

WHO'S WHO?

Stephen and Pippa Mawditt
Stephen leads the Fountain of Life church and the Fountain Network. **Pippa** serves alongside him on the leadership team.

Paul and Colette Wilkinson
Paul is our Assistant Minister and leads the Admin Team. **Colette** serves as the named person for child and vulnerable adult protection.

Wendy Sargeant serves on the leadership team as Licensed Lay Minister and heads up Our Place and the prayer ministry team.

Phil Starling heads up the worship team supported by **John Watts** as Worship Pastor.

Neil Richardson is our Finance Manager with **Rysia Bane** serving as Treasurer

Maryanne Richardson leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

Matt Beckett is our Youth and Kidz Klub worker.

Eleanor Alexander is our Youth Worker.

Matt Schwarzenberger is our Kidz Klub and Transition Worker.

Andrea Jolly is our Family and Children's worker. Andrea runs First Steps, a Christian pre-school.

Susan Walker heads up Good Companions, our ministry to older people.

Freddy Hedley is our Training Director.

Andrew and Julia Rees head up evangelism.

Heather Nunn manages our Debt Centre and oversees our Mercy ministry, which includes our work with CAP.

Rosie Smith watches over the prophetic ministry.

Joy Fernando coordinates our pastoral visiting team.

Fred Edwards is our Site Warden.

Carol Edwards keeps a record of testimonies.

folNEWS

News from the *Fountain of Life*

November 2015

Dear Friends,

On the whole our world is in a mess. Crisis upon crisis threatens to overwhelm us. Generation after generation perpetuates the disagreements of the past with ever increasing violence and wars succeed wars. People are oppressed, battered, made homeless, persecuted, maimed, drowned, beheaded, massacred on a daily basis. God's people are intended to be a haven, a safe port in the midst of the storm. A place of peace and harmony. A place in which we flourish and learn how to fly again when our wings have been damaged. So, are we that place? Or are we little better than the world in which we live? How well do we live at peace with one another?

We are approaching Advent, the season when we declare in a hope-filled way, 'Maranatha, Come Lord Jesus?' We look forward to the mess being cleared up but, in the meantime, sometimes it means we have to clear up our own mess as best we can. As Paul says in Romans 12:18, "If it is possible, as far as it depends on you, live at peace with everyone." Sometimes we find ourselves in the position of peace-makers acting in a way which creates the possibility for reconciliation between injured parties. But, sometimes we ourselves may have to seek to make our peace with a person whom we have offended or hurt, unintentionally or otherwise. How do we go about that?



Well, this isn't a self-help 'how to' lesson, it's a challenge for us to make our church, our family, our place of belonging a safe place in which people can find haven. On the whole we do that well but it's a tall order to live up to the standard set by Jesus, the Prince of Peace, especially when we might disagree with one another. The call is to make peace not keep the peace!

So, what can help, or, in the apostle Paul's words, "who will rescue us?" (Rom 7:24) Peace is a fruit of the Spirit so the more we develop our relationship with God and seek to be filled with His Spirit the more peace will flow through us; the more we trust in Him the more peace we shall have (Rom 15:13). We cannot broker what we do not carry. Get close to the Peace-maker and we become like Him.

Of course there are practical things we can do. We can learn to control our tongue, we can refuse to take offence, we can choose to interrupt the cycle of gossip, we can choose to live in the light with issues that need discussion, we can choose to privatise our disagreements and not allow them to taint the community. It's not easy but the God of peace is with us and lives in us and that ought to be enough.

During Advent, which starts on November 29th, apply a negativity fast. Take every thought captive. Is this good and wholesome? Is it loving? Does this build unity? How can I present what I believe to be true in such a way that it moves us all forward and does it really need to be said? Let's go even further - feast on positivity: what can I say today that will be real encouragement, that will cause a flourishing, that will lead to breakthrough, that will broker health, life, hope and above all peace.

