

WHO'S WHO?

Stephen and Pippa Mawditt: Stephen leads the Fountain of Life church and the Fountain Network. Pippa serves alongside him on the leadership team.

Paul Wilkinson is ordained and serves on the leadership team as assistant minister.

Wendy Sargeant serves on the leadership team as Reader and heads up Our Place and the prayer ministry team.

John Watts heads up the worship team.

David Blane leads the administration team.

Neil Richardson is the Finance Manager.

Maryanne Richardson leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

Ana Paula Wedermann is our Kidz Klub Primary Schools Worker.

Adam Jackson is our Youth Worker.

Matt Beckett is our Youth and Kidz Klub worker.

Andrea Jolly is our Family and Children's worker. Andrea runs a Christian pre-school - First Steps - and organises our children's ministry for 0-11's.

Freddy Hedley heads up training and equipping, including the New Wine training hub for East Anglia.

Andrew and Julia Rees head up evangelism, taking responsibility for organising guest services, events and activities such as 'God on the streets'.

Heather Nunn oversees our Mercy ministry to those in need and organises CAP money management courses.

Rosie Smith watches over the prophetic ministry.

Fred Edwards is our site warden and ensures the maintenance of the buildings and grounds.

folNEWS

News from the *Fountain of Life*

OCTOBER 2012

Dear Friends,

Six months ago, as I was speaking at our annual meeting outlining the vision for the coming year, Paul believed God was saying that we needed to expand our buildings and that help would come from a place that we could not anticipate or plan for. So, it should not come as too great a surprise that we are being enabled to purchase The Stables (for those of you for whom this is news: it's the building diagonally opposite the worship centre). It's yet another chapter in the story of God's extraordinary grace and provision for us here at the Fountain of Life.



At the time I was reminded of Luke 12:48 - 'From everyone who has been given much, much will be demanded; and from the one who has been entrusted with much, much more will be asked.' We have been reminded again of God's promise from Isaiah 54:2,3 to 'enlarge the place of your tent ... for you will spread out to the right and to the left.' We need to be ready and prepared for God's 'big ask' of us.

A few years ago the mission statement for the church was crystallised in the words: gather, grow and go. We're here to gather and we need to keep the bar high on our attitude to Sunday worship. Even though working patterns have changed it is still the case that for most of us Sunday is our Sabbath rest. Giving God part of the day to meet together with other members of God's family is a sign that He has priority in our lives. It matters to God, it matters to the family of God and it matters to our own spiritual growth. It is all too easy for us to allow the secularisation of our culture to invade our lives and lower the bar.

Second, the call to grow. We would really encourage each one of us to be in a discipleship relationship. 'One another' is a central theme in the Bible to the process of making disciples. We need to have at least one person in our lives with whom we are transparent and to whom we give permission to speak truth into our lives. In practice, this means being part of a home group and/or having someone with whom you regularly meet up for a coffee and a prayer.

Finally, the challenge to 'go.' It's what we're here for as a missionary congregation but our 'out' will only be as healthy and sustainable as our 'up' experience of God and our 'in' experience of friendship. There is a well-known phrase: 'If our output exceeds our input then our upkeep will be our downfall'. In other words, you can't give out what you have not first received. Let's keep our eyes fixed on Jesus and consider afresh how we may spur one another on towards love and good deeds. (Hebrews 10:24)

With love and prayers

Stephen & Pippa

folMINISTRIES

womenTOGETHER: 20th OCTOBER



Hello all you lovely girls, hope you all had a fab summer! I did, although it was quite eventful. I'd only been in Spain for two days when I tripped and ended up in hospital having stitches in my knee! I wouldn't mind but I was only wearing flip flops - I'm sticking to wearing my stilettos in future!

Talking about shoes leads me on nicely to our next womenTOGETHER event. The theme is 'In Her Shoes'. Perhaps you're like me, always rushing about and, at times, you trip up. When that happened to me on holiday I had friends around me who could instantly help. They held my hand and comforted me. They travelled with me to the hospital and during the days that followed they helped me do the things I was unable to do for myself. There are women in all our lives who are rushing around trying to cope with their lives and are 'tripping up' but there's not always someone there to help them. The problem is, we might not see them because we are so busy doing life with all its demands that we sometimes forget to look up and engage with the people around us.

