

WHO'S WHO?

Stephen and Pippa Mawditt: Stephen is the leader of the Fountain of Life Network and the congregation at Ashill, supported by his wife Pippa, who is also on the leadership team.

Madeline Light is the ordained leader of the Fountain of Life congregation in Norwich based at St Stephen's Church in the City.

Paul Wilkinson is in the process of training for ordination.

Wendy Sargeant is a Reader in the Church of England and heads up our listening and prayer ministry team.

John Watts heads up the worship team for the network.

Rebecca Watts leads the administration team of the Fountain of Life Network and is PA to Stephen.

Neil Richardson is the Finance Manager for the Fountain of Life Network.

David & Christine Buskell: David, assisted by his wife Christine, is the treasurer of the Fountain of Life, Ashill.

Tim Wilson is founder of Mid-Norfolk Kidz Klub and leader of Kidz Klub in Ashill.

Maryanne Richardson is the coordinator of our youth and children's ministry as well as responsible for Kidz Klub in Scarning.

Ana Paula Wedermann is our Kidz Klub Primary Schools Worker.

Adam Jackson is the Youth Worker for the Fountain of Life, Ashill.

Andrea Jolly is our Family and Children's worker. Andrea runs a Christian pre-school - First Steps - and organises our children's ministry for 0-11's.

Freddy and Ali Hedley head up our clusters. Freddy is also director of the New Wine Training Partnership hub for East Anglia.

Andrew and Julia Rees head up evangelism, taking responsibility for organising guest services and outreach activities such as 'God on the streets'.

Sue Hatherly and Heather Nunn oversee mercy ministries to the poor.

Carol Edwards watches over the prophetic ministry.

Fred Edwards is our site warden and ensures the maintenance of the buildings and grounds.

Martin Down is founder of the Fountain of Life church in Ashill. Martin is retired from full-time ministry and is our resident theologian.

folNEWS

News from the *Fountain of Life Network*, February 2010

Dear Friends,

Welcome to the February edition of folNEWS. As I read last month's edition I was reminded again of the amazing grace of God, His promises and faithfulness to us individually and as a church. As Isaiah writes: 'O Lord, you are my God; I will exalt you and praise your name, for in perfect faithfulness you have done marvellous things, things planned long ago.' (Is 25:1). I wonder what new 'marvellous things' our heavenly Father has already planned for us? What will we be writing about in the course of this year?



On 17th January at Ashill I spoke about the next phase in our life together as we begin to operate out of both Ashill and Norwich. For a fuller version you might like to listen to a CD of the talk but as I write I am reminded of three things in particular:

- **We're here to make an impact.** We are not intentionally seeking to build something large for the sake of it, because we think 'big is important' at all, but because we believe we're here to make an impact - to see lives transformed, communities changed and society influenced with the values of the Kingdom of God;
- **We're here to develop a movement** that can be a catalyst for mission in this area and beyond. We are seeking to develop a network of blessing that releases missionaries into villages and communities around Norfolk, breathes sustainable renewal into the local church and supports dispersed groups of believers who share our values and vision;
- **We can only fulfil God's call if we're all in this together** - everyone needs to play their part. Right now, many teams and ministries are stretched; we're not looking for volunteers or conscripts - all we need is for you to be in the place God has called you, trusting Him to equip you with all you need. By the way, it's OK to come up for air - we all need a breather from time to time! I'm also aware that for some of you this is a feeding station from which to be sent out elsewhere and that's great too!!

Of course the mission of Jesus Christ is bigger than us. But, we are part of the picture. Let us play our part. The first team sent by Jesus turned the world upside down - may we do the same in our own generation and time.

With love and prayers

Stephen



THE ALPHA COURSE is a wonderful foundation and introduction to the Christian faith as well as being a great place to make new friends. Our current course began in January so if you are interested in future courses please talk to Stephen or Pippa.

folMINISTRIES

'FIRST STEPS' PRE-SCHOOL: Update from *Andrea Jolly*

God is continuing to do amazing things in the pre-school. We now have 26 children, having said goodbye to eleven who started school in September 2009, in which five of the children have started to come to Kidz Klub. It's just wonderful to see young children grow in the knowledge that Jesus loves them and to see the young children worshiping and praying for one another, and it seems to come so naturally to them.

Since being able to dedicate Monday mornings to visiting the families it has been a wonderful opportunity to deepen relationships with the families of the children that not only attend the pre-school but also families that come to the Fountain of Life Church.



