

## WHO'S WHO?

**Stephen and Pippa Mawditt:** Stephen is the leader of the Fountain of Life Network and the congregation at Ashill, supported by his wife Pippa, who is also on the leadership team.

**Madeline Light** is the ordained leader of the Fountain of Life congregation in Norwich based at St Stephen's Church in the City.

**Paul Wilkinson** is in the process of training for ordination.

**Wendy Sargeant** is a Reader in the Church of England and heads up our listening and prayer ministry team.

**John Watts** heads up the worship team for the network.

**Rebecca Watts** leads the administration team of the Fountain of Life Network and is PA to Stephen.

**Neil Richardson** is the Finance Manager for the Fountain of Life Network.

**David & Christine Buscall:** David, assisted by his wife Christine, is the treasurer of the Fountain of Life, Ashill.

**Tim Wilson** is founder of Mid-Norfolk Kidz Klub and leader of Kidz Klub in Ashill.

**Maryanne Richardson** is the co-ordinator of our youth and children's ministry as well as responsible for Kidz Klub in Scarning.

**Ana Paula Wedermann** is our Kidz Klub Primary Schools Worker.

**Adam Jackson** is our Youth Worker.

**Matt Beckett** is our Youth and Kidz Klub worker.

**Andrea Jolly** is our Family and Children's worker. Andrea runs a Christian pre-school - First Steps - and organises our children's ministry for 0-11's.

**Freddy and Ali Hedley** head up our clusters. Freddy is also director of the New Wine Training Partnership hub for East Anglia.

**Andrew and Julia Rees** head up evangelism, taking responsibility for organising guest services, events and activities such as 'God on the streets'.

**Heather Nunn** oversees our Mercy ministry to those in need and organises CAP money management courses. .

**Carol Edwards** watches over the prophetic ministry.

**Fred Edwards** is our site warden and ensures the maintenance of the buildings and grounds.

**Martin Down** is founder of the Fountain of Life church in Ashill. Martin is retired from full-time ministry and is our resident theologian.

# folNEWS

News from the *Fountain of Life Network*

SEPTEMBER 2010

*Dear Friends,*

The new season is upon us. A new term beginning. Spiritually speaking it feels more like spring than autumn - there is the scent of 'newness' in the air. Matt coming into position to strengthen our Kidz Klub and youth team; Becky stepping more fully into the role of administrator; our new interns David, Emma and Roy arriving on the 12<sup>th</sup>; the *Just10* series starting on the 19<sup>th</sup>; the New Wine Training Partnership commencing on the 21<sup>st</sup>.



It will be a busy season in the life of the church for sure. No doubt, it will be busy in the rest of our lives too as all our routine activities begin again after the pause button of the summer break. It can be hard in the midst of all the pressure to maintain the life and freedom of the Spirit. However, according to the Song of Songs if it really is springtime then it's a season characterised by flowers appearing, doves cooing and the sound of singing (2:12). It's a great picture and suggests an abundance of good things such as joy, peace and life.

The secret of living life joyfully is to make space to think and spend time with God. We need to stay loved. Jesus was never fazed by the pressure of demands. All that he did was rooted first in his assurance of identity for who he was - first and foremost the Father's beloved Son, accepted and approved, significant and special. In Christ you and I have that same identity. The same security. You are the Father's child. Beautiful in his eyes!

Staying loved is the key to everything. We see his priorities for us more clearly, we have more strength to face the day, we see ourselves and others in a different light. Somehow the world takes on a different hue. Some of us went to New Wine this summer - do seriously consider coming next year. It just could change your life!. John Coles, its overall leader, said this: 'Our God-given yoke is meant to be easy and our God-given burden is meant to be light. In tune with the Father; doing as best we can what we see the Father doing'.

So as you stay in tune with your Father in heaven, may the melody that He composes in you personally and us as a church bring glory to Him, encouragement to one another and life to our broken world.