Love and prayers,

Stephen & Pippa

Operation Christmas Child

As a church and as individuals we have supported the work of Operation Christmas Child for a number of years. It is a branch of the charity Samaritan's Purse which is run by Billy Graham's son, Franklin Graham. Each year, thousands of children are given a shoe box full of practical items and gifts, packed by people from the US and the UK and delivered by local churches who then have an opportunity to share the Good News of Jesus Christ.



If you would like to be involved this year, please see the leaflets in the foyer or the website for more details. www.samaritans-purse.org.uk as there are important guidelines to follow about what to include. You can also knit items to be donated and there are links to knitting patterns on the website or on the Pinterest and Facebook pages if you need some ideas! Please leave your donations in the foyer before Sunday 18th November. I look forward to collecting them all!

Rachel Carroll

CHRISTMAS EXPERIENCE



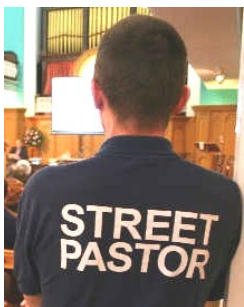
Tuesday 1st December - Friday 11th December. If you'd like to join the team, please speak to Maryanne Richardson, Matt Beckett or email kidzklub@folchurch.co.uk. Thanks!



Could you become a Town Pastor or a Prayer Pastor?

Dereham Town Pastors is currently seeking local Christians to become Town Pastors and Prayer Pastors. Are you over 18 and part of a local church? If so, we need you now!

In Dereham patrols will go out on Friday afternoons and/or evenings, concentrating on helping youngsters aged 11 to 19, listening to their cares and concerns and responding accordingly. We need volunteers for street patrols to begin a training programme in late November which would continue in January and February.



Town Pastors out on patrol are always supported by the prayer team, some of whom pray together at Trinity Methodist Church in Dereham, while others pray at home. Prayer Pastors would only need to attend the prayer training session due to be held in early February.

Is this for you? If so, take that first step and telephone the Dereham Town Pastor Administrator, Tricia Waller on 01362 694129 or 07941 492020,

Email: admin@derehamtownpastors.org.uk or visit our website: www.derehamtownpastors.org.uk

Testimonies

If you have a testimony we'd love to hear what God has been doing so that we can share it with others and give God the glory. Please contact Carol Edwards (carol.edwards1122@btinternet.com) or speak to Stephen or Paul.

News from our Gap Students!

Sequoia, 18, is working in a school on Jeju island, South Korea. She writes.. .

Hello to all, thanks so much for your prayers, best wishes and emails, they are so appreciated on the more exhausting days as well as the good ones! Life is hectic here, with lots of events and competitions taking place across the school, but the weather is still clear and hot - we're waiting for the winds to come in any day now!

I've been mainly working in the junior school and the boarding house, making lots of displays and running activities, but have also been involved with some of the older children through tutoring and clubs! I'm enjoying every minute of my time here, with the staff, the other gap students, and the children, who are so easy and willing to love and be loved! The church held on campus has been so open and welcoming- ensuring I have translations for services and I have taken on two girls who speak Chinese/English to run a small Bible study group, so that they don't miss out on what is a usually Korean speakers experience! I will be spending the half term in the Philippines, sightseeing and generally exploring the islands. I would really appreciate prayer for good health for both myself and, more importantly, the children, some of whom have been very unwell in recent weeks and for the church here who are experiencing financial and venue related difficulties! Thank you!

Sequoia.



Hannah, 19, is working in a school near Kuala Lumpur in Malaysia and writes..

Hi everyone! I've settled in well in Malaysia. Thanks for all your prayers and best wishes - I really appreciate it. It is hot and humid here and there has been a bad pollution-haze around the city recently, but is clearing up now, so there are more sunny days. I've been doing lots of PE lessons and swimming with all ages (reception to 6th form) which I'm enjoying, I'm also getting involved in year 5 lessons and art classes. The work is good fun and I am having a good time socialising too.