One of the things I love about womenTOGETHER (and there are many) is that we are providing a place for you lovely girls to take time out of your busy lives. You can invite your friends to a 'safe' environment - safe in that we're not going to beat anyone over the head with a bible or behave all 'religiously weird' -

and whilst we lavish on you, you can step into the shoes of your friend/neighbour by giving them your time, attention, help, etc.

I believe the more we come alongside one another the better position we are in to understand what it's like to walk 'In Her Shoes' for a time. At the next event we hope to have someone sharing their testimony of how they have been helped in this way. Plus, Jayne will wow us all again with a delicious selection of her homemade cakes and deserts, and there will be the usual fun items. I will also share details about more fun events we are planning, especially our pamper evening and our one-day conference.

Now girls, there's no way we can have an event about shoes without having any shoes for sale. So, that's where you all come in. How about going through your wardrobes once again and identifying those shoes you no longer wear and donate them to the event? Please remember, we only want *new* or *as new* women's shoes. Please bring them to Fountain of Life and leave them under the table in the foyer. It would be great if you could write the size on a label inside the shoe and if you have the shoe boxes as well that would be a bonus - but if not, just place them in a bag. Any shoes that are not 'sold' on the day will be donated to a local charity. Chat with Becky Watts for further information.

Also, please note that we have changed the time of this event to 2-4pm. We've done this to provide an opportunity for those mums who have the football/swim/supermarket/etc run on a Saturday morning to attend.

I'm off to sort my shoes out and decide which ones I'm donating and which ones I'm wearing. By the way, I forgot to mention: any size 5 Jimmy Choos or Louis Vuitton need to be donated directly to me! See you all on the 20th - can't wait!

Rosemarie MacDonald

To receive prayer for an emergency or pressing need, email, phone or text:

mercy@folchurch.co.uk

or

07979 264 047

Heather Nunn, Emergency Prayer Chain Co-ordinator

SOUL SURVIVOR: GROWING COMMUNITY AND FAITH

This is now our fourth Soul Survivor experience, and for me it's a youth work holiday. I've likened it to getting contract farmers in to do the combine harvesting and then we go home and help teach baking with the new grain that the young people have received. Meanwhile, this means a week of walks, meals, food prep and chats over torchlight for us. Building relationship with the kids and letting them share the things that they are struggling with or the questions they have. A friend of mine recently returned from a thousand year old pilgrimage route in north Spain. He walked 500 miles(!) across hills and tracks but the thing that struck me most when listening to him was how the destination was a distant second for most people and actually it was the journey and the fellowship and hospitality where God moved the most. This is a common thing I hear about pilgrimages, and it was the same for our two minibuses, on a 400 mile round trip to Somerset where, for all the amazing time spent in worship, with some fantastic speakers, God actually moved just as much in the talks and the walks that we shared with the young people we were journeying with.

Adam Jackson

Here are some testimonies from the young people who came to Soul Survivor 2012:

This week at Soul Survivor has been amazing and it has been so refreshing to see young people passionate for our jealous God. God has spoken to me and affirmed his plans for my life. I have also felt very blessed by our youth leaders and the people caring for us ... Over all this week has been amazing and I feel inspired to do greater things and be bolder with what I believe.

I have had an amazing time at Soul Survivor. I have felt called to worship for a while and I went up for prayer when they called for evangelism and God told me that I will glorify him through worship. After that meeting, one of our youth workers told me a vision God gave her about me leading on a stage like Soul Survivor and that I would not have to strive but just use the gifts he has given me! God is good and I'm excited to see how he uses me in the future!

At this weekend I found out how to respect myself and my body and be able to talk about my past with all the bad things that had happened and are still happening. I learnt that no matter what, God is always there for you and if you pray God will hear you and help you. I want to write more but there wouldn't be enough room!

Soul Survivor was awesome because my first prayer was answered! On the third day I couldn't feel God so I just sat down in worship and prayed that I would feel him, and then I started crying and I just got waves of tingles all day and night, which is how I feel God so I know God answered my prayer and I was so happy! :)

I enjoyed the atmosphere of the main meetings. It was fun because everyone was dancing and singing and looking like they were having a good time whilst worshiping the Lord. I was a bit shocked the first time people started to fall down and shaking but I think that was just them meeting with the Lord. On one of the days I started to cry and got upset - I don't know if I was meeting with the Lord or I was just upset ... I am still not sure about giving my life to God but I am thinking about it. I want to get to know the religion a bit more first before because I think it is a big thing so I want to make sure I am making the right decision. Anyway, it was a good trip and I would love to do it again.