With love and prayers

*Stephen & Pippa*

# folMINISTRIES

## READY... STEADY....GO! JUST 10 GUEST SERVICES

Sunday 19<sup>th</sup> September sees the launch of our ten weeks of *Just10* guest services at The Well.

**just10?** Created by evangelist J.John, the *Just10* series was designed to communicate the relevance of God's laws of love in ways that people can relate to today. Each week at The Well, we will be unpacking one of those ten laws and explore its life-changing potential, especially for those who don't yet know Christ.



**Guest Services?** So these services will be especially designed for guests! Is there someone you could invite to this special series? How about these for topics which both you and your friends might find helpful:

- How to find true contentment
- How to manage your anger
- How to live by priorities
- How to prosper with a clear conscience

The *Just10* series has been a very successful tool in showing both the relevance of God's laws and the relevance of the person of Jesus and how he can help us. **Please take a handful of invites, pray for God opportunities, and then hand them out!!**

*Andrew and Julia Rees*

## NEW BOOK BY MARTIN DOWN

*Low Cost - High Price*, by Theresa Cumbers and Martin Down, is to be published by Authentic Media in September.

This book tells the story of Theresa Cumbers and the Magdalene Group. The Magdalene Group is a Christian outreach to prostitutes on the streets of Norwich started by Theresa Cumbers in 1992. The book has attracted high-profile endorsements from, among others, Charles Clarke MP (former Home Secretary), the Bishop of Norwich and Baroness Howarth. Baroness Howarth writes:

*'This book will touch your heart, inspire your mind and challenge your soul. It will make you weep at the futility of lost lives, help you to understand the work to save women caught up in the sex trade and give an insight into the amazing people who found the core skill to make a difference - unconditional love.'*

If the book were a film, it would probably be classified 15. Parents, read this book as a warning of what can happen to your teenage children but use your own discretion about letting your children read it.

It is a dark and sordid world out there, but the light of Christ shines all the brighter as Theresa and her band of wonderful women take the love of Jesus to hurting souls. The book is, above all, realistic: realistic about the vice but realistic about the possibility of change. Not all the stories that are told here are 'success' stories, but many are. They show that there is no pit too deep that Jesus, through his devoted followers, cannot reach down and lift us up out of.

Theresa Cumbers is an inspiring example to every Christian, whatever our calling, that we can truly make a difference to the lives of others and to the world around us. Read it, praise the Lord, and be moved and inspired.

# MERCY MINISTRY: EMERGENCY PRAYER RESPONSE AND PRACTICAL ASSISTANCE FOR THOSE IN NEED

*The Lord is full of compassion and mercy.  
James 5:11*

It has been agreed that the existing prayer chain should be re-launched and hopefully expanded under the umbrella of the FoL Mercy ministry.

In this way, if urgent *short-term* assistance is also needed, we would hope to be able to respond in a practical way also. Without doubt a speedy response in prayer and support from members of our church family can be extremely valuable and comforting in times of need. We hope that this ministry will in due course impact not only church members but also those in our communities, as a practical form of outreach.

## What do we need for this to work?

- Prayer support: Prayers who will to respond (where they are) to urgent prayer requests. A simple message will be sent to you by e-mail, text or telephone (as you prefer). All you have to do is pray!
- Practical support: Could you respond in a situation of urgent need, e.g. supply food, transport, do household tasks, walk a dog, etc? (Please note, CRB disclosures are likely to be required)

If you would like to offer your help in either of the above ways please fill in your contact details on a Mercy Ministry slip in the church foyer.



## What do I do if I or someone I know needs prayer support or urgent help?

Telephone or e-mail Heather Nunn (07979 264047 or [heather.nunn@paston.co.uk](mailto:heather.nunn@paston.co.uk)). Details for prayer can be kept to a minimum - He knows! Be assured that those praying or assisting will have strict guidelines and be very aware of the need for confidentiality. We will need to evaluate our work to ensure that responses are meeting needs in a Godly way; so you can expect that a member of the Mercy team will contact you for feedback after the crisis has passed.

