

## WHO'S WHO?

**Stephen and Pippa Mawditt** Stephen is our Senior Minister overseeing the Fountain of Life Church and Fountain Network with Pippa serving alongside him.

**Paul and Colette Wilkinson** Paul is our Associate Minister responsible for pastoral, management and operational life. Colette is responsible for early years learning and is named person for child and vulnerable adult protection.

**Wendy Sargeant** serves on the leadership team as Licensed Lay Minister and heads up Our Place and the prayer ministry team.

**John Watts** heads up the worship team with his wife **Rebecca** and **Carol Holmes**.

**Neil Richardson** is our Finance Manager with **Rysia Bane** serving as treasurer.

**Maryanne Richardson** leads Kidz Klub in Scarning, oversees the schools ministry and offers pastoral support to families.

**Matt Beckett** leads Kidz Klub Wayland and serves on the youth team.

**Martin Spaul** is our Lead Youth Worker and **Eleanor South** is our Youth Worker.

**Matt Schwarzenberger** is our Kidz Klub and transition worker.

**Andrea Jolly** is our Family and Children's worker. Andrea runs First Steps, a Christian pre-school.

**Maureen Payne** heads up Good Companions, our ministry to older people.

**Freddy Hedley** is our Training Director. **Michael Jones** is our Hub Director.

**Karen Gower** is our Administrator.

**Heather Nunn** manages our Debt Centre and oversees our Mercy ministry, which includes our work with CAP.

**Carol Edwards** keeps a record of testimonies and gathers prophetic words.

**Fred Edwards** is our Site Warden.

# folNews

News from the Fountain of Life

February 2018

*Dear Friends,*

I'm not sure what your walk with God has been like but I know that mine has been, incredible, releasing, interesting, surprising, difficult, uncomfortable, fascinating, terrifying but absolutely wonderful too. It's hard to encapsulate in a few words how exciting it is walking with God through all the things that life throws at us but hopefully that list will have given you an impression. I wouldn't change a moment of my walk with Him if I had the opportunity because even when things have been difficult I've been able to look and see what He's been doing - even if sometimes that has been a retrospective look. Often as I look back I can see that I've taken a path that God hadn't intended for me but He has never given me up or let me go. He has always come after me and gently guided me back to where I should have been.

I think a significant part of being a Christian is in learning to recognise where God is leading us and what it is that He's calling us into. By the time you receive this newsletter we will already be 2 weeks into the new Kingdom Life course, an 8 week adventure into learning how to walk more closely with God and how to engage with the work of the Holy Spirit more often, more effectively and more purposefully. It's not too late to join the course, you will still have the opportunity to develop your spiritual senses and learn to be more like Jesus is. There are flyers available to tell you more about the course but you should know that it's run in a safe, pressure free environment where you can explore your calling and gifts with others who are doing the same.

**"And I will walk among you and will be your God, and you shall be my people." Leviticus 26:12**

On the 14th February the season of Lent starts. It's also Valentine's Day so it might be a difficult time to give up chocolate unless you're sure you can resist the temptation of those special treats for the whole 40 days! Lent is a time when we remember Jesus spending 40 days and nights in the wilderness being tempted by Satan (see Matthew 4:1-11). Interestingly that time of temptation drew Him closer to God and kick-started the ministry that ultimately brought salvation and healing into a broken world. It's a time when we deny ourselves in the hope that we too will be drawn closer to God and learn to stay with Him as Jesus did. This Lent we want to try and join with each other to pray corporately and study together so we have arranged a series of prayer events, which will be publicised very soon, and we would love you to join us as we work through the book "40 stories of Hope" collectively. The book, which has been published by Hope, will be available for £2.99 and for each day it contains a testimony, a short piece of scripture to read and some thoughts and prayers to get us thinking about our walk with God.

Ultimately our hope is that we'll find ourselves walking more closely with God able to live the way we were intended to, in love and peace with others and in constant fellowship with our creator, healer, restorer and guide—Jesus.

Love and blessings,

*Paul Wilkinson*

# fo|NEWS

## Mission Adventures Albania

Mission Adventure update...

