

WHO'S WHO?

Stephen and Pippa Mawditt: Stephen leads the Fountain of Life church and the Fountain Network. Pippa serves alongside him on the leadership team.

Paul Wilkinson is ordained and serves on the leadership team as assistant minister.

Wendy Sargeant serves on the leadership team as Licensed Lay Minister and heads up Our Place and the prayer ministry team.

Phil Starling heads up the worship team supported by **John Watts** as Worship Pastor.

David Blane leads the administration team and oversees the New Wine Discipleship Year and Young Adults Ministry

Neil Richardson is our Finance Manager with **Rysia Bane** serving as treasurer

Maryanne Richardson leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

Matt Beckett is our Youth and Kidz Klub worker.

Eleanor Alexander is our Assistant Youth Worker

Andrea Jolly is our Family and Children's worker. Andrea runs First Steps, a Christian pre-school.

Susan Walker heads up Good Companions, our ministry to older people.

Freddy Hedley is our Training Director

Andrew and Julia Rees head up evangelism.

Heather Nunn oversees our Mercy ministry, which includes our work with CAP.

Rosie Smith watches over the prophetic ministry.

Joy Fernando coordinates our pastoral visiting team

Fred Edwards is our site warden.

folNEWS

MARCH 2015

News from the *Fountain of Life*

Dear Friends,

It never ceases to amaze me how quickly the beginning of a year disappears and we find ourselves in the midst of Lent. The movement from feasting to fasting seems all too abrupt. Fasting, I am told, is good for us but I must confess that it is not my favourite activity nor am I particularly good at the self-discipline required. A chocolate éclair is an easy distraction. Fasting is of course more than abstinence, although a period of self-denial helps us remind our bodies who's in control, especially if it's from an activity that threatens to become our 'god'.

We are alive at a time when the Gospel is being heard, amazing stories of transformation and healing are taking place, the church is awakening and the opportunities for advancing the Kingdom of God are on the increase. The tide has turned. It's at such a time as this that Jesus says: fast and pray. It's for revival. A habit is formed in 6 weeks - conveniently the length of Lent. So, here are some ideas.



Dietary fast - The traditional 'chocolate' fast or any other substance that you really depend upon. I remember the example of someone who gave up drinking tea -and survived! Have you thought of having a 24 hour fast from sundown to sundown; or fasting a meal a week? Some of you will be further on than this - but remember, we're novices!

Technology fast - Fasting from TV; or having a day a week resisting all technology: no facebook, twitter, e-mail or computer. Sounds like heaven.

Time fast - Paul has now instigated our 9am regular time of prayer - could you join in with this wherever you are? Set aside 10 or 15 minutes at that time to pray. A few years ago we suggested pausing at 12 noon to pray the Lord's prayer and spend 10 or 15 minutes in prayer. Is that a rhythm you could make work for you? If not, when could you fast your time to pray? Fasting is towards feasting. Fast your time to feast on the word of God; push yourself to find more time than you already give to this discipline of searching the Scriptures.

Energy fast - Some of us will remember the time during Hope 08 when we were all encouraged to make time and energy available to engage in 'random acts of kindness'. Writing an encouraging note, cooking a meal or going shopping for someone etc. Not everyone liked the idea of these acts being 'random' - so we can be intentional!

Towards the end of Lent we're having another 40 hours of prayer event concluding at our Good Friday 'Waiting at the cross' service. Could we stretch to a 40-hour fast?

This Lent may we all discover afresh the joy, peace and empowering that Jesus promised were the fruit of prayer and fasting.

With love and prayers,

Stephen and Pippa

Fountain Celebration

Sat 18 April | 7pm | The Well

An evening of worship, teaching and ministry with Roy and Daphne Godwin who will be speaking on personal and community transformation drawing out of their experience at Ffald-y-Brenin and around the world.

Earlier, in the afternoon, from 2:30pm, Roy will be leading a seminar teaching more specifically about the Local Houses of Prayer model which has emerged out of Ffald-y-Brenin and become a worldwide movement. It's a way of seeing mission and evangelism flow out of prayer.

There is no need to book and no charge, donations will be taken on the day. This is going to be an amazing opportunity to gather with our extended family from across the Fountain Network to worship and encounter God together.



Stephen Mauditt

40 Hours of Prayer

40 Hours of Prayer is back! During Easter week you will once again have the space for personal encounter and to pray for the church and its ministries. The theme will be *being an example of Christ wherever we go*. There will be a variety of different prayer stations for you to personally encounter God and grow to be Christ-like in your *character, ability and calling*. In January we saw the launch of Missional Communities. During the 40 hours there will also be an opportunity for you to pray for each community and learn a little more about what they do.

40 Hours of Prayer will run from 8pm on Wednesday 1st April until midday on Friday 3rd April.

Similar to last time, the 40 Hours will kick off with an hour of worship, praise and prayer. Also, there will be opportunities for early morning worship on the Thursday and Friday. The rest of the times you can sign up in the foyer for hourly slots. Please feel free to bring along your children, there will be areas to accommodate them as well.

More information will follow in The Headlines on Sunday mornings so listen out for me!

I really urge and challenge you to come and join in, by putting aside some time to pray with us. I hope to see you there!