In January we welcomed Vicky as the most recent member of the team who, Praise the Lord, will be doing Alpha this time, along with another mother of a child who had attended the pre-school. Also in the team, Nikky Baby started her DPP Diploma in Pre-school Practise in September and is doing well and really enjoying it. Please pray for the team: Fi, Bridget, Nikky, Vicky and myself. Pray that we continually seek ways in which we can reach the children and their families with the love of Jesus.

MINISTRY TO OLDER PEOPLE

FOOTSTEPS is the name of the group within the FoL with a ministry to Older People via the Good Companions Sunday Club, Wayland Carers Social Group and Senior Alpha:

Good Companions began over seven years ago and we invite older people and those on their own to come on the second Sunday afternoon of the month for companionship, an excellent tea, entertainment and to hear a gospel message. This has proved to be very popular and people take a mini-bus in from Watton and Ashill. If you think that you or someone you know would like to come please invite them!

Wayland Carers provides a social break for Carers one afternoon a month and the grant received from Norfolk County Council via the Carers Forum enables us to arrange visits to tea rooms, garden centres, etc. for Christmas lunch or afternoon tea, and always plenty of laughter and chat! At other times members open their homes for tea and companionship. A Carer provides help to those who need some support due to disability, illness or old age. This can be for a few hours a week or for 24 hours a day. As we grow older each one of us may become a Carer for a spouse, parent, offspring, sibling, neighbour or friend. At times, it can be a lonely, tiring and stressful role and Wayland Carers aims to provide a small oasis of relaxation. We welcome new Carers from within or outside the FoL congregation to join us.

Three successful **Senior Alpha** courses have been held during the daytime. They begin with coffee, follow the pattern of the normal Alpha course using DVD teaching and then end with lunch. We hope to have another course in spring 2010.

Pat Kerr is the leader of Footsteps. Recently she had a short break but we are pleased that she is taking over the helm again for 2010. We would love to welcome people to join us on the Footsteps Committee which makes all the arrangements for Good Companions, etc. as the present Committee is growing older and fewer! We usually meet at 10.30am on the last Thursday of each month in the Creche room. We would also invite you to consider coming to the monthly Good Companions meetings as a helper - preparing and serving food and above all chatting with our guests. If you feel that this is a ministry for you or have any queries about Good Companions, Wayland Carers or Senior Alpha please contact Pat on 01760-441013 or Jean on 01953-881842.

Jean Watson (Secretary/Treasurer Footsteps)

EN:LIGHTEN



The 2nd of January saw the first En:lighten event of 2010 and what a way to start the year! We ran a one-day Fashion and Textiles workshop for girls aged 10-16. The brief given was that each girl had to invent a fashion campaign around the issues of self-esteem and body image. This required them to decide what it was they were making a stand for and to design and make a collection of clothing or accessories that reflected this.

Each one of these girls rose to the challenge and the passion and strength in their campaigns was inspiring! We had so much fun throughout the whole day as friendships were formed and photo shoots took place. The outcome really was fantastic: 15 campaigns by 15 girls with big ideas and even bigger hearts!

The vision for En:lighten came nearly four years ago now and we cannot praise God enough for what we have been a part of over this time. We have been blessed enough to see young girls grow into strong, radiant followers of God knowing the truth of who they are in His love. These young people have begun to discover the plans that God has for them and to step out in faith whether in their own walk with God or in dancing on a stage in Watton High Street!

We are so excited about what God has in store for us as we step into a new year and a new way of doing things. Our vision for En:lighten is that it be a place where girls can recognize the gifts they have and grow in these. We think that being a girl is something to enjoy and that having fun together whilst using our gifts is what En:lighten 2010 should be about. Therefore our events for this year will be workshop based in areas from art to dance and anything in-between.

Our next event is on the 20th of February 2010 when we will be having more fun whilst cooking yummy food (and maybe eating a little of it too!). This event is open to all girls aged 10-16 and we hope to see many there! We can't wait to see what God has in store for us this year. It is such an honour for us to be able to encourage these girls in all they do as well as to be inspired ourselves by them. Praise God!

Beccie Marshall and Harriet Beckett

WHAT THEY SAY...