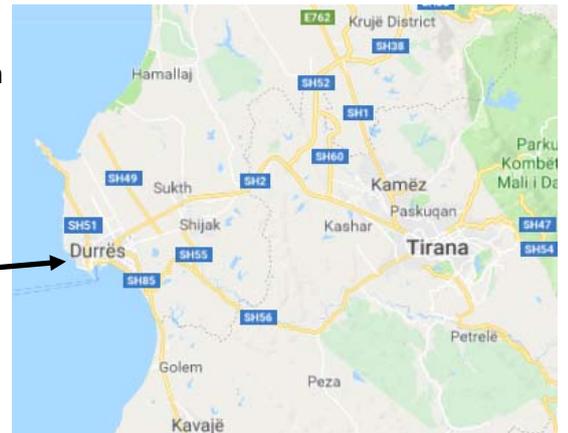
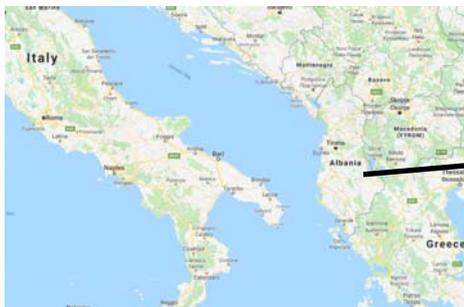
THANK YOU for your continued support - through prayers, gifts and encouragement!

We are continuing to see God provide for us - we only need another £1500 out of the total of £6000. We need to see this miracle by the end of February! Please join us in praying for the final money to come in. If you would like to support the team in this way please talk to Eleanor [e.south@folchurch.co.uk](mailto:e.south@folchurch.co.uk)

As the team prepare over the next 8 weeks we have developed a journal, which is helping us explore different topics - relationships, prayer, worship, different cultures and more! Each week we are diving into the Bible to see what God says about the topic. Sometimes we have to ask other people questions - so please help us answer them if you're approached!

During the mission the team will be engaged in a number of exciting activities which will include visiting 2 prisons (1 for young people and 1 for women), they will be running 2 Sunday programmes for children, prayer walking the streets of Durrës (where the team will be based), stepping into evangelism and reading the Bible aloud while the mosques are at prayer.

If you want to know any more information about Mission Adventures please chat to the team!



MISSION ADVENTURES  
Youth With A Mission

## We are looking for your help!

We run a drop in cafe for the amazing young people of Ashill, every Tuesday (during term time) from 3:30-5pm. We need someone to help us 'behind the bar' serving toast, drinks and running the tuck shop with a smile!

Is this you??? Come and join our team...

E: [e.south@folchurch.co.uk](mailto:e.south@folchurch.co.uk) or  
[m.beckett@folchurch.co.uk](mailto:m.beckett@folchurch.co.uk)

*Matt Beckett & Eleanor*



WTC

## Theological Study

If you, or someone you know, are interested in discovering more about God by delving into the wonderful world of theological study we are pleased to announce that the new prospectus for the Foun-

tain of Life's, Westminster Theological Centre (WTC) training hub are now available in the foyer.

If you would like more information about the courses of study we offer please talk to Michael Jones or email him on:

T: 07712 136757

E: [eastanglia@wtctheology.org.uk](mailto:eastanglia@wtctheology.org.uk)

# fo|NEWS

## Care 'n' Share



“An opportunity for past and present carers and anyone who feels lonely to join us for a cup of tea, a slice of cake, and a chance to chat in a friendly and informal setting”

**When?** Wednesday 14th February 2018 from 2 to 4 pm

**Where?** Fountain of Life Church, The Well Christian Centre, Swaffham Road, Ashill, Norfolk IP25 7BT

Hosted by Wayland Carers Social Group



For further information please contact Maureen Payne [maureenpayne22@yahoo.co.uk](mailto:maureenpayne22@yahoo.co.uk)



(For those with additional needs/disabilities of all ages and their families/carers.)

We extend a warm invitation to families in the Fountain to join us for a showing of the latest Beauty and the Beast film (2017) at The Well on Saturday, 10 February 2018.