This week has been amazing! Friendships have broken down and re-emerged greater than ever. This I thank God for massively. For the past year I have had a big thing going on, and this week I feel lifted of that and that with time I will be in control of it, not helpless to it - something I have been for so long ... This week, through the help of friends, leaders, Soul Survivor team and everyone else, has really reaffirmed in me the power of God, and that he loves us all no matter what we do, say, or feel. Bring on next year!

For a while I had been scared about my future and what to do; I felt no direction, but at Soul Survivor God told me to take it step by step with him and he would show me the way when I got to it. He also revealed the first steps I need to take right now and reassured me that I could have more than one calling.

GOD ON THE MOVE FOR OUR MOVE!

Over the past few months I have been thinking about what sub-speciality I wanted to specialise in at work, and felt called to perinatal psychiatry. So, I arranged a work shadowing placement and went to the Mother and Baby unit at Queens Medical Centre in Nottingham. I really enjoyed the work but was put off the thought of staying there as it would mean moving away. On the last day of my placement, after discussing it with Jonathan, I was still uncertain because I didn't want to leave Norfolk. However, after some encouragement from the consultant I had worked with, I applied for a post, leaving my preferred location blank. I was offered East of England and East Midlands. The East of England post was in Suffolk, which would also have involved a move.

We prayed about it and it felt clear that I was called to Nottingham. Regarding Jonathan's job, we thought that we would have to spend some time living separately, with me commuting from my mum's home. However, Jonathan was looking out for vacancies and found one in Grantham. He went to interview and was successful. This then made me really unsettled as we both had work but nowhere to live and nowhere for the horses. We had wanted to live in Bingham (market town, similar to Swaffham), but we were unable to find anything to rent. We looked around several houses and rang several yards regarding the horses, but none of the houses seemed right and none of the yards would accept three - although one kind man said for very short-term he could put up the horses.

We went away and prayed more about it before going back for a final time a couple of weeks ago, certain that we needed to find somewhere. On the way over I had butterflies, a sense of excitement; we had also found a yard that could take all the horses. We looked around the first house and both came out really excited; everything seemed to have been taken care of! There was parking for our horsebox and two cars, there was an allotment and there was a yard opposite. The landlady's mother, who showed us around, was really friendly. I'm not sure if she was spirit-filled but she seemed to be on fire! We have yet to sell our house, but the first three months are looked after. Nor have we ended up in the town that we wanted, but this appears to be a blessing. We really want to reach out into the community when we move and get involved in the church, possibly with worship. Fountain of Life has been a great spiritual home to us where we have really grown.

Jonathan & Beccy Dickenson

HOME GROUPS: PLACES OF BELONGING AND DISCIPLESHIP

These are midweek groups that meet in people's homes either during the day or in the evening. The groups meet regularly to study the bible, build friendship together, have fun, worship and pray. Please talk to Pippa Mawditt (01760 440363) if you would like to join one or find out more.



MY FUTURE IN CROMER WITH JESUS

Mum and Dad and I were looking around for a place for me, and thinking about it, and praying that the right place would come up. At the same time, Jesus was preparing the right flat for me. So he sent me a verse, and it said: 'I have done it declares the Lord.' Jesus has now pointed me in the right direction to Cromer. I am now looking forward to moving to Cromer in September. Praise the Lord!

Abi has always believed that God has a plan for her life, and since she was quite young she has had an unshakeable faith in the Lord Jesus. She has helped us and many others to realise that 'disability' is no bar to a full and happy life. We are so proud of all that she has achieved with Jesus' help. Please pray for Abi as she moves to Cromer, that the Lord will protect and guide her in the months to come.

Abigail Lockett

Elaine and Nicholas Lockett

SET FREE TO FOLLOW JESUS

Many at Fountain of Life will know of me but what you may not know is that when I first joined the church I was a practicing freemason, a fact that I had not generally made known. To begin with I was not at all ashamed of the fact that I was a freemason but on my daughter Lorraine's advice, I accepted that it was something my newly found Christian brothers and sisters might not approve of, so I did not broadcast it.



