

WHO'S WHO?

Stephen and Pippa Mawditt: Stephen leads the Fountain of Life church and the Fountain Network. Pippa serves alongside him on the leadership team.

Paul and Colette Wilkinson Paul is our Assistant Minister. Colette serves as the named person for child and vulnerable adult protection.

Wendy Sargeant serves on the leadership team as Licensed Lay Minister and heads up Our Place and the prayer ministry team.

Phil Starling heads up the worship team supported by **John Watts** as Worship Pastor.

David Blane leads the administration team and oversees the New Wine Discipleship Year

Neil Richardson is our Finance Manager with **Rysia Bane** serving as treasurer

Maryanne Richardson leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

Matt Beckett is our Youth and Kidz Klub worker.

Eleanor Alexander is our Assistant Youth Worker

Andrea Jolly is our Family and Children's worker. Andrea runs First Steps, a Christian pre-school.

Susan Walker heads up Good Companions, our ministry to older people.

Freddy Hedley is our Training Director

Andrew and Julia Rees head up evangelism.

Heather Nunn oversees our Mercy ministry, which includes our work with CAP.

Rosie Smith watches over the prophetic ministry.

Joy Fernando coordinates our pastoral visiting team

Fred Edwards is our Site Warden.

folNEWS

JULY/AUGUST 2015

News from the *Fountain of Life*

Dear Friends,

Recently I've had a number of problems with technology. In fact as I look back over the last couple of months it's become quite a catalogue. So far I've had trouble with 2 printers, 2 computers, 2 cars, a DVD player and to add insult to injury the head snapped off my hairbrush and landed in the toilet. For a middle aged, balding man



that one probably hurt the most! Happily I can report that both printers are now working again (mostly), the cars have been replaced with better ones, we have an operational DVD player, the laptop is still going and I have a new brush. All I need now is something to apply the brush to and my happiness will be complete.

Interestingly all of the things that went wrong had my name on them. I had bought both printers, the computers (a laptop and a tablet) were both mine, the cars were both registered in my name and the hairbrush... you know about! It was beginning to feel like someone had it in for me and I'd reached a point where I'd started thinking, "what's going to happen next" but before anything had actually happened. I became nervous about going out in the car in case it broke down and I worried about the rest of my family travelling any distance in case they got stranded somewhere.

We managed quite well through these inconveniences and now I can look back and see that they were just 'inconveniences'. It's just so easy to get wrapped up in the significance of our possessions that we stop seeing them for what they really are. They are just things that sometimes make life easier and sometimes they make it more complicated. Nothing more.

The truth is that I can manage without quite a lot of the things we have. I can even make my head look reasonably presentable by polishing it with a damp cloth. What I can't do is ignore the fact that God has provided everything that my family needs. I was reminded of that again when one of the new, 'better' cars broke down while I was away visiting my parents and powerless to do anything about it. It was a comparatively minor problem that was repaired free of charge by the company we bought it from and it was inconvenient but nobody came to any harm.

Here is what's important; "Fear God and keep His commandments, for this is the whole duty of man." (Ecclesiastes 12:13b). The rest is just stuff that occupies too much time and way too much energy.

With every blessing

Paul Wilkinson

Stepping out in courage

Pentecost Sunday's message was 'to step out in obedience to God and He will do the rest'

The following Tuesday, when I was gardening, I met Sam who I hadn't seen all year passing by on her daily circular five mile walk. I told her how concerned I'd been and gradually her story unfolded. She was born with a heart defect and, aged 15, required open heart surgery. Now, 35 years later, she required more extensive surgery and recovery was painfully slow and frustrating. Her iron levels had fallen dramatically, her breathing laboured and nausea a real problem.



As I listened I was also aware that a voice was saying, 'Pray for her.' My mind was answering, 'But I don't know her that well!' The voice returned, 'Just obey!'

So I asked, 'Sam, would you like me to pray for you? To my utter amazement and joy she replied, 'Oh, yes please, would you?'