We begin the afternoon at 2pm for coffee/tea/squash/popcorn and a natter. The film will run from approximately 2.30-4.30 pm.

Please keep praying: that Father God will always embrace us whatever our abilities; that Jesus will be made known through our love for Him and one another; and the Holy Spirit will touch us in those surprising ways that we just can't put into words.

Thanks and blessings.

*Wendy and Jim and*

*Our Place Team*



Sozo is a unique inner healing and deliverance ministry. The main aim is to get to the root of those things that get in the way of your personal connection with our heavenly Father, His Son and Holy Spirit. Sozo does this by healing wounds, exposing lies we have believed and replacing them with truth.

In a Sozo session, wounds are healed, strongholds broken, truth revealed and doors are closed.

- Sozo is simple, fast, Spirit led and effective
- Sozo finds issues in minutes instead of years
- Sozo helps deepen your relationship with God to enable you to fulfil your destiny

**Sozo does not create dependency, rather it empowers the individual to walk in freedom.**

If you would like to book a Sozo session please email [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk) or call 01760 441902

## News From Our Students

Dear Family and Friends,



Sarah here sending a message from the chilly country of Canada! I arrived into Calgary, Alberta last Tuesday and froze on the short walk from the airport exit to the awaiting cars - I think it was  $-30^{\circ}\text{C}$  with wind chill! I had a smooth flight and sat next to a lovely Soul Edger called Josh. It was sad saying my goodbyes at the airport after only being home for 2 weeks but also really exciting meeting the team.

We stayed overnight at a Canadian ranch near Calgary before a 6 hour road trip to our base in Herbert, Saskatchewan. This is where we'll be based for 3 months before the mission phase in April. I feel really at home here already: Herbert is such a lovely small town (<1000 people!) and people have welcomed us into their community. There are 16 of us in the Soul Edge student-like house (11 Soul Edger's and 5 leaders) and I'm in a dorm with 3 beautiful girls -

Erin, Cara and Elysia. Everyone is so lovely and it's a lot of fun living with other crazy Christians my age!

An average weekday here involves waking up at 7:30 grabbing breakfast and having quiet/reading time before the first session at 9:30. Kiri normally takes this and it's all about theology, science and God (so far anyway). It's really interesting but sometimes hard to follow! We then go on a 3km run and do a workout before smoothies and lunch. We have an afternoon talk from Josh at around 2 and then have free afternoons to go to the ranch, play games or phone home. The Soul Edger's take it in turns to cook dinner - Erin and I made really good pizzas last Friday!

My highlight so far has been an adventure day in Elkwater where we went snowboarding. I really enjoyed learning but had sore limbs at the end of the day from lots of falling over! I'm looking forward to going again to perfect my (basic) skills. We've done a few hikes already as well and it really is as beautiful as they say. Saskatchewan is pretty flat so we get gorgeous sunsets and stargazing is a favourite hobby. I really like it here - the teaching is SO good and really relevant.



I love the daily workouts and runs too, not because they're easy but because we all do it together with such an encouraging team spirit.

On Wednesday night we all had a bug and regretted that we only had 2 toilets! That definitely brought us closer together though and we were thankful that Thursday was a recovery, snoozy, sick day when we got the chance to watch the movie 'Cool Runnings'. It's difficult being away from home and being sick but I made use of Skype and had a chat with my mum who made me feel better! It passed within 24 hours and we were all well enough to go to the church encounter night on Friday!

I'd be very grateful if you could pray for my Wi-Fi fast this coming week which we'll switch off until Saturday night, and that it'll be a real time of growth for the team. I'm really trying to use my quiet time in the mornings to stick to my Bible reading plan and also to listen to what God's saying. Cara, a fellow Soul Edger, has fractured her wrist so prayers for her speedy recovery and easy communications with her insurance company would be great too. If you have any prayer requests feel free to drop me a line and I will pray for you over the next few weeks but bear in mind I won't reply to emails until Sunday.

I really appreciate you taking the time to read this and support my adventures out here. I am really enjoying myself and thanking God for this awesome opportunity. It is at times, however, overwhelming living with 15 other people, exhausting (so much exercise!) and emotional (so much to take in and not enough time to think!) but a whole lot of fun and a great opportunity to grow nonetheless!