I'm spending half term in Bali and am enjoying time sunbathing and swimming in the sea! The other gap students are good fun and we are getting along well with each other and with the teaching staff. I have been to a lively church twice this half term, with a family who live here at school, and everyone at the church is really friendly and welcoming.

I would appreciate prayer for staying motivated during the tiring/ boring parts of the day this next term, not missing family and friends too much and for my university application for next year, which I am working on.

Hannah

Your Church Needs You!

One of the great things about being part of a Church family is that we work and serve God together. If you're not already a member of one of the many teams perhaps you could consider how you might be able to bless God and others by joining in.



Christmas Dates - It's still early but here are some dates for your diary...

20th Dec - Carol Service	17.30 preceded by tea at 16.00 with mulled wine and mince pies to follow
23rd Dec - Family Fun Time	16.00 - 18.30
24th Dec - Midnight Service	23.00 - 00.00
25th Dec - All Age Service	10.00 - 11.00
31st Dec - New Year's Eve Party	20.00 - 00.00



Autumn Thoughts

Autumn is a season for gathering rich harvests from our gardens and hedgerows! The apple trees in my garden have once again produced a huge crop. What a miracle it is that such beautiful fruit has steadily grown from the exquisite blossom that braved the March winds and late April frosts this year. My apple trees are well established and very mature, flourishing and producing good fruit every year. Psalm 92 links with these thoughts encouraging us to praise and worship God in response to his "great works". In spite of evil in the world the writer affirms God's sovereignty and supremacy. We are also given a wonderful role model being told that the "righteous will flourish like a palm tree they will grow like a cedar of Lebanon"!

Do you consider yourself to be flourishing? When trees are well established their nature is to grow, blossom and be fruitful. If you have reached retirement age, do not be tempted to think "*It's all over. Nobody needs me any more!*" In God's plans and purposes for the "righteous" - his committed and believing children - we are never "off duty", and remember "retirement" is never mentioned in the Bible! Psalm 92 concludes like this, "They will still bear fruit in old age, they will still stay fresh and green, proclaiming 'The Lord is my Rock'"

Be encouraged, especially if you are in the retirement bracket, and let us explore how we can encourage and spur each other on. Father God is our Rock and our sure Foundation, and the Living Water of the Holy Spirit constantly flows so that as established believers we can flourish and bear fruit. In other words we are motivated and committed to being involved in all the good works of the Kingdom of Heaven on earth. Remember to stay fresh and green!



Blessings,

Barbara

House of Prayer News

Monday 9 November for three weeks - The tabernacle will be up inside the House of Prayer, with times of teaching tours to be announced. A great opportunity to visually experience the layout and contents of the tabernacle as it was in the time of Moses in the wilderness, and to learn the significance of every aspect for us as 21st century believers.

Annabel Valentine

House of Prayer, Fishergate, Norwich NR3 1SE 01603 920074 admin@call2prayer.co.uk

HMP Wayland

"I was in prison and you came to visit me" (Matthew 25:36)

Over the years the Fountain of Life has had a close connection with HMP Wayland, with a good number of our members volunteering in a variety of ways as members of Prison Fellowship. We have recently lost some faithful volunteers and the need is great - please could you prayerfully consider if there is any aspect of this work that God may be calling you to?

Prison Visiting - Have you ever considered becoming an official prison visitor? Wheels are in motion for a training course under the auspices of the National Association of Official Prison Visitors which could lead to visiting someone in HMP Wayland. Some prisoners never have any visits from people outside and would really appreciate a friendly face and listening ear.

Outside - Inside - A weekly group meeting takes place on alternate Thursday afternoons under the leadership of the Psychology Department, enabling social interaction to help prisoners relate to people outside the prison system.

Leading Worship - There is a service every Sunday at 9.30am and a great need for live worship or simply piano accompaniment. Even an occasional visit would be so much appreciated!

Evening Meetings - On Tuesdays, Wednesdays and Thursdays 5pm-6pm - Bible study, fellowship & meditation.