Three weeks went by with no news so I popped a letter through her door. The next afternoon this wonderful reply dropped on my carpet:-

'It was in those few moments when you prayed for me that I honestly believe was the moment I started to improve.' Trying to cut my lawn three weeks ago had me rolling on the ground in agony but now I manage with just the odd pause! At Papworth, today, my surgeon told me he was very pleased with the surgery results and now my iron levels are rising and the medication discontinued that caused the nausea.'

Isn't God wonderful? Be encouraged!

Christine Buscall

Spring Cleaning

I am pleased to say that the Spring Clean event at Blenheim Grange on 13 July went well with the support of 30 adult volunteers and 7 children. We have managed to clean and clear the parks and open spaces which were overgrown and had gathered litter. We have made three new paths making it all accessible to the whole community. We are encouraged by the turn out, enthusiasm and interest from volunteers to want to engage with similar activities in future. This will no doubt will lead to more events which brings the community together. I am thankful that this gave me opportunity to meet many new people on the estate over the past few weeks.

If you like to be part of what is happening here, do let us know. We have an event coming up at Blenheim on 18-19 July. Thanks

Hephzibah Shipman

East Coast to West Coast

As many of you will know by now I have been called by God to go and do the first year of the Bethel School of Supernatural Ministry running from September 2015 to May 2016 in Redding, California. This course is designed to equip and deploy revivalists who passionately pursue world-wide transformation in their God-given spheres of influence. I will be trained to minister more effectively in the gifts of the spirit and to live a supernatural lifestyle while growing in intimacy with him. The vision that God has for my life is to be a revivalist church leader in England and this school is the next step in stepping into that vision. If you would like to support me in my trip then there are a few ways you can give.



1) Directly towards tuition fees and the mission trip

This can be done by searching for me through the BSSM website. (<https://my.bssm.net/donations/students/search>)

2) Through the Fountain of Life

If you give through the Fountain of Life then your donation can be gift-aided. This money will come directly to me so will be used for flights, accommodation costs and any outstanding tuition fees. Talk to Rysia Bane or Neil Richardson for information on how to do this!

Thank you so much to all of you for the input and support you've put into my life over the last 5 years at Fountain. I wouldn't be where I am today without the help of all of you and I am so grateful to God for what he is doing in this church and region. I'm looking forward to seeing what God will do over the next year and returning with testimonies of his goodness.

David Blane

Testimonies

We would love folNEWS to feature more stories of God at work in everyday life whether that's related to healing, answers to prayer, or seeing His hand at work in our lives. It's such an encouragement for all of us to hear testimony to the Father's goodness and gives glory to Him. So - email the stories to the office and look out for them in a future edition. Is there someone who would love to be a gathering point for testimonies? If so, we would love to hear from you. Speak to Dave, Paul or Stephen.

Stephen Mauditt

Bookings

All bookings for the Worship Centre, Bungalow or Stables can be made through David Blane on admin@folchurch.co.uk or 01760 441 902

Watchmen on the walls

Spurgeon once said, "If God be near a church, it cannot help but pray. One of the first signs that God is not near a church is a slothfulness in prayer."

When people pray the Kingdom of God advances and history records that every revival that has ever taken place started with people coming together to pray.

It reminds me of that story in Exodus when Moses held out his staff over the battlefield. As long as he kept his staff aloft Israel prevailed but when it was lowered the enemy began to gain ground (see Exodus 17:11 - 13).

We have begun our 6th month of meeting to pray each weekday morning (at 9am), our Thursday morning prayer group (at 10am) continues to persevere in prayer and we have now had two 12-hour days of prayer with another to follow on the 23rd July.

We've been putting up a prayer wall for a week before each 12-hour day of prayer so that you can write down the things you would like us to pray about. It is headed with this quotation from 2 Chronicles 7:14,

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and I will heal their land. Come and pray with us and you'll see what amazing things God can do.

Paul Wilkinson



Is the Father calling you into church leadership?



If your answer to this question is 'yes' or 'maybe' - or you feel a prompt of the Holy Spirit as you read the question then may I invite you to an evening together to explore the question further. It is on Wednesday July 22nd at 7.30pm at The Stables. This is particularly for those of you who feel called to ordination or lay leadership in a way that is recognised by the Church of England - although I would love you to also come along if you feel that there is a call to leadership upon your life that may have an expression outside of this particular denomination.

