or after Sunday worship or home group, let us know and we will arrange to meet with you. We all need a bit of extra support at times in our lives and a Christian/prayerful perspective is important when we find it difficult to find a way through. Please contact Joy Fernando (01953 886786), Mark Clamp (01760 440493) or Tim Gibbs (01953 884 704).

folFAMILY

FOUNTAIN OF LIFE PARTY



Our summer Fountain of Life 'birthday' party is on Saturday 13th July, from 3.30pm to dusk. There will be a bbq; bouncy castle; circus skills; the Ministry of Joy with Jamie & Hazel Jolly; quizzes; soft music - a fun time for all the family.

Come and make new friends; bring friends and family from outside the church; and, even more importantly come along yourselves to our annual family celebration. Be thinking about who you would like to invite!

SUMMER ROYAL VISIT

On Sunday August 11th we are doing church a little differently! We shall have a much shorter service at 10am at The Well which will finish at 10.45am. Then we shall head off to Sandringham for a picnic lunch and afternoon of fun and relaxation. Further information nearer the time but in the meantime mark the date as a Fountain Family experience!



THE ALPHA COURSE is a wonderful foundation and introduction to the Christian faith as well as being a great place to make new friends. Our next course begins on Tuesday 1st October at 7.00pm. If you are interested in coming, please pick up a leaflet or talk to Stephen and Pippa 01760 440363 Or Andrew and Julia Rees on 01760 440141.



THE INTERCHURCH CHOIR



Coming to Fol on Saturday 8th June 2013, 7.00pm

The evening will be a mixture of song and life-changing stories from 7 - 8.30pm followed by refreshments. Tickets are available from admin, Entry is free and there will be an opportunity for donations on the night.



For the next women's event we shall be holding a film night at The Well on Saturday 15th June 2013. We shall join together to watch the newly released Les Misérables, please arrive at 7pm for a prompt 7.15pm start. Popcorn and snacks will be provided along with tea and coffee. If you would like to eat or drink something different please feel free to bring them with you. This will be a great event to bring your non Christian female friends along to. There will be NO charge for the evening however please could you sign the sheet in the foyer if you are planning to attend so we have an idea of numbers. Looking forward to a great evening with all you lovely ladies. If you have any questions about the evening please speak to Jane Clamp or Jayne Lewin.



BOOKINGS

All bookings for the Worship Centre can be made through David Blane admin@folchurch.co.uk 07990 543 131 or 01760 441 902.

folFAMILY

MOZAMBIQUE



It's 4:00pm and my housemate and I are wishing to get a take-away and watch a new movie someone has brought over from America for us. We plan to meet at 5:00 and go via the hospital. One of our babies is in the hospital having treatment after a scary night of convulsions. Her temperature could not be brought down and the convulsions lasted for an hour. She is a vulnerable baby girl, that we can say it is only because of God that she is alive. When she came to us she was two years old and could fit into 3-month-old clothing. The typical child you see on the Oxfam adverts. We give thanks to God for her daily, God gets all the glory!

The hospital still has the blood on the floor that was fresh that morning. New people are in and the lady who was passing away in the bed next to her has gone. Our sweet baby is being looked after by one of our fantastic staff member that works in the baby house. I bring them a chicken dinner and get the latest information on our baby girl, finding out that she will be allowed home tomorrow! Praise God! As doing so I notice more and more people crowding around us as the smell of the fresh food I have brought in starts to overpower the smell of sickness. I smile, as I know our loving staff member will share her meal once I am gone. Knowing there is always enough when God is our provider. To read the full blog go to www.ruthinmozambique.blogspot.co.uk

I have been on a much-needed break in the UK since February, resting and enjoying time with my family. I however am excited about going back. Getting back on the streets, doing evangelism with our local girls who sell themselves. I can't wait to see their faces again knowing how much they have changed since finding out about our good God who loves them much! I obviously miss our babies and toddlers who I usually get to see daily, so it is slightly strange right now to not be.

It was so lovely to see you on Pentecost weekend! Will be praying for you all during this next season. Please do keep in touch! My email will be ruth@irismin.org until the end of the month when it will change to ruth@irisglobal.org.

Ruth Alexander

CRECHE

As a church we have enjoyed organic growth over the last 2 years and the Lord has blessed us with so many new children that we are growing out of Samuel's room and into the foyer! I have a heart for families with young children and think it would be amazing if we were able to fulfil my vision to bless our young families with a manned crèche for children under 3.