I was raised to believe in God and his son Jesus but in the years between leaving school and getting married, I never thought much about God and religion. However, the arrival of our first daughter, Jacqueline, started to change all that and by the time Lorraine arrived on the scene I firmly believed in God once more, mainly due to a book I had read called *Archaeology and the Bible*. All this happened against the backdrop of the conflict in Northern Ireland kicking off, which raised serious questions in my mind about the organised churches and their interpretation of Christianity and what God wanted and expected of us. It was at this point in my search for God that I came across freemasonry. It seemed the perfect answer; it ticked all the right boxes.

Firstly, you had to believe in a single supreme God; secondly, it did not bar membership to any denomination provided you ticked the first box; and thirdly, it was a charitable organisation, donating large sums to various organisations, as well as third world countries and many natural world disasters. At the time, it seemed a reputable and commendable approach to modern day living, in no way incompatible with my religious beliefs.

Then, four years ago, Lorraine persuaded June and I to attend an Alpha course at Fountain of Life. This had two profound effects on me. I realised what was missing from my life - Jesus - and that I wanted to come into the warmth and light that he gives. However, I was unaware of any conflict between my new found faith and freemasonry. But that was all about to change.

Some two years ago I attended the Father's Heart weekend and was challenged by Mark Stibbe's very emotive sermon on the evils of freemasonry, which likened it to devil worship. At the time I felt these comments were directed at me and I took them very personally, I thought the speaker was babbling on about something he knew nothing about. In the days following this talk I became so incensed by what I considered to be unjust criticism that I eventually took my concerns to Stephen, who listened very patiently and sent me away with a book written by Ian Gordon, which explained why freemasonry and a true Christian are not compatible.

The combination of the challenging talk at Father's Heart and Ian Gordon's book challenged me to realise that my masonic beliefs did not include Jesus and, in certain ceremonies, I was uttering blasphemy. The result is that I have prayed long and hard for God's forgiveness, come to recognise Jesus for the saviour he is, resigned from all masonic membership and destroyed all my masonic regalia and memorabilia. I am certain that God spoke to me through the Father's Heart weekend and with the help and forgiveness of Jesus, and by God's will, I have been returned to the fold.

In conclusion may I say that, by renouncing freemasonry and becoming a fully committed Christian I now feel at peace and a more complete person.

Jack Springford

THE ALPHA COURSE is a wonderful foundation and introduction to the Christian faith as well as being a great place to make new friends. If you are interested in coming to our next course, please talk to Stephen or Pippa (01760 440 363).



Alpha

*fol*HEADLINES

NEED TO TALK?

Did you know that Fountain of Life now has a listening team ready and willing to spend some time with you or someone you know? If you need more time to talk through an issue than is available during or after Sunday worship or home group, let us know and we will arrange to meet with you. We all need a bit of extra support at times in our lives and a Christian/prayerful perspective is important when we find it difficult to find a way through. Please contact Joy Fernando (01953 886786), Mark Clamp (01760 440493) or Tim Gibbs (01953 884704).

CAP MONEY MANAGEMENT COURSE

The next three-week course will take place in Watton on Tuesday evenings during October (please see calendar for details), hosted by CAP Money Coaches, Julia Seaman and Harriet Beckett. Find ways to make your money go further, set and manage your personal budget and become stress-free as you get on top of your spending. Sounds good? Give it a go! You've nothing to lose and everything to gain! Book via mercy@folchurch.co.uk or telephone or text 07979 264 047.

DAVID HATHAWAY COMING TO NORWICH

Undoubtedly known to many of us, David Hathaway is founder and president of *Eurovision Mission to Europe*, operating in the former Soviet countries, Israel and secular Western Europe. He is a great man of God with a powerful anointing for evangelism and healing, and this will be a rare and wonderful opportunity to hear him speak. This event is happening at Bowthorpe Church on Saturday 27th October (9.30am-3pm) - bring your own lunch! All enquiries please to Ann Pugh-Smith (email ann@pughsmith.com or phone 01263 860 480).