Those of you who indicated that this could be you by raising your hand at the Father's Day service should receive an invitation from me but if you don't it will be because I didn't spot your hand! So, please come anyway. Any further questions contact me on stephenmawditt@tiscali.co.uk or 01760 440363.

Stephen Mawditt

Hi Young People!

Want to worship?
Don't have an instrument?
Don't know how to play?

Don't worry, I want to help!

Each Tuesday 4-5pm I will start holding practice sessions to help you learn your instrument. Everyone learning will gather together where I will help you all practice and hopefully together we will make some awesome music! To start off will be focussing on playing guitar, but if you are interested in learning other instruments hopefully I will be able to help you out in the new school year.

If you don't have an instrument I'm going to try and help you find them!

If you are not a YP but like this idea keep reading below, but if you're wanting to come and learn then come and join me next Tuesday (30th June)

Hi Old People!

Want to help young people worship Jesus?
Have a guitar lying at home gathering dust?
Could you lend that guitar to me?

I'm looking at gathering instruments that are not being used to give some of our young people a chance to learn how to worship with them. Each week I'll host a practice session for the young people borrowing instruments and encourage them whilst making sure all instruments are in full working order! I'm hoping that we'll be able to help our Y's to gain the skills they need to lead us in worship for years to come.

If you can help out, please get in touch.

Matt Beckett



Mid Norfolk CAP Debt Centre

Heather Nunn has started her training to be the new Debt Centre Manager with two days in Bradford at CAP HQ at the end of May. She has to do another three days training at the beginning of July and then she will be seeing her first client who is already booked in for the 10th July so she will be hitting the ground running!

Her working days will be Wednesday and usually either Friday or Saturday each week and she will be working from The Stables as much as possible.

Are you interested in assisting her in this work? We would like to build the following small teams:

Prayer Team: A small group already meets at 1pm at The Stables on the third Friday of each month for one hour (and they usually take their own lunches to enjoy). Would you like to join them? Heather also plans to join the 9am Prayer at The Stables each Wednesday and Friday as often as possible. If you can't make these meetings would you like to receive the regular CAP prayer bulletin to pray through?

Visit Team: Heather will need someone to accompany her on each first visit to a new client. No special skills are needed for this work - you just need to listen, be friendly and unphased by whatever the situation is and pray silently for the client and Heather during the visit. You will need to allow up to four hours maximum (including any travelling time) for each visit.

Centre Administrator: After the first visit Heather will need to find a support worker/befriender who lives close to the client who can provide a connection to the local church. Would you like to do this work?

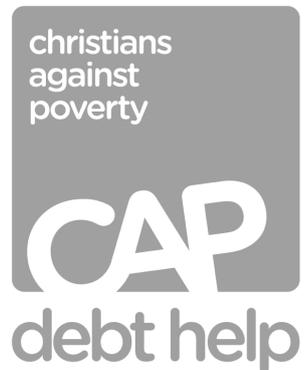
Blessings Team: You may be asked to take a client food shopping or to bake cakes or make meals for clients, organise birthday cards or specific gifts requested by the Centre Manager from time to time.

Social Team: You may like to connect with a client outside of visits/befriending by inviting clients round for meals, walks, activities or to church events.

Heather will be able to provide training for these roles so that you will be confident. If you want to have any contact with our clients you will need to have a DBS check which can be carried out at The Stables.

If you are inspired to get involved in this valuable work, lifting people out of the prison of poverty and sharing the Good News with them please let Heather know 01760 440837 or 07979 264047.

Heather Nunn



CAP Debt Help

Christians Against Poverty gives free debt help to anyone. Thousands have already been given hope and a solution through our CAP Debt Centres. To contact our team for help, please phone

0800 328 0006

Thefford Foodbank

Thank you for your continued support for Foodbank. Presently the Foodbank is particularly short of the following items and would appreciate your help in stocking up on them:

- UHT Milk
- Sugar
- Longlife fruit juice
- Squash
- Pasta
- Tinned Rice Pudding

The Foodbank collection point is via the plastic container situated under the table in the Foyer.