The plan is for this to be in the Green Room in the bungalow and manned by a rota of volunteers - led by myself - hopefully drawn from the parents using the crèche regularly. All volunteers will have to be CRB checked and any arrangements put in place would adhere to legal standards and be manned appropriately according to staffing ratios laid out in the statutory framework.

This new crèche will run alongside Samuel's room. Samuel's room will still be in use in its' current form as it is particularly useful for nursing mums. It will be complimentary to Samuel's room and give toddlers a lot more space to play safely and parents the opportunity to listen to the service in the worship centre if they wish to. Parents will also be more than welcome to stay as they do now with their children and enjoy fellowship with other parents whilst still being able to hear and see the sermon, which will be fed from the well via a video link onto a television.

There will be no provision for intimate care, but parents will be contactable via the phone at the worship centre sound desk.

A crèche would also be a good place to invite young families as a precursor to the full church experience. Many families enjoy Noah's ark and bring their children to First Steps, feeling comfortable in those surroundings. The crèche could be an opportunity to meet with God in a familiar place and enjoy both the sermon and fellowship.

We are going to run the crèche on a trial basis for six months hopefully starting in June. Let's see what God will do. Please contact me if you would like to help: Victoria Rutherford Tel: 01760 440304

Victoria Rutherford

fo!CALENDAR

Jun13 Sunday Worship

- 2nd 10.00 Service of the Word: *1 Kings 18.20, 21, 30-39; Psalm 96; Galatians 1.1-12; Luke 7.1-10.*
18.00 Taking Back Sunday
- 9th 10.00 Holy Communion: *1 Kings 17.8-16; Psalm 146; Galatians 1.11-end; Luke 7.11-17.*
18.00 Feed the Soul: *1 Samuel 20:1-42*
- 16th 10.00 Service of the Word: *1 Kings 21.1-10, 15-21a; Psalm 5.1-8; Galatians 2.15-end; Luke 7.36-8.3.*
18.00 Feed the Soul: *1 Samuel 21:1 - 22:23*
- 23rd 10.00 Holy Communion: *1 Kings 19.1-4, 8-15a; Psalms 42, 43; Galatians 3.23-end; Luke 8.26-39.*
18.00 Feed the Soul: *1 Samuel 23:1 - 24:22*
- 30th 10.00 Service of the Word: *2 Kings 2.1-2, 6-14; Psalm 77.1-2, 11-end; Galatians 5.1, 13-25; Luke 9.51-end.*
18.00 Feed the Soul: *1 Samuel 25:1-44*

Jun13 Events

- 1st 10.00 Kidz Klub Ashill
- 2nd 14.30 Good Companions
18.00 Taking Back Sunday
- 4th 18.00 WTC Special Hub Night
- 5th 19.30 Waiting for Christmas Info Evening
- 7th 09.30 CAP Job Club (The Stables)
19.00 Youth Discipleship Group (Location: See folyouth.co.uk)
- 8th 19.00 ICC Choir
- 9th 15.00 Refresh (28 Welden Road)
- 12th 19.00 Photography Workshop
- 14th 09.00 Bezalel
09.30 CAP Job Club (The Stables)
18.30 ID
- 15th 10.00 Kidz Klub Scarning
- 18th 19.30 Digging Deeper Evening
- 21st 09.30 CAP Job Club (The Stables)
19.00 Awaken
19.00 Youth Discipleship Group (Location: See folyouth.co.uk)
- 22nd 10.00 Digging Deeper
- 23rd 16.00 Blenheim Grange (Watton)
- 28th 09.00 Bezalel
09.30 CAP Job Club (The Stables)

LOOKING AHEAD

FoL Party 13th July
Kidz Klub Scarning 29th July-2nd August
Kidz Klub Ashill 12th-16th August

Thursday Prayers - 10am every Thursday in the worship centre term time.

Noah's Ark Parent and pre school gathering - 10am every Thursday in the bungalow term time.

Jam Youth Band 18.30-20.00 every Thursday term time

All activities are at The Well unless stated

Home Groups: places of belonging and discipleship. These are midweek groups that meet in people's homes either during the day or evening and you would be very welcome to join one. Please talk to Pippa Mawditt 01760 440363 if you are not sure which one to join.

DEADLINE FOR fo!NEWS JULY/AUGUST 2013

The deadline for submitting news articles and testimonies for the July/August 2013 edition of fo!NEWS is Friday 21st June. Please submit articles to admin@folchurch.co.uk. If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise even if fo!NEWS has been printed. Where possible, **please try to keep articles to 250 words** or less.