'En:lighten has shown me that I am truly beautiful. I have learnt so much about myself and my friends and my relationship with God has grown stronger.' *Esther*

'Very Inspiring!' *Martha*

'I thought En:lighten was extremely good and we should do it again.' *Bethany*

HOME GROUPS: PLACES OF BELONGING AND DISCIPLESHIP

These are midweek groups that meet in people's homes either during the day or in the evening. They usually meet every week, sharing fellowship and deepening one another's faith and you would be very welcome to join one.

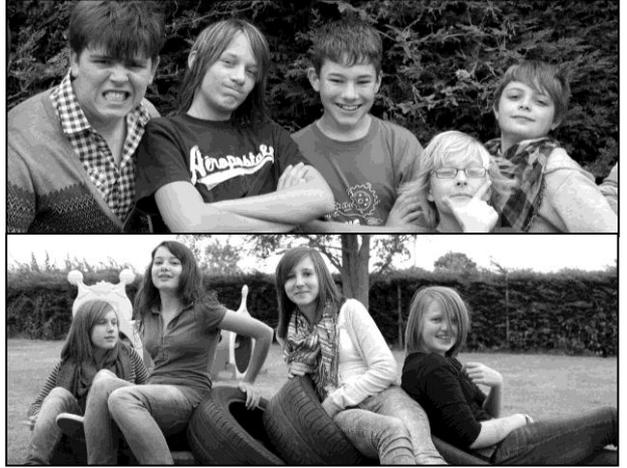
Please talk to Pippa Mawditt (01760 440363) if you are not sure which one would be best for you.



foLYOUTH

A SEASON OF GROWTH

I have got so much to tell you! The buzz word for this season has really been *Growth* and so much has exploded, not just with blossom but with real edible fruit! Following the great time with God the young people experienced after *Youth Alpha* we talked about ways they could be empowered and 'do church' themselves. We put into place some ideas in which this could be practically worked out and now we have young people being trained up in different ministries in the church. Young people are now doing worship regularly on Sunday mornings and in December we saw the first completely youth run service in the bungalow, where the young people took their own service in its entirety. Also, every six weeks one of the youth from *Beatitudes* prepares their own teaching material and presents it to the others; Jam has seen multiplication, seeing two separate groups emerging to accommodate the numbers and diversity of skill levels; the discipleship groups and *ID+* are in a good place (we have established and consolidated these groups and it appears we now need yet another group!) Most importantly, above groups, numbers and involvement, I feel like we've seen spiritual growth amongst the young people. We had a beautiful moment in our youngest group, *ID+*, in December when we were asking God to speak to us in words and pictures, which He did.



There has also been a greater ease with young people feeling freer to pray for each other and others - something we experienced powerfully as we went *Kingdom Knocking* on the streets of Norwich - praying for people in the streets and seeing what God has to say! (See the testimonies from this day below and opposite) There is a maturity rising up and I think it's an important time to give that a place to flourish.

We have set aside a number of ideas that we want to accomplish in this coming year. I feel God is now looking for us to go out more and more, into *The Surge* in Watton and into schools, as well as growing *Kingdom Knocking* and the youth-led service for His glory and to reach the lost.

So you can all be very proud of your young people for the things that they have been striving for over these past few months, for the self-discipline, the commitment, the passion and the love they have for what God is raising up in them. As a slightly older person I feel it is a real honour to be part of a church which has such vibrant young people reaching for Jesus!

AN AMAZING DAY 'KINGDOM KNOCKING'

On Saturday 23rd January a group of us, mostly teenagers, took to the streets of Norwich. Our objective was just to go out and see what God had in store. I think He has a real soft spot for young people doing things in His name and for His glory, and it looks like that is true. I was astonished at how eager they were and how willing they were to so openly show God's love to the people we encountered - what strength and passion in God these teenagers must have! They spent time meeting and talking with the homeless, hearing what their life is like and asking these people who have literally no material possessions what a 'wish list' for them would be. Their response to seeing first-hand the extent of need in these people's lives was to pool all their own money together and buy as much of the 'wish list' as possible (before the tea and baps went cold!).

It really was an amazing day and I felt quite honoured to see such outrageous generosity in these faith-filled teenagers, not to mention their willingness to take initiative and speak to people with no help from the leaders. And since we went out there has already been a fantastic response from both leaders and team - especially those who had never done it before. Check out the next page for some of the amazing testimonies from just two aspects of the day.