Matt Schwarzenberger



*fol*FAMILY

Agape - A support group for those experiencing loss

'I want to be heard'

'I want to be understood, rather than fixed'

'I want to be accepted in my downs as well as my ups'

The Fountain of Life recognises the need for listening to those who have suffered bereavement of any kind (family member, marriage, job...) which is why since January we have been running a support group called Agape. We meet every week in term time in the main church building for an hour. Refreshments are provided. During that time, we are seeking to listen to one another without providing quick fixes. Our feelings are acknowledged and that is helping us to heal and grow.

The group is confidential and is open to all. It is developing into a safe place to share feelings and respond to one another. Prayer is available after the meeting for anyone who desires it.

We meet on Thursdays from 1.30-2.30pm in the worship centre.

For more information or to book in, please contact Carol 01953 884993 or Joy 07905 039201

Carol and Joy

Blenheim Community Cafe

As part of Blenheim Missional Community, we have started a Community Cafe in the Cabin on Thursday mornings 10-12pm.

This is for all ages, and will have a relevant theme each week with an activity or two. Please pray that the Lord will draw people from this community and that it will help build relationships. Feel free to pop in and visit us if you are in the area, and you are also welcome to contribute tea/coffee/biscuits if you wish.

Hephzibah Jesudas



Bookings

All bookings for the Worship Centre, Bungalow or Stables can be made through David Blane on admin@folchurch.co.uk or 01760 441 902

folFAMILY

Our Place

We had a great Film Afternoon on Valentine's Day with around 100 of us enjoying the film *Frozen* which, of course, is all about 'true love'. We introduced the prayer tree mentioning Father God's amazing love which is above all others and melts the coldest of hearts. Several folk put their 'red prayer label' on the tree and received their chocolate heart in return. Many were unable to sit through the whole film and enjoyed colouring in a picture of the *Frozen* Prince and Princess or decorating a small cake with icing and hearts all of which they were able to take home, together with a red love heart balloon at the end of the afternoon.

Our next event is the Family Day on 28 March (11am - 3pm) with an Easter theme. As always, you are welcome to pop in to say hello to our lovely visitors even if you can't stay for the whole time.

We thank God for our wonderful team which truly shows the effective working of the Body of Christ when each member exercises their God-given gifts in the power of the wonderful Holy Spirit.



To request prayer for an **emergency** or **pressing need**

text **07905 039201**

phone message **01953 797012**

email **joy.fernando@live.co.uk**

CAP Debt Help

Christians Against Poverty gives free debt help to anyone. Thousands have already been given hope and a solution through our CAP Debt Centres. To contact our team for help, please phone

0800 328 0006

folCALENDAR

March 2015 Sunday Worship

- 1st 10.00 Service of the Word: *Genesis 17:1-7, 15-16; Psalm 22: 23-end; Romans 4:13-end; Mark 8:31-end*
18.00 Feed the Soul: *Daniel 6:1-6:28*
- 8th 10:00 Holy Communion: *Exodus 20:1-17; Psalm 19; 1 Corinthians 1:18-25; John 2:13-22*
18.00 Feed the Soul: *Daniel 7:1-7:28*
- 15th 10.00 All Age Service
18.00 Feed the Soul: *Daniel 8:1-8:27*
- 22nd 10.00 Holy Communion: *Jeremiah 31:31-34; Psalm 51:1-13; Hebrews 5:5-10; John 12:20-33*
18.00 Feed the Soul: *Daniel 9:1-11:1*
- 29th 10.00 Service of the Word: *Mark 11:1-11; Psalm 118:1-2,19-end*
18.00 Feed the Soul: *Daniel 11:2-12:13*

March 2015 Events

- 1st 09.00 Sunday Prayers
3rd 18.00 WTC Training
4th 13.30 Digging Deeper
19.30 Digging Deeper
6th 19.00 Worship Team Meeting
8th 14.30 Good Companions
10th 18.00 WTC Training
11th 13.30 Digging Deeper
19.30 Digging Deeper
19.30 FOLtography
13th 09.00 Bezalel
18.30 Thirst Ashill
14th 10.00 Kidz Klub Wayland (Wayland Junior Academy Watton)
15th 15.00 Refresh (28 Welden Road)
17th 18.00 WTC Training
18th 13.30 Digging Deeper
19.30 Digging Deeper
20th 19.00 Encounter
19.00 Awaken
21st 10.00 Kidz Klub Scarning (Scarning School)
10.00 Who Let the Dads Out?
24th 18.00 WTC Training
25th 13.30 Digging Deeper
19.30 Digging Deeper
26th 19.00 Marriage Course Launch
27th 09.00 Bezalel
28th 09.00 Our Place Family Day
10.00 Resourcing Mission (Norwich Cathedral)

Coming up

- 1st April - 40 Hours of Prayer
3rd April - Waiting at the Cross
18th April - Fountain Celebration (with Roy Godwin)
25th April - New Wine Kids Workers Day
28th April - Prayer Ministry Training
9th May - Kingdom Theology Day

Morning Prayers - 9am every weekday in the Stables

Thursday Prayers - 10am every Thursday in the worship centre term time.

Noah's Ark Parents and Toddlers - 10am every Thursday in the bungalow term time.

Agape - 1pm every Thursday in the worship centre term time.

All activities are at The Well unless otherwise stated

DEADLINE FOR folNEWS APRIL 2015

The deadline for submitting news articles and testimonies for the April 2015 edition of folNEWS is Friday 20th March. Please submit articles to admin@folchurch.co.uk. If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise even if folNEWS has been printed. Where possible, **please try to keep articles to 250 words** or less.