Community Chaplaincy Norfolk - A new initiative for volunteers to offer support to prisoners on their release. Training will be given - information available on request.

If you would like to find out more, please contact Lorraine Parker or me.

Annabel Valentine 01953 483440



Reaching the Young People In Our Community

We have an awesome youth group and it's growing. This year we even had to hire a coach to take them all on a Youth Social. But it turns out that there are still loads more kids out there in our local community! This half term folYouth are starting two new outreach ventures, one in Ashill and one at Blenheim Grange. These 'Youth Cafés' are designed to serve the community by providing a safe place for young people to gather and make friends. In the run up to Christmas this year we will be opening the doors of the Ashill and Blenheim Community Centres on Tuesday (Ashill) and Wednesday (Blenheim) from 3:45 - 5:00pm. We have loads of other events we can invite young people to, we just need to get out there and meet them!

Practically, we could use a little bit of help. It would be great to have an extra body or two with us during the sessions to help us with refreshments, so if you could help please let Matt know. We are also looking for portable pool/snooker or table tennis tables; if you have or know of any collecting dust please get in touch. And please, please pray for us as we step out and *shine among them like stars in the sky*.

Matt & Eleanor

Community Building at Blenheim

The Coffee mornings we've started in Blenheim have truly become successful in building community. It has also helped to keep a momentum with various things that the Residents Association wants to do, which they are thankful for. Following the last estate wide tidy up they ran a new "spring clean event" on the 3rd October to plant bulbs on the estate!! Praise God.



Although the portakabin is not particularly attractive to look at, it has not been a barrier for people to come in as was originally thought. There is lots going on, and more new things keep starting. The cabin is already starting to look like a community hub and that is a real plus. The activities that we run at present are, Coffee Mornings on a Thursday and Modelling Club on a Wednesday. Additionally from next week the cabin will be in regular use on a Monday evening Teaching English as foreign language and an Alpha course is also underway. I have taken over the booking of the cabin recently and the church is seen to be doing a lot of good stuff!

What I would like to request therefore is your prayers and participation in some of the activities so that there is a good Christian presence. There is great opportunity for personal witness if you would like to support through volunteering at any of the things listed above, Please contact me on 01953 798034.

In addition, I would like to mention that Hephzibah Ministries is looking for **Trustees** who will support me in my work. If you feel called to support me in this way or would like to know more before making that decision, please feel free get in touch with me again on 01953 798034.

With thanks,

Hephzibah



Painted at by Penny Kinsley at Closer in October.

Closer

Join us for an evening of free spontaneous worship of **prophetic praise and Prayer** on the 2nd Monday of each month at 7.30 - 9.00pm in The Well.

An opportunity to encourage a personal intimate relationship with God
Everyone is welcome.

Kerry, Martin, Wendy, Val and Carol

Prayer Request Number

To request prayer for an emergency or pressing need:

Text or leave a message 07722 805404

Email joy.fernando@live.co.uk

Foodbank

Thank you for your continued support for Foodbank. If you know of anyone who is struggling to put food on the table we are able to issue Foodbank vouchers. Please contact Heather Nunn, 01760 440837 or 07979 264047.



Heather Nunn

The Foodbank collection point is via the plastic container situated under the table in the Foyer.

Mid-Norfolk CAP Debt Centre Update - October 2015

John Graver is now manager of Norwich CAP Debt Centre and we congratulate him and wish him and his wife all the best following their move to the city. The Management Group and CAP have now appointed me as the new manager and I have been working in this capacity for the last four months.

Currently the centre costs us in excess of £5000 p.a. to run with a voluntary debt centre manager working two days a week. The cost to us is less than half of the full cost of service provision, the rest of which is funded by the main CAP charity itself. We currently have ongoing regular financial commitments from churches and individuals for approximately 50% of our present running costs. Previous successful grant funding applications mean that the Centre is secure for the next twelve months. Ideally the Management Group would like to make the Centre Manager role a paid position to ensure centre sustainability.

