

## WHO'S WHO?

**Stephen and Pippa Mawditt:** Stephen leads the Fountain of Life church and the Fountain Network. Pippa serves alongside him on the leadership team.

**Paul Wilkinson** is ordained and serves on the leadership team as assistant minister.

**Wendy Sargeant** serves on the leadership team as Reader and heads up Our Place and the prayer ministry team.

**John Watts** heads up the worship team.

**David Blane** leads the administration team.

**Neil Richardson** is the Finance Manager.

**Maryanne Richardson** leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

**Ben Hyde** is our Youth Worker.

**Matt Beckett** is our Youth and Kidz Klub worker.

**Andrea Jolly** is our Family and Children's worker. Andrea runs a Christian pre-school - First Steps - and organises our children's ministry for 0-11's.

**Susan Walker** heads up Good Companions our ministry to older people.

**Freddy Hedley** heads up training and equipping, including the New Wine training hub for East Anglia.

**Andrew and Julia Rees** head up evangelism, taking responsibility for organising guest services, events and activities such as 'God on the streets'.

**Heather Nunn** oversees our Mercy ministry to those in need and organises CAP money management courses.

**Rosie Smith** watches over the prophetic ministry.

**Fred Edwards** is our site warden and ensures the maintenance of the buildings and grounds.

# folNEWS

News from the *Fountain of Life*

SEPTEMBER 2013

*Dear Friends,*

Autumn is a good time to think about bearing fruit and this month it's the fruit of self-control to take centre-stage. Notice that it is 'self'- control; not 'Spirit'- control. Living the Christian life is not as easy or straightforward as simply being 'taken over' by God and put on an automatic track of righteousness. Paul is always clear that we're in a battle - hence his instruction to Timothy to 'fight the good fight'. Self-control is vital in resisting temptation and the enemy and choosing to live for God.



You are the only person able to control 'you': your choices, your responses, your priorities etc. Paul consistently presents the Christian life as a choice between following the way of the Spirit, which focuses on bringing the standard of heaven to earth, or the flesh motivated by self-interest and limited by this world's satisfactions and fascinations. One way leads towards life and freedom; the other to death and destruction. The choice is stark. There's no middle ground to occupy.

In case you struggle to work out which behaviour falls into which camp both Jesus and Paul in various places helpfully provide 'lists' so that we can check how well we're doing. Galatians 5 is as good a place as any to start. Self-control in the Greek literally means 'without strength': my interpretation of this is that it's choosing to act in a way that is only possible through the strength of the Holy Spirit. When we contradict our circumstances by choosing to act patiently, kindly, gently, joyfully etc, we make space for the Holy Spirit to agree with our response and release the character of heaven. It is not by accident that self-control is last in the fruit quoted by Paul.

In writing to Timothy (2 Tim 2), Paul uses 3 illustrations from everyday life to describe the self-controlled person. We are to have the self-control of a soldier single-mindedly satisfying the commanding officer; the athlete who sacrifices all to win gold; the farmer who diligently prepares the soil, sows the seed and reaps the harvest.

This autumn is a great time for sowing and harvesting in the Kingdom. We have a guest service on Sunday 8<sup>th</sup> September which is an opportunity to 'sow the seed' by inviting those you know to come to church; on the 22<sup>nd</sup> September Sandy Millar, who was vicar at Holy Trinity Brompton at the time of Alpha flourishing internationally, will be our guest speaker. Casting a glance into October we have a Gift Day on 6<sup>th</sup> October which is an opportunity to sow financially into the Kingdom: how we handle and prioritise our money is perhaps the issue in our lives over which there is the greatest battle.

This month will we choose to indulge ourselves or satisfy God? It's time to strengthen ourselves in exercising self-control.

With love and prayers

*Stephen & Pippa*

# folOVERSEAS

## MOZAMBIQUE

I don't think I will ever get used to this place. Get used to seeing children go through trash to see if there is anything they can use for toys. Seeing skinny malnourished women trying to feed their hungry child. Mud and bamboo houses that are falling apart, next door to a cement house with a gate. Ladies selling themselves on the street to men that claim they 'own' the girls, letting them know that's their only identity. Skinny babies coming to live in our children's centre that have to deal with being rejected or their parents dying at such a young age.

However I don't want to. I don't want to get used to anything that is unjust! May God never let me get used to this.

I also don't want to get used to the miracles I see each day. Every time I walk into that baby or toddler house I look into the eyes of a miracle. We have children that would not have been alive if it wasn't for God running around and teaching us about joy. When I am doing street ministry and I bump into a lady who has thrown away her old way of life and has started working for a sewing business that we set up just for them. They have a new way of earning an income and a new way of life with Jesus! If God hadn't have stepped in who knows what would have happened.