If you know of anyone who is struggling to put food on the table we are able to issue Foodbank vouchers. Please contact Heather Nunn, 01760 440837 or 07979 264047.

Heather Nunn



To request prayer for an emergency or pressing need

text 07905 039201
phone message 01953 797012
email joy.fernando@live.co.uk

Kidz Klub need your help (and your kitchen rolls!)

This summer Kidz Klub Holiday Club is venturing to the East pole (that's right, the East pole!) and there's loads you can do to help children choose Jesus this summer. You can take an orange or yellow invitation for your children, grandchildren or neighbours children. You can talk to either of us about serving on team, we still need extra help. You can give financially to Kidz Klub to enable more kids to come. Possibly the easiest thing you can do is bring us your empty kitchen rolls. We need about 100 by the end of July. Unfortunately we cannot accept empty toilet rolls. They're gross! Leave your kitchen rolls in the box in the foyer!

Matt and Maryanne

folCALENDAR

July/August 2015 Sunday Worship

- 5th 10.00 Service of the Word: 2 Samuel 5:1-5,9-10; Psalm 48; 2 Corinthians 12:2-10; Mark 6:1-13
18.00 Feed The Soul: Revelation 18:1-20:15
- 12th 10:00 Holy Communion: 2 Samuel 6:1-5,12b-19; Psalm 24; Ephesians 1:3-14; Mark 6:14-29
18.00 Feed The Soul: Revelation 21:1-22:24
- 19th 10.00 Service of the Word: 2 Samuel 7:1-14a; Psalm 89:20-37; Ephesians 2:11-end; Mark 6:30-34, 53-end
18.00 Taking Back Sunday
- 26th 10.00 Holy Communion: 2 Samuel 11:1-15; Psalm 14; Ephesians 3:14-end; John 6:1-21
- 2nd 10.00 Service of the Word: 2 Samuel 11:26-12:13a; Psalm 51:1-13; Ephesians 4:1-16; John 6:24-35
- 9th 10.00 All-Age Communion
- 16th 10.00 Holiday Club Service
- 23rd 10.00 All-Age followed by Sandringham Picnic
- 30th 10.00 Holy Communion: Song of Songs 2:8-13; Psalm 45:1-7; James 1:17-27; Mark 7:1-8,14,15,21-23

July 2015 Events

- 1st 13.30 Digging Deeper
19.30 Digging Deeper
- 3rd 18.30 Elevate (62 Moorgate Road)
19.00 Worship Team Meeting
- 8th 13.30 Digging Deeper
19.30 Digging Deeper
19.30 FOLtography
- 10th 09.00 Bezalel
18.30 Thirst Ashill
- 11th 10.00 Kidz Klub Wayland (WJAW)
15.30 FOL Party
- 12th 14.30 Good Companions
15.00 Refresh (29 Welden Road)
- 15th 13.30 Digging Deeper
19.30 Digging Deeper
- 17th 18.30 Elevate (62 Moorgate Road)
- 18th 10.00 Kidz Klub Scarning (Scarning School)
- 24th 09.00 Bezalel
- 25th -31st New Wine Week 1 (Shepton Mallett)

Morning Prayers - 9am every weekday in the Stables

Thursday Prayers - 10am every Thursday in the worship centre term time.

Noah's Ark Parents and Toddlers - 10am every Thursday in the bungalow term time.

All activities are at The Well unless otherwise stated

August 2015 Events

- 2nd 12.30 Worship Team BBQ (The Stables)
- 10th -14th Holiday Club Wayland
- 10th -14th Holiday Club Scarning
- 27th - 31st Momentum (Shepton Mallett)

DEADLINE FOR folNEWS SEPTEMBER 2015

The deadline for submitting news articles and testimonies for the September 2015 edition of folNEWS is Friday 14th August. Please submit articles to admin@folchurch.co.uk. If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise them even if folNEWS has been printed. Where possible, **please try to keep articles to 250 words** or less.