*We know that many church members already respond to people's needs, both through prayer and assistance. This 'service' is not meant to change anything, but to enhance our ability to respond in situations of urgent need.*

## CAP MONEY MANAGEMENT COURSES

I am delighted that two more church members will be training to become CAP Money Coaches in September, and another two in November. One other is awaiting training dates for next year. This will increase our ability to run courses. I anticipate running a CAP Money Management Course this side of Christmas at The Well.

If you would like to learn a simple form of money management in a relaxed environment, with no requirement to share any of your personal information please let me know. Courses take no more than two hours (with refreshment), weekly for three weeks, and can be run during the day or in the evening.

*Heather Nunn*

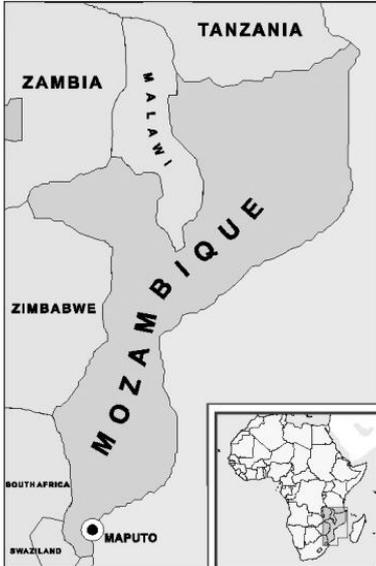
**THE ALPHA COURSE** is a wonderful foundation and introduction to the Christian faith as well as being a great place to make new friends. Our next course begins on September 28<sup>th</sup>. If you are interested in finding out more, please talk to Neil and Maryanne Richardson (01362 691 143).



**Alpha**

A page to bring you all the latest news from the Fountain of Life family around the world:

## BRIDGET CARROLL IN MOZAMBIQUE



*These are excerpts from a longer email. To read this story in full, please contact Becky Russell at [danandbeckyrussell@tiscali.co.uk](mailto:danandbeckyrussell@tiscali.co.uk)*

I first met 'Fred' a couple of months ago when he came to our Mize clinic ... He pulled up his shirt and showed me a lump the size of half an orange on the left side of his chest. He has had this lump for about four years. I'm writing this to try and give you a little insight into the struggles that most Mozambicans face when they are seriously ill.

As it can be an added burden on the family to have someone living with them who cannot contribute financially or by working in the fields, Fred had been living in the Iris church in Mize. One Friday he was admitted to the Provincial Hospital after blood tests showed that he was severely anaemic.

The following Tuesday he turned up at the gate of our compound saying that he had been discharged from the hospital and they would not re-admit him until he had found at least three people to donate blood for him ... there is no blood donor system and therefore no blood bank. If a patient requires a blood transfusion they have to find someone willing to donate blood on their behalf, usually a family member. It doesn't even have to be the right blood. Four strapping young men from the Mission's school offered to give a unit of blood each the next day.

He had surgery on Friday to remove the lump. As far as I can tell, the hospital provides no food for the patients and families come every day bearing food. As I had taken on the role of Fred's family during this time, it was my responsibility to provide food for him and pay for his care. He was discharged after only six days and we took Fred to his family's house and left him in the capable hands of his daughter. He continues to recover slowly. A specimen of the lump was sent to the bigger hospital in Nampula and we are still waiting to hear the results of what the lump actually was. But throughout it all, Fred has continued to smile and he believes that God will bring the total healing that we have all been praying for. I have learnt much about how God wants to work through every given situation. With much love, Bridget.

## RUTH ALEXANDER IN MOZAMBIQUE

To all the wonderful readers of fo/NEWS, here is a quick update on what I am going to be doing: The school is over so I have been talking to the long-term team about my next step. They have amazingly offered me a place here working in the baby house part-time and doing admin part-time (taking some of the load off Heidi Baker's PA). The baby house will be amazing. The lady I will be working with is so nice and I know I will learn so much from her.