FEAST OF TABERNACLES CELEBRATION

The third and final autumn feast, Sukkot, is a harvest celebration relating to Jesus' return and millennium rule. *Call to Prayer* invites you to enjoy a two-course meal with wine, followed by teaching by Jill Gower on the great significance of this appointed time with God and its relevance to us as Christians, on Wednesday 3rd October (7pm). Tickets are £12.50 - please book in advance. The venue is House of Prayer, Fishergate, Norwich NR3 1SE. For more details call 01603 920 074 or email admin@call2prayer.co.uk

womenTOGETHER

CAN YOU HELP? We urgently need a washing-up team to help at our events (at present three times during the year). You would only be needed at the end of the event so you could still come along and be lavished upon and enjoy all the fun. If you would like to 'head up' this team or just be part of it then please contact Becky Watts asap. (marigolds with bling can be provided!)

FIRST STEPS NEWS

Some of you may be aware of some staff changes: both Marianne and Nikki have stepped down, although Nikki is still popping in and helping out, and the good news is that Penny Kinsley has joined the team. Please keep praying for *First Steps* and its team. God is so good!

BOOKINGS

All bookings for the Worship Centre can be made through David Blane admin@folchurch.co.uk 07990 543 131 or 01760 441 902.

folCALENDAR

OCTOBER

Sunday Worship

7 th	10.00	Service of the Word: Job 1:1, 2:1-10; Psalm 26; Hebrews 1:1-4, 2:5-12; Mark 10:2-16
	18.00	Feed the Soul: Ephesians 5:22-6:24
14 th	10.00	Service of the Word and baptism of Iris Clarke: Job 23:1-9, 16-end; Psalm 22:1-15; Hebrews 4:12-end; Mark 10:17-31
	18.00	Feed the Soul: Jude
21 st	10.00	Holy Communion: Job 38:1-7; Psalm 104:1-10, 26, 35c; Hebrews 5:1-10; Mark 10:35-45
	16.00	Furnace
	18.00	Feed the Soul: Titus
28 th	10.00	Service of the Word: Job 42:1-6, 10-end; Psalm 34:1-8, 19-end; Hebrews 7:23-end; Mark 10:46-end.

Events (all activities at The Well unless stated)

2 nd	18.00	NWTP
5 th	19.00	Youth Discipleship (location: see folyouth.co.uk)
6 th	10.00	Kidz Klub, Ashill
9 th	18.00	NWTP
	19.00	CAP Money Management Course 1 (19 Norwich Road, Watton)
12 th	09.00	Bezalel
	18.30	ID
14 th	14.30	Good Companions
16 th	19.00	Money Management Course 2 (19 Norwich Road, Watton)
19 th	19.00	Awaken
	19.30	Youth Discipleship (location: see folyouth.co.uk)
20 th	10.00	Kidz Klub, Scarning
	14.00	Women Together
23 rd	19.00	Money Management Course 3 (19 Norwich Road, Watton)
26 th	09.00	Bezalel
27 th	10.00	Digging Deeper
30 th	18.00	NWTP
31 st		Night Light Parties (Scarning and Ashill)

Thursday Prayers - 10am every Thursday in the worship centre (term time only).

Noah's Ark parent and pre-school gathering - 10am every Thursday in the bungalow (term time only).

Jam 1 youth band - 18.30; Jam 2 youth band - 19.30; both every Thursday during (term time only).

LOOKING AHEAD

November 3rd (11.00), Confirmation Service: The next service of confirmations is at Norwich Cathedral on Saturday 3rd November at 11am. If you would like to be confirmed or would like more information about what is involved then could you please talk to Stephen as soon as possible and by 14th October at the latest.

DEADLINE FOR folNEWS NOVEMBER 2012

The deadline for submitting news articles and testimonies for the November 2012 edition of folNEWS is Tuesday 16th September. Please submit articles to admin@folchurch.co.uk. If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise even if folNEWS has been printed. Where possible, **please try to keep articles to 250 words** or less.

OCTOBER IS OUR HARVEST MONTH FOR



This year we are taking up the challenge to make our harvest offerings to support those in our community going through hard times. 'Thetford Foodbank' offers emergency food to those in crisis by referral from various professionals and church ministers.

Foodbanks operate from town bases and 'Thetford Foodbank' is currently working with Christians in Watton and Brandon to facilitate coverage of those towns and outlying areas. Early talks are also taking place with Attleborough, to see what provision is needed there.

Please find shopping 'lists' (for suitable items) and a collection bin in the foyer, and bring your Harvest Offering to church during October. If you would prefer to give a financial offering, please place this in an envelope clearly marked 'Thetford Foodbank' and place in a 'pillar box' in church.

Thank you!