Lots of love,

*Sarah*

## From Thomas Jones and Friends – In Kosovo



Since Thomas left us in 2017 he's been busily engaged in mission activities in Kosovo teaching English as a foreign language, helping with church activities and building relationships with people in the community where he's living and working. Not only is he teaching English but he's learning to speak the local language too and is gradually getting to grips with it. He reports that the class sizes he's been teaching have increased and over the Christmas period they had opportunities to teach about the nativity and other aspects of the celebrations including the use of Christmas trees and wreaths.

He has attended some 'slavas' which are celebrations to a dedicated saint which he says involved a lot of food, mainly in the form of fish and bread. But he says these events provide a great opportunity to get to know people and to practise their language skills.

It hasn't been all work as Thomas says, "we've somehow had time to take a couple of trips out, exploring Kosovo and venturing into Macedonia. We spent a day in Skopje, Macedonia's capital, visiting the zoo, the main square and the old town. The city was beautiful in the dark, its lights reflecting the rain on the pavements. The following Saturday, we visited two Orthodox monasteries, situated in the west of the country. It was fascinating to see the monasteries and their chapels, with their perfectly preserved paintings and writings, and to be able to chat with one of the monks. Last week, we went to Montenegro to spend a week there together as a team, to relax, explore the area and see the sea for the first time!" Please pray :

- That numbers don't drop significantly after Christmas, despite weather, Orthodox Christmas and *slavas*;
- Larger number of attendees for the morning conversation classes (for children aged 6 -12);
- Enough computers for Edward to be able to run his computer classes effectively in their new location.

We hope you had a very merry Christmas and a happy New Year,

*Team Kosovo (Thomas, Edward, Joanna and Bridget)*

## From Hannah in Manchester

I would love it if you would join the Manchester Christian Unions in praying for our missions/events week, which runs 19th to 23rd Feb.

This year we are putting on a week of lunch talks and evening events with the theme of 'Story' - listening to our friends' stories and what they think of subjects such as suffering, spirituality, injustice and faith; and sharing our own stories and how Jesus's story has radically changed our own.

I am part of the planning team and I'm super excited to host and organise these events. We have invited guest speakers, including one who was previously a leading cancer specialist and a former Zen Buddhist monk who have now chosen to dedicate their careers and lives to following Jesus, and other talks which are perhaps controversially titled e.g. "What would Jesus say to Donald Trump?".

Please pray for boldness amongst my peers, that we would be inviting our friends who don't know Christ; for integrity, sensitivity and enthusiasm for the visiting speakers and that we would see real change in our C.U.'s and the city.

Thank you!

*Hannah Carroll*

## Testimonies and Prophetic Words

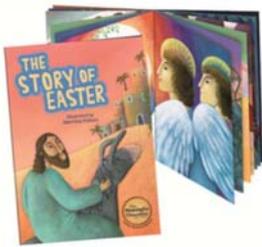
If you have a testimony we'd love to hear what God has been doing so that we can share it with others and give God the glory. Please contact Carol Edwards ([prophecy@folchurch.co.uk](mailto:prophecy@folchurch.co.uk)) or speak to either Stephen or Paul.

# fo|NEWS

## Thinking Ahead!

Soon it will be Lent and then before we know it Easter will be upon us, so did you know that you can buy Easter Eggs that tell the story of Easter? The new 2018 Real Easter Egg range is now available to buy. Each one is made with Fairtrade chocolate which releases a support to charitable projects and comes with a copy of the Easter story in the box.

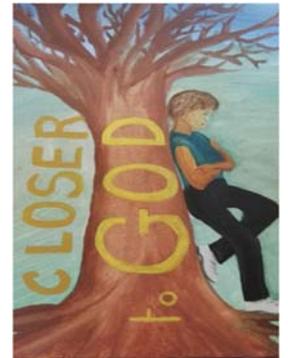
If you would like to know more you can visit the website at: [www.realeasteregg.co.uk](http://www.realeasteregg.co.uk) or contact Rachel Carroll [s.carroll293@btinternet.com](mailto:s.carroll293@btinternet.com)



## Closer

Join us for an evening of spontaneous worship, prophetic praise and prayer on the **12th February 2018. 7.00 pm** for refreshments with worship from **7.30 - 9.00pm** at The Well.