Please pray that I settle into this new role easily and that I learn fast, especially with the admin. Pray that all my needs are met to be able to live here. I am looking to get a DIRE but immigration is tightening the rules at the moment so please can you pray I get one. This would mean that I don't have to get a new visa every 90 days as well as having to pay for a plane ticket to leave the country.

Thank you all again for the prayers and support you are giving me while I am here. Please do keep me updated. I have loved hearing what has been going on in your lives while I have been here. Many blessings, Ruth.



# folPRAYER



## HALF NIGHT OF PRAYER

We want to root and ground all the plans for this autumn in prayer and have set aside the evening of Wednesday 15<sup>th</sup> September from 7-11pm for this purpose. Prayer is the hidden power behind any move of God. I was reminded again about how in the days leading up to Pentecost the believers 'joined together constantly in prayer' (Acts 1:14).

Even though as a network church it is usually more practical to seek to find ways of praying in our homes and home groups, it must still be important for us to come together to pray. The 15<sup>th</sup> September is one such opportunity and I hope that a significant proportion of us will be able to come at some point during the evening as an expression of our corporate hunger for God and His Kingdom to come.

*Stephen Mawditt*

## A WORD OF ENCOURAGEMENT

I was praying recently, thinking about what God is doing at the moment and how He's moving. I was saying to God that it's what we live for, to know Him more and see Him move and see people come to know Him.

I felt that He was saying that although He has been preparing and equipping us, we will never be fully prepared to handle it when He really moves and that we have no idea just how much He could and would do through us. And I felt that He was encouraging us of the importance of humbling ourselves and giving Him all the praise all the time.

*Shona Jackson*

To receive prayer for an emergency or pressing need, phone or text:

**07979 264 047**

**Heather Nunn**

Emergency Prayer Chain Co-ordinator

## A QUIET PLACE TO PRAY

Very soon there will be a special place for those of us who wish to pray and ponder.

A prayer seat is to be provided under our lovely weeping ash tree at the front of the church. The seat will be arranged around the trunk of the tree. Look on the table in the foyer for a small model of what is planned. If you feel that you would like to donate something towards the cost of this seat please mark your donations 'Prayer Seat'. Philippians 4:6-7

*Terry Martin*

## HOME GROUPS: PLACES OF BELONGING AND DISCIPLESHIP

These are midweek groups that meet in people's homes either during the day or in the evening. The groups meet regularly to study the bible, build friendship together, have fun, worship and pray. Please talk to Pippa Mawditt (01760 440363) if you would like to join one or find out more.



# DATES FOR YOUR DIARY

## HOSPITALITY IN OUR HOMES



As we go on seeking to release communities of followers in the mission of Jesus one area of our life together that we want to take a closer look at this season is how we can engage more effectively in mission through our homes. This will not be for everyone but as we look at the life of Jesus and the early church we can see the strategic importance of homes and this truth has been rediscovered in those areas of the world where significant growth is being experienced.

On Saturday November 13<sup>th</sup> we are holding an extended leaders breakfast starting at 8.30am and finishing at 12.30pm, which will be an opportunity to explore what God may be saying to us about this. It is open to anyone who would like to find out more. There will be the opportunity to sign-up nearer the time but in the meantime if the Spirit prompts you then reserve the date in your diary.

*Stephen Mawditt*

## EN:LIGHTEN

The next En:lighten will be on Tuesday 14th September, 7.00-8.30pm at The Well. For more details, speak to Beccie Marshall or Harriet Beckett.

## BEZALEL

Here are the dates and details for Bezalel for the coming season:

September 10 <sup>th</sup> and 24 <sup>th</sup>	Christmas wreath
October 8 <sup>th</sup> , 22 <sup>nd</sup> and 29 <sup>th</sup>	Bread basket
November 12 <sup>th</sup> and 26 <sup>th</sup>	Christmas trees
December 10 <sup>th</sup>	Bottle bag

Everyone is very welcome to join us for all the sessions or just do one of the projects. For more information ring Susan on 01760 440 720 or Sandra on 01760 440 720.