DAMIAN

We saw a homeless man sitting under an arch shaped doorway with two other girls. We offered them all chocolate and thankfully they took them and then my mom asked if there was anything we could do and the dude asked for a white coffee. After that we went into Nova's and got him a white coffee, two sandwiches, and a water. When we returned we gave him what we bought and we soon learned his name is Damian and that he came to Norwich after he had difficulties at the hostel he was originally at. He told us that for us to talk to him and give him stuff really touched him. After a while we told him we had to leave but that if we could we would come back later to talk to him. Lunch went by quickly and we soon find ourselves buying a hat, a scarf, some blankets and some socks for Damian. God had put him in our life for a reason and we were going to take this opportunity that God had definitely blessed us with. As we were walking back we saw Jim, Dean, and Jamie talking to him. We gave him the items we had bought and he was so thankful. He said that he was "really touched" by everything. Jamie and the others then left and we again took their place. We found out that the earlier group had prayed with him and he saw a candle in the darkness while his eyes were closed and they were praying that he saw the light. All of us pitched in and we walked him through the booklet. In the end, we were blessed with a new brother! **Dominee**

The Kingdom Knocking day in Norwich was a brilliant experience - we met many people during the day that were willing to chat about God and receive a chocolate! During the day we got to pray for a guy who was diabetic who couldn't eat the chocolate, and another guy who just wanted prayer. But I spent most of the day with a homeless guy who had nothing, and was just really thankful for the conversation we had with him (because he hadn't spoken to anyone in two days). We spent about an hour with him once we had bought him a coffee, food and warm clothes and he ended up talking about what had happened to him. The long and short of it is that he has only ever had two friends in his life - one of them died and the other stole all his money. Accompanied with this and mental health issues he ended up living on the street. We first saw Damian before lunch and he was open to chat about God. There was still a slight barrier stopping him knowing him personally but he was still happy for us to pray for him. Then during 'lunch break' another group from our church went and prayed for him and he said he had a picture of a candle in his head. So, when we saw him the second time he was really interested in knowing this Jesus bloke. I was walking round with Dee and on Wednesday she had a picture of an archway and low and behold he was sitting in one, so we knew it wasn't a coincidence we met him. So we prayed with him again and he gave his life to Christ. Kingdom knocking was a great thing to be a part of, and I would encourage anyone to do it. My advice would be to listen to what God's telling you and obey him in everything you do - and don't fear rejection, because Jesus himself was rejected by entire towns. **Juliette Richardson**

Wow, how do you put into words the power of the Holy Spirit flowing through you into the lives of others?! Amazing, incredible, life-changing, addicting; these are the adjectives that come to mind. God's love met us today in Norwich and we could see the tangible hand extend to the lost. We had the amazing opportunity to meet a man named Damian, who was open to talking, and was quite pleased to have someone to talk with. Throughout the day, we could see the softening of his spirit towards the love of Christ through various people stopping and talking, praying and loving him. To be able to see the light brighten as we talked to him about the love God has for him and to lead him to Christ was amazing. I'm hooked! I love being a part of God's kingdom building. **Danielle Roehm**

QUESTIONNAIRE

Today we were walking the streets of Norwich asking people to take part in a questionnaire about faith and beliefs. We found people were really willing to take time out of their day to talk to us. Many people said they had no faith and did not attend church. However, when we asked them, "If you were able to know God personally would you want to?" nearly everyone said they would so that is pretty cool :D **Esther**

... We stopped a school teacher she said she had gone to church a few times but only with the school. As we went through the questionnaire we found out she had prayed before lunch but only for the children not for herself. She told us she didn't believe in God but knew He was there. So we asked her if she wanted to know God and she said she would but only to confirm he was real. **Martha**

(Responding to a specific picture) we went to the entrance of Castle Mall and when we got there Jim had a vision of someone wearing a blue jumper. We asked lots of people to do the quiz and just as we were going to go back to the Forum we saw a girl in a blue jumper leaning against a shop. We went through the quiz and the booklet, left one with her and went on our way back to the Forum hoping we had planted a seed that would grow. **Chris**

Several young people were happy to answer questionnaires. One particular guy had always been interested in the spiritual realm. We talked about heaven and hell and why Jesus died - how our response in this life impacts our eternal destiny. Time to go came but we left him with a lemonade and a Knowing God Personally book. **Julia Rees**

The LORD your God is with you, he is mighty to save. He will take great delight in you,
he will quiet you with his love, he will rejoice over you with singing.
Zephaniah 3:17

fol TESTIMONIES

THE POWER OF PRAYER



It's always exciting when we see God doing things in people's lives. I would like to share with you what happened when I prayed with Sarah, who is the pre-school's link teacher.