What we need now is:

- a) regular giving to this project from partner churches or individuals
- b) one-off donations
- c) further grant funding



What we need for the future is:

There are two possible ways forward to ensure that everyone who needs our service can access it. We can either open another centre (a second lead church in the area) and split the work geographically, or take on another debt coach to work with me over the same area. Either choice would effectively double our capacity but more regular funding will be needed for either.

Heather Nunn, Mid Norfolk CAP Debt Centre Manager

w. capdebthelp.org t. 07943 045939 e. heathernunn@capuk.org

CAP Debt Help

Christians Against Poverty gives free debt help to anyone. Thousands have already been given hope and a solution through our CAP Debt Centres. To contact our team for help, please phone:

0800 328 0006

folCALENDAR

November 2015 Sunday Worship

- 1st 10.00 Service of the Word: Isaiah 25:6-9, Psalm 24:1-6, Revelation 21:1-6a, John 11:34-44
- 8th 10:00 Holy Communion: *Jonah 3:1-5, 10, Psalm 62:5-end, Hebrews 9:24-end, Mark1: 14-20*
18.00 Feed The Soul, Holy Communion: Nehemiah 7:4- 9:37
- 15th 10.00 Service of the Word: Daniel 12:1-3, Psalm 16, Hebrews 10:11-14, 19-25, Mark 13:1-8
18.00 Feed The Soul: Nehemiah 9:39-11:36
- 22nd 10.00 Holy Communion: Daniel 7:9-19, 13-14, Psalm 93, Revelation 1:4b-8, John 18:33-37
18.00 Nehemiah 12:1 - 13:30
- 29th 10.00 Service of the Word: Jeremiah 33:14-16, Psalm 25:1-9, 1Thessalonians 3:9-end, Luke 21:25-36
18.00 Feed the Soul: Esther 1:1-3:15



November 2015 Events

- 1st 18.00 Script
- 3rd 09.00 Bezalel workshop
- 4th 19.00 Alpha 43 Cressingham Road
- 6th 18.30 Elevate
18.30 Thirst Scarning
19.00 Worship Team Meeting
- 7th 10:00 Kidz Klub Wayland
- 8th 14.00 Good Companions
15.00 Refresh
- 9th 19.30 Closer
- 10th 18:00 WTC Training
- 11th 13:30 Digging Deeper
19.00 Alpha 43 Cressingham Road
19:30 Digging Deeper
- 13th 09.00 Bezalel
18.30 Thirst Ashill
- 14th 11.00 Our Place Family Day
- 17th 18:00 WTC Training
- 18th 13:30 Digging Deeper
19.00 Alpha 43 Cressingham Road
19:30 Digging Deeper
- 20th 18.30 Elevate
19.00 Encounter
19:00 Awaken
- 21st 10.00 Kidz Klub Scarning
10.00 Alpha Holy Spirit Day
- 24th 18:00 WTC Training
- 25th 13:30 Digging Deeper
19.00 Alpha 43 Cressingham Road
19:30 Digging Deeper
- 27th 09.00 Bezalel

Dates to Save for Next Year

The Father's Heart 24th - 26th June 2016

New Wine - Boulder Gang - 23rd - 29th July 2016

Morning Prayers - 9am every weekday in the Stables

Thursday Prayers - 10am every Thursday in the worship centre term time.

Noah's Ark Parents and Toddlers - 10am every Thursday in the bungalow term time.

All activities are at The Well unless otherwise stated

Bookings

All bookings for the Worship Centre, Bungalow or Stables can be made through the Church Office on admin@folchurch.co.uk or 01760 441 902

DEADLINE FOR folNEWS DECEMBER 2015

The deadline for submitting news articles and testimonies for the December 2015 edition of folNEWS is Friday 20th November. Please submit articles to admin@folchurch.co.uk. If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise them even if folNEWS has