I don't want to ever take Him for granted. May I always be in a place of thankfulness. May I always be in a place of worship. May I always be in a place of hope. I lay down my life to stop for the one. To serve the one.

*Ruth Alexander*

**THE ALPHA COURSE** is a wonderful foundation and introduction to the Christian faith as well as being a great place to make new friends. Our next course begins on Tuesday 1st October at 7.00pm. If you are interested in coming, please pick up a leaflet or talk to Fred and Carol Edwards on 01760 440105



*Alpha*

# folHEADLINES

## GUEST SERVICE

We have chosen Sunday September 8<sup>th</sup> to be a special opportunity for you to invite those you know to come to church with you. It isn't that we will do things significantly differently but we shall be mindful that there are guests and gear the content of the morning towards a presentation of the Gospel with the theme: 'How can I live a useful life'.

Please help yourself to invitations from the foyer and encourage your friends and family to come along.

## GIFT DAY

On October 6<sup>th</sup> we shall be having a Gift Day to financially resource and release the work of the church into the coming year. This is an important opportunity to invest in our values and vision. More information in the next edition of FoINEWS but in the meantime let us be praying for a release of finance so that the work of the Kingdom which God wants to do through us can be multiplied.

### GIVING

If you would like to give regularly to the Fountain of Life then please pick up a "How Can I Give" form from a member of the welcome team. Also feel free to use the offering boxes on the pillars if you would like to give a one-off donation.

## A LITTLE THANK YOU

I would like to thank every one who supported the Fun Day on Tuesday with energy and enthusiasm. It was a successful event which was appreciated by many. It was a nice surprise for many people to see that we were out together and want to engage with the community. There were many good conversations and people engaging with what was happening. We thank God for the good weather and a great turn out. We reckon there were around 200 people or more who visited the site during the event and many were non believers. Many thanks to all who helped out in one form or another, particularly with setting up and clearing up stuff too afterwards. I know people have worked hard and we could tell that the event was taken on well by the community and was worth all the effort. May God's name be praised!

*Hephzibah Shipman*

## LIFE GROUPS

A life group is formed when two or three people agree to meet together regularly for an hour to share life together and encourage one another to live an authentic life of discipleship. It has the advantages of intimacy and flexibility. It may be more practical for you to find time to sit down with one or two other people than make one of our home groups; it is certainly probable that you are more comfortable sharing deeper issues with one or two others than in a small group of 10.

So, whilst home groups are vital as places of belonging, community and growth, there is no doubt that Scripture also values the disciple-making number of 2 or 3. Indeed the promise of Jesus is that it's all you need to experience the immediacy of His presence in a special way (Matthew 18:19-20), and there are plenty of examples in practice: think of Moses and Joshua; Elijah and Elisha; Peter, James and John; Paul and Timothy just for starters.

In my experience, such relationships are sources of great encouragement, support, community, accountability and discipleship growth. So, whether or not you are in a home group, I would love to encourage you to find one or two others and form a Life Group. (Some of you may already meet up in this way - you are now a Life Group!).

Let me give you some guidelines for what to do when you meet:

Be honest with each other and give each other permission to speak truth into one another's lives. Agree that what is said in the room stays in the room.

Share life together and hold one another accountable for implementing change.

Provoke one another to step into all that God has for us; encourage one another to realise potential.

Pray for one another.

Read the Scriptures together: perhaps agree to read through a book of the Bible together during the week and compare thoughts when you meet.

Support each other by praying for one another's friends/colleagues/family who don't know Jesus yet. A practical way of doing this is to pray for five people for five weeks and then review.

The principle of Ecclesiastes 4:9-12 is not just for marriage! We leave you to make your own arrangements about who with, where and when but if you need help in making arrangements then speak to one of the leadership team.

# POEM

This poem came out of the Prayer and Prophecy group within the morning service on 4<sup>th</sup> August. It is based on that day's Lectionary readings of Hosea 11: 1 - 11 and Psalm 107: 1 - 9.

From a child You said You knew me  
Saw me and loved me.  
I wish I'd known You then, Lord,  
Instead of having to wait.

Thank you for not letting me wait too long.

You have truly been my parent,  
Both mother and father to me.  
From grazed knees to broken hearts  
You have loved and kissed me better.

You say "Let the Redeemed of the Lord tell their story",  
Well I have indeed a story to tell:  
How You chose me and enabled me,  
Tended and kept me,  
Gifted and blessed me -  
And rescued me?  
Lord, You have rescued me again and again.