I had a meeting with Sarah on the Thursday. Usually she is a very bubbly person but when she came into the pre-school on that Thursday it was obvious that she was in pain. I asked her what was wrong and she told me that she had been diagnosed with some form of arthritis that affected her joints, which I could see was swollen. I asked if I could pray for her and she immediately said yes and thanked me. So I prayed and then continued with our meeting.

I continued to pray for her that week and on the following Thursday met up with her at a training day. She told me she had received a cancellation at the hospital and had gone to have an X-ray that very morning. She then said that they could find nothing wrong and her joints were fine - and she was feeling much better. You can imagine my shouts of praise! But I also thank God for the deeper relationship that Sarah and I have since I prayed for her. Please continue to pray for her.

Andrea Jolly

PROPHETIC ENCOURAGEMENTS AMONG OUR YOUNG PEOPLE

God continues to reveal Himself in wonderful ways to the young people in our church family. The testimony below and to the right here has come in from the Identity group.

STOP PRESS PRAYER! WHITE HART, SWAFFHAM

Freddy Hedley spoke recently about the vision of Pilot Light Cluster in Swaffham to open the White Hart as a non-alcoholic 'pub' for young people. We have obtained the support of many local people and agencies and Neil Richardson has been working on a business plan with us. However, when we tried to contact the owners again with details of our proposal, we were told that they would not consider an offer for a non-alcoholic proposal. This was not said at our first interview with the agents. We are still confident that God has given us this vision so please pray that the owners will change their minds and come back to us with a willingness to negotiate either the lease or sale of the property.

My Picture

At Identity, in December, Tim asked us all to be quiet while he put some music on his CD player. He told us to clear our minds and ask God if he would give us a picture. As the music was playing I saw a beautiful, white dove flying through the sky. I drew it on the piece of card someone had given me at the start. The song soon stopped and Adam asked if anyone had had a picture, sent from God. Another girl on the other side of the room got picked first. She had had a picture of a flock of birds. She thought God was saying to her that she could go her own way but knowing God is always there. Then I told Adam of my picture. I thought it was telling me to be a peace maker, Adam was really pleased that two people had the same image.

DATES FOR YOUR DIARY

THE FATHER'S HEART WEEKEND, MAY 29-31 2010

Bookings are now being taken for this exciting event which is being hosted by the Fountain of Life at The Well. There are programmes for all ages and is going to be a fantastic time - not to be missed! The main speaker is Mark Stibbe with Ian Parkinson and the Bishop of Lynn, James Langstaff also speaking. Doug Horley will be with us to head up the children's programme, assisted by Mid-Norfolk Kidz Klub and our own children's team. Youth will be run by Mark Tuma (from Norwich YFC), Pete McAllen and Pete Wynter. For more information, or to book, contact Rebecca Watts (admin@folchurch.co.uk).



IT'S ONE OF THOSE
TRENCH 'WARM SALADS',
WITH SAUSAGE, FRIED EGGS,
BACON AND BLACK PUDDING.

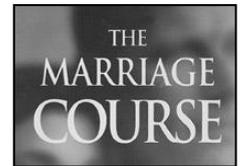


CALLING ALL MEN!

For all men aged 18 and over there is a Men's Breakfast at The Well ON 27TH February at 8.30am. It promises to be a fantastic time of fellowship and good food. The cost is £4 per head (but bring a non-Christian friend and they eat for free!). Pre-booking is essential - please call 01760 447 486. NO GIRLS ALLOWED!!!

CALLING ALL MARRIED COUPLES! A VALENTINE'S DINNER

Come to The Well on Friday 12th February for a romantic Valentine's candlelit dinner followed by a short talk on what makes a marriage grow and an invitation to the Marriage Course, which will be starting soon. The evening starts at 7.15pm (for dinner at 7.30pm) and costs a mere £10 per couple. Please contact Dick & Eileen Girling, 44 Ashburton Road, Ickburgh, IP26 5JA. Tel: 01842 879 864 to make your booking.