An opportunity to encourage a personal intimate relationship with God. Everyone is welcome. Feel free to attend for all or part of the evening.



## EAT

EAT will return on **25th February!** So if you or your families or friends are in their 20's and 30's (ish), we would like to invite you to join us for another great opportunity to meet with others of a similar age group, enjoy some great food and fellowship.

If you'd like to know more please talk to Simon or Louise Mawditt, or email using the address below.

*Simon and Lou Mawditt* Contact Louise on [Louise.mawditt@hotmail.co.uk](mailto:Louise.mawditt@hotmail.co.uk) or phone 07743 856125



## KINGDOM life

Would you love to be more confident in exercising the gifts of the Spirit and walking in your destiny as a child of God? Kingdom Life is a new 8-week course designed to increase your ability to live out a Kingdom lifestyle. We shall look at what it means to be filled with the Holy Spirit, how to develop a godly character, how to lead others to faith, live a life of prayer and exercise the prophetic and we'll explore healing as well as other gifts of the Spirit.

The course began on 18th January but you are very welcome to join with us for any or all of the remaining sessions. Full details are available in the foyer or see Stephen for further information.

# fo|NEWS



## Watton and Thetford Foodbanks rely on your goodwill and support.

Watton Foodbank supplies food to those who are in desperate need on a regular basis. It works under the umbrella of Thetford but meets the needs of people in the Watton area. Over 90% of the food distributed by foodbanks in The Trussell Trust network is donated by the public – that's why your food donations are absolutely vital to their ability to give everyone referred to them a balanced and nutritious three day supply of food. We would like to encourage you to think about making a donation to this worthy cause on a regular basis. There is very real poverty on our doorstep that often goes unseen. So when you go to do your weekly shop please consider buying an extra item or 2 to help someone in need. The shopping list shows the food items that are needed right now.

### URGENTLY NEEDED FOOD ITEMS - WE ARE OUT OF THE FOLLOWING

- SUGAR (500GMS)
- TINNED FRUIT (400GMS)
- TINNED TOMATOES (400GMS)
- DRIED PASTA (500GMS)
- PASTA SAUCE
- TINNED RICE PUDDING
- LONGLIFE FRUIT JUICE
- CHOCOLATE/SNACKS

### WE'VE GOT PLENTY OF

- BEANS
- CEREAL

Please leave your donations in the plastic box under the table in the foyer and we will make sure that they are delivered to the Foodbank for distribution as soon as possible..

With every blessing,

*The Mercy Team*



To request prayer for an emergency or pressing need text or leave a message for Astrid  
07722 805404 Email [e.prayer@folchurch.co.uk](mailto:e.prayer@folchurch.co.uk)

Please note that all prayer requests are handled as anonymously, sensitively and confidentially as possible, although first names or initials may sometimes be used for the sake of ease, at the discretion of the prayer request co-ordinator.

## How to Give to the Fountain of Life

Please deposit any financial gifts you would like to make to the church in the boxes on the pillars in the main worship area. There are envelopes available for you to authorise gift aid to be reclaimed if you are a UK taxpayer. If you have decided to join the family and would like to set up regular giving by direct debit or standing order then please pick up a form on the information desk or contact our treasurer Rysia Bane

[rbane@btinternet.com](mailto:rbane@btinternet.com).