So long as I have an enemy, You will be my Saviour.

Thank you.

I cannot see how the story continues  
Nor what its end will be  
But from a child You said You knew me  
Saw me and loved me

And that will be enough.

*Jane Clamp*

## Need to talk?

Did you know that Fountain of Life has a listening team ready and willing to spend some time with you or someone you know? If you need more time to talk through an issue than is available during or after Sunday worship or home group, let us know and we will arrange to meet with you. We all need a bit of extra support at times in our lives and a Christian/prayerful perspective is important when we find it difficult to find a way through. Please contact Joy Fernando (01953 886786), Mark Clamp (01760 440493) or Tim Gibbs (01953 884 704).

## JUST TO SAY

Thank you Jesus and everyone who prayed and contributed to a successful conclusion to my recent heart episode!

I certainly had shalom on the day of the operation and felt everything was taken care of and I could not have been in better hands than those of the wonderful Spirit-filled Christian surgeon Catherine (MD, FRCS, C-Th).

Thank God for the NHS!

Thank God for all of you!

Thank God for Wendy and her aftercare!

God bless you all.

*Jim*



# folCALENDAR

## Sep13 Sunday Worship

- 1<sup>st</sup> 10.00 Holy Communion: *Jeremiah 2:4-13; Psalm 81:1, 10-16; Hebrews 13:1-8, 15-16; Luke 14:1, 7-14.*
- 8<sup>th</sup> 10.00 Service of the Word: *Jeremiah 18:1-11; Psalm 139:1-6, 13-18; Philemon 1:1-1:21; Luke 14:25-33.*  
18.00 Feed the Soul: Romans 1:1-17
- 15<sup>th</sup> 10.00 Service of the Word/Baptism: *Jeremiah 4:11-12, 22-28; Psalm 14; 1 Timothy 1:12-17; Luke 15:1-10.*  
18.00 Feed the Soul: Romans 1:18-3:20
- 22<sup>nd</sup> 10.00 Holy Communion: *Jeremiah 8:18-9:1; Psalm 79:1-9; 1 Timothy 2:1-7; Luke 16:1-13.*  
18.00 Feed the Soul: Romans 3:21 - 4:25
- 29<sup>th</sup> 10.00 Service of the Word: *Jeremiah 32:1-3a, 6-15; Psalm 91:1-6, 14-16; 1 Timothy 6:6-19; Luke 16:19-31.*  
18.00 Feed the Soul: Romans 5:1-21

## Sep13 Events

- 8<sup>th</sup> 14.30 Good Companions  
15.00 Refresh (28 Welden Road)
- 10<sup>th</sup> 18.00 WTC Training
- 11<sup>th</sup> 09.00 CAP Money follow-up Session
- 14<sup>th</sup> 10.00 Kiz Klub Ashill
- 15<sup>th</sup> 10.00 Baptism followed by Shared Lunch
- 20<sup>th</sup> 18.00 Youth Alpha  
19.00 Awaken (The Stables)
- 21<sup>st</sup> 10.00 Kidz Klub Scarning  
13.00 Our Place Film Afternoon
- 22<sup>nd</sup> 16.00 Blenheim Grange (Watton)
- 24<sup>th</sup> 18.00 WTC Training
- 25<sup>th</sup> 19.30 Digging Deeper

September 15th. There will be a shared lunch after the service following George's baptism to which all are welcome. Bring something savoury or a dessert to share.

To request prayer for an emergency or pressing need  
phone, text or e-mail:  
**07905 039201**  
or  
**joy.fernando@live.co.uk**

Thursday Prayers - 10am every Thursday in the worship centre term time.  
Noah's Ark Parent and pre school gathering - 10am every Thursday in the bungalow term time.  
Jam Youth Band 18.30-20.00 every Thursday term time  
CAP Job Club - 9:30am every Friday in The Stables

All activities are at The Well unless stated

**Home Groups: places of belonging and discipleship.** These are midweek groups that meet in people's homes either during the day or evening and you would be very welcome to join one. Please talk to Pippa Mawditt 01760 440363 if you are not sure which one to join.

## BOOKINGS

All bookings for the Worship Centre can be made through David Blane [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk) 01760 441 902.

## DEADLINE FOR folNEWS OCT 2013

The deadline for submitting news articles and testimonies for the October 2013 edition of folNEWS is Friday 20th September. Please submit articles to [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk). If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise even if folNEWS has been printed. Where possible, **please try to keep articles to 250 words** or less.