ROY GODWIN COMING TO THE WELL, 10TH MARCH

When Roy and his wife Daphne moved to the beautiful retreat centre at Ffald-y-Brenin in Pembrokeshire, they felt led to establish a rhythm of prayer, thankfulness and blessing. Since then they have witnessed a remarkable outbreak of God's bounty and blessing, which has impacted visitors, passers-by and the local community. The story unfolds in his recent book, *The Grace Outpouring*, and Roy will be sharing some of their experiences with us. Out of the reality of what has already happened at Ffald-y-Brenin, Roy now has a vision to see houses of prayer established throughout Britain and Europe, which he will no doubt also speak about.

In October 2009 the Call to Prayer team spent a wonderful three days at the centre, as a result of which it was felt a powerful East-West link had been established. We believe that these meetings can strengthen this link, bringing us all fresh direction and encouragement. Do come along if you possibly can - this promises to be a memorable evening!

MUSICAL KEYS: UNLOCKING BARRIERS IN COMMUNICATION THROUGH MUSIC

MUSICAL KEYS is a day at the Well for anybody who feels socially or emotionally isolated due to any type of 'disability' and will be a welcoming time of fellowship, support and encouragement. It is on 17th April from 11am to 2pm. Please contact Wendy Sergeant for details.

MONET WEEKEND IN PARIS, 22 – 26 APRIL 2010



Tony Lewin and Martin Down are leading a short break in Paris next spring, visiting Monet's Garden and the Museums at which many of Monet's paintings are exhibited (there will be plenty of time for visiting other attractions in Paris and all excursions during the stay, including the Monet ones, are optional). The cost of £230 per person includes travel, bed and breakfast. The trip is being advertised through local Art Groups, like Tony's, but everyone is welcome to come. More details and brochure from Martin Down (01760 336 492).

BOOKINGS

All bookings for the Worship Centre can be made through Rebecca Watts admin@folchurch.co.uk 07990 543131 or 01760 440735.

foI CALENDAR

FEBRUARY 2010

Sunday Worship

7 th	10.00	Service of the Word
	18.00	Feed the Soul: 'Climate change: fact or fiction?' (Genesis 7:1-8:22)
14 th	10.00	All Age Service
21 st	10.00	Holy Communion
28 th	10.00	Service of the Word
	18.00	Feed the Soul: 'A promise made' (Genesis 9:1-29)
	18.00	FoL in the City

Events (all activities at The Well unless stated)

3 rd	19.00	Alpha (week 3)
4 th	19.00	FoL Trustees and Church Council meeting
5 th	13.30	Bezalel Craft Group
5 th	19.00	Youth Discipleship (Location: See Adam)
6 th	10.10	Kidz Klub, Ashill
9 th	19.30	Prayer Ministry meeting for new members or anybody interested in finding out why we do what we do
10 th	19.00	Alpha (week 4)
12 th	18.30	ID+ (Years 6-8)
14 th	14.30	Good Companions
16 th	19.30	Prayer Ministry meeting for existing members, to encourage and pray for one another
17 th	19.00	Alpha (week 5)
19 th	19.00	Awaken Prayers
	19.00	Youth Discipleship (Location: See Adam)
20 th	10.10	Scarning Kidz Klub (Scarning School)
24 th	19.00	Alpha (week 6)
26 th	18.30	Identity (Years 5-6)
27 th	08.30	Men's Breakfast

Thursday Prayers - 10am every Thursday in the worship centre. Not half term
Noah's Ark Parent and pre-school gathering - 10am every Thursday in the bungalow
Jam Youth Band - 18.30 every Thursday I the Worship Centre

LOOKING AHEAD

5 th 12 th 19 th 26 th Mar	Identity (years 5 & 6)
29 th May - 31 st May	'The Fathers Heart' - Fountain of Life Weekend at Home
30 th Apr - 3 rd May	Youth Alpha Camp
26 th Jul - 30 th Jul	Scarning Holiday Club
31 st Jul - 6 th Aug	New Wine Conference (North & East)
9 th Aug - 13 th Aug	Ashill Holiday Club
16 th Aug - 20 th Aug	Soul Survivor (week 3 youth camp)

DEADLINE FOR foI NEWS 2010

The deadline for submitting news articles and testimonies for the Mar 2010 edition of foI NEWS is only a few weeks away. Please submit anything to admin@folchurch.co.uk by February 20th. If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise even if foI NEWS has been printed. Where possible, please try to keep articles to 250 words or less!