# fo|CALENDAR

## February Services and Events

|    |       |                                      |
|----|-------|--------------------------------------|
| 1  | 10:00 | Good Companions Mgt Mtg              |
|    | 10:00 | Noah's Ark                           |
|    | 10:00 | Prayers                              |
|    | 19:30 | Kingdom Life 3                       |
| 2  | 09:00 | Bezalel                              |
|    | 18:30 | Elevate                              |
|    | 18:30 | Thirst Scarning                      |
| 3  | 10:00 | Kidz Klub Ashill                     |
| 4  | 18:00 | Script                               |
| 6  | 15:30 | Ashill Youth Café                    |
| 7  | 10:00 | New Wine Leaders Day - Paul Harcourt |
|    | 15:30 | Blenheim Youth Café                  |
|    | 18:30 | Youth Band Practice                  |
| 8  | 10:00 | Noah's Ark                           |
|    | 10:00 | Prayers                              |
|    | 19:30 | Kingdom Life 4                       |
| 9  | 09:00 | Bezalel                              |
|    | 18:00 | Taco Night & MA Team Sleepover       |
| 10 | 12:30 | Our Place                            |
| 11 | 14:30 | Good Companions                      |
| 12 | 19:00 | Closer                               |
| 13 | 19:30 | Boulder Gang Core Team Meeting       |
| 14 | 14:00 | Wayland Carers, Care 'n' Share       |
| 15 | 18:30 | Youth Band Practice                  |
| 16 | 09:00 | Bezalel                              |
|    | 09:30 | Mercy Meeting                        |
|    | 18:30 | Thirst & Elevate                     |
| 17 | 10:00 | Kidz Klub Scarning                   |
| 18 | 13:00 | Script                               |
|    | 15:30 | Alpha                                |
| 20 | 15:30 | Ashill Youth Café                    |
| 21 | 15:30 | Blenheim Youth Café                  |
|    | 18:30 | Youth Band Practice                  |
| 22 | 10:00 | Noah's Ark                           |
|    | 10:00 | Prayers                              |
| 23 | 09:00 | Bezalel                              |
| 25 | 12:30 | EAT                                  |
|    | 15:30 | Alpha                                |
| 27 | 15:30 | Ashill Youth Café                    |
| 28 | 15:30 | Blenheim Youth Café                  |
|    | 18:30 | Youth Band Practice                  |

| February Services |       |  |
|-------------------|-------|--|
| 4th               | 10.00 | <b>Service of the Word:</b> Proverbs 8:1,21-31, Psalm 104:26-end, Colossians 1:15-20, John 1:1-14          |
|                   | 18:00 | <b>Feed the Soul:</b> Psalms– Setting Pride Aside  |
| 11th              | 10.00 | <b>Service of the Word:</b> 2 Kings 2:1-12, Psalm 50:1-6, 2 Corinthians 4:3-6, Mark 9:2-9                  |
| 18th              | 10.00 | <b>Holy Communion:</b> Genesis 9:8-17, Psalm 25:1-9, 1 Peter 3:18-end, Mark 1:9-15 ( <b>Shared Lunch</b> ) |
| 25th              | 10.00 | <b>Service of the Word:</b> Genesis 17:1-7, 15-16, Psalm 22:23-end, Romans 4:13-end, Mark 8:31-end         |
|                   | 10:00 | <b>Feed the Soul:</b> Psalms– Life After Death   |

### Dates for your Diary



Shared Lunch 18th February 2018

Bart Gee 14th - 15th April 2018

Revive Weekend 29th June -1st July 2018

**Morning Prayers** - 9am every weekday in the Stables term time

**Thursday Prayers** - 10am every Thursday in the worship centre term time.

**Noah's Ark Parents and Toddlers** - 10am every Thursday in the bungalow term time.

#### DEADLINE FOR fo|NEWS MARCH 2018

The deadline for submitting news articles and testimonies for the March 2018 edition of fo|NEWS is Friday 16th February. Please submit articles to [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk).

If dates for forthcoming events could be sent as soon as information is available then we will do our best to publicise them.

Where possible, please try to keep articles to 250 words or less.

The Fountain of Life Church, The Well Christian Centre,  
Swaffham Road, Ashill, Norfolk, IP25 7BT.

T: 01760 441 902 E: [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk)  
W: [folchurch.co.uk](http://folchurch.co.uk) Charity No. 1153552

**Bookings:** All bookings for the Worship Centre, Bungalow or Stables can be made through the Church Office on [admin@folchurch.co.uk](mailto:admin@folchurch.co.uk) or 01760 441 902