## FAREWELL SERVICE FOR BISHOP JAMES

After six years as Bishop of Lynn, James has been appointed the next Bishop of Rochester. There will be two opportunities to attend a farewell service for Bishop James. On Sunday 10<sup>th</sup> October at 4.30pm at St Margaret's, Kings Lynn or Sunday 17<sup>th</sup> October at 3.30pm at Norwich Cathedral. There will be no tickets and everyone is welcome. Please keep Bishop James and Bridget in your prayers as they prepare for their new life in Rochester.

### BOOKINGS

All bookings for the Worship Centre can be made through Rebecca Watts [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk) 07990 543131 or 01760 441 902.

# folCALENDAR

## September Sunday Worship

- 5<sup>th</sup> 10.00 Holy Communion: *Jeremiah 18:1-11, Psalm 139:1-5, 12-18, Philemon 1-21, Luke 14:25-33*  
16.00 Norwich Cluster  
18.00 Feed the Soul: *Faith in Action James 1:1-27*
- 12<sup>th</sup> 10.00 Service of the Word: *Jeremiah 4:11-12, 22-28, Psalm 14, 1 Timothy 1:12-17, Luke 15:1-10*  
18.00 Feed the Soul: *Taking Back Sunday - Youth Led*
- 19<sup>th</sup> 10.00 *Just10: Jeremiah 8:18-9.1, Psalm 79:1-9, 1 Timothy 2:1-7, Luke 16:1-13*  
16.00 Norwich Cluster: *Just10*  
18.00 Feed the Soul: *Living Mercifully James 2:1-26*
- 26<sup>th</sup> 10.00 *Just10: Holy Communion: Jeremiah 32:1-3a, 6-15, Psalm 91:1-6, 14-end, 1 Timothy 6:6-19, Luke 16:19-end*  
16.00 Norwich Cluster: *Just10*  
18.00 Feed the Soul: *Guarding the Tongue James 3:1-4:12*

## September Events (all activities at The Well unless stated)

- 3<sup>rd</sup> 19.00 Youth Discipleship (Contact Adam for venues)
- 10<sup>th</sup> 09.00 Bezalel Craft Group  
18.30 Identity
- 11<sup>th</sup> 10.10 Kidz Klub Ashill
- 12<sup>th</sup> 14.30 Good Companions
- 15<sup>th</sup> 19.00 Prayer event with worship
- 17<sup>th</sup> 19.00 Youth Discipleship (Contact Adam for venues)  
19.00 J10 Prayer
- 18<sup>th</sup> 10.10 Kidz Klub Scarning (Scarning School)
- 21<sup>st</sup> 18.00 NWTP induction
- 24<sup>th</sup> 09.00 Bezalel Craft Group  
19.00 J10 Prayer
- 25<sup>th</sup> 10.00 Ladies Tea

Thursday Prayers - 10am every Thursday in the worship centre (term time only).

Noah's Ark parent and pre-school gathering - 10am every Thursday in the bungalow (term time only).

Jam 1 youth band - 18.30; Jam 2 youth band - 19.30, both every Thursday during (term time only).

## LOOKING AHEAD

- 7<sup>th</sup> October 19.00 Newcomers Supper
- 23<sup>rd</sup> October 08.30 Men's Breakfast
- 31<sup>st</sup> October 18.00 Night Light Party
- 13<sup>th</sup> November 08.30 Leaders Breakfast
- 20<sup>th</sup> November 10.00 Singles Day - Date or not to date?
- 20<sup>th</sup> November 11.00 Confirmations at Norwich Cathedral
- 27<sup>th</sup> November 13.00 Kings Chamber Orchestra at The Well
- 27<sup>th</sup> November 19.00 Kings Chamber Orchestra in Norwich
- 11<sup>th</sup> December 11.00 Musical Keys

## DEADLINE FOR folNEWS OCTOBER 2010

The deadline for submitting news articles and testimonies for the September 2010 edition of folNEWS is Tuesday 21<sup>st</sup> September. Please submit articles to [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk). If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise even if folNEWS has been printed. Where possible, please try to keep articles